

## Daily update (28 August 2020, 5.40pm)

Topics in this Core Brief

Social Distancing

## **Social Distancing**

We have been notified that a small number of our staff members have tested positive for COVID-19 within our laboratory services. This has resulted in some of our staff having to self-isolate for 14 days.

We understand that we may no longer at the height of the pandemic, but we must continue to be vigilant, wear appropriate PPE and continue to follow guidance about social distancing.

While it can be difficult to maintain this at all times, it is extremely important for us all to do everything we can to respect each other's personal space and to keep two metres apart wherever possible, particularly in social areas like rest rooms, kitchens and our in-house café areas.

We are urging staff to observe the social distancing guidance at all times whilst at work. By not following the guidance we risk a similar situation where staff are having to self-isolate if colleagues test positive for COVID-19. Please do all you can to support your colleagues and keep yourself safe.

Below are some social distancing guidelines that apply in the workplace as a reminder to all staff. We ask that you adhere to these guidelines to help minimise the spread of infection.

1	Avoid in-person meetings. Use online conference, email or the phone when possible, even when people are in the same building.
2	Unavoidable in-person meetings should be short, in a large meeting room where people can sit at least two metres from each other; avoid shaking hands.
3	Eliminate unnecessary travel and cancel or postpone non- essential meetings, gatherings, and training sessions.
4	Do not congregate in staff rooms, kitchens, around copiers or other areas where people socialise and eat lunch away from others.

	Keep 2 metres apart where possible.
5	When speaking with colleagues please respect personal space, do not hang over desks and keep 2 metres apart where possible.

Please keep up-to-date with the latest guidance on our dedicated web pages at: <u>www.nhsggc.org.uk/covid19</u>. If you have any questions about the current situation please check the <u>FAQs</u> first. If you have any further questions, please email: <u>staff.covid19@ggc.scot.nhs.uk</u>

Staff are reminded to make sure their personal contact details are up to date on eESS.

