

# Core brief

**Daily update**  
**(25 January 2023, 3.00pm)**

Topics in this Core Brief:

- Professor Angela Wallace visits Renfrewshire Health and Social Work Centre
- Let's talk about ... Staff Wellbeing Webinars (20 minutes)
- Showcasing the role of Administration Staff
- Managing your Money Better – NHS Credit Union Online Sessions

## **Professor Angela Wallace visits Renfrewshire Health and Social Work Centre**

Nurse Director, Professor Angela Wallace visited Renfrew Health and Social Work Centre earlier this week, with Renfrewshire HSCP Chief Nurse, Karen Jarvis.

During the visit Angela met with a range of community nursing staff and had the opportunity to discuss the values and challenges in nursing.



Karen said: "I was delighted to welcome Professor Wallace to Renfrewshire. It was a great opportunity to share some of the innovative work our staff have delivered within the various fields of community nursing. I am really looking forward to continuing our partnership with Professor Wallace and my colleagues across NHSGGC, to help shape the future of nursing in Greater Glasgow and Clyde and beyond."

Professor Angela Wallace, NHSGGC Nurse Director, said: "It was an absolute pleasure to spend the afternoon with Karen and the team at Renfrew on Monday. I was made very welcome and enjoyed the time sharing my background and career path which led to this role, with the team."

The team raised some thought provoking topics, shared some of the challenges and we discussed the potential solutions and innovations open to us to provide the highest standards of care and supportive leadership for staff development now and into the future.

"Colleagues shared with me some work they are proud to have undertaken, and I am looking forward to reading and taking learning from them. I hope these important conversations continue as we develop our nursing vision and strategy for NHSGGC and our health and social care services."

## **Let's talk about ... Staff Wellbeing Webinars (20 minutes)**

Colleagues attending the November and December webinar series of Let's talk about... staff wellbeing provided fantastic feedback which we have used to build the next selection of 20 minute webinars throughout 2023. The webinars continue to focus on various topics which we know are important to personal health and wellbeing, and are delivered in a format that allows colleagues to take away top tips and share with others.



A Healthier Place to Work

Staff feedback:

- *“Excellent series of Webinars!”*
- *“Great session - really valuable and appreciated”*
- *“A nice way to start the day thinking about your own wellbeing”*
- *“Will put the information shared to good use for a better night's sleep”*
- *“This has been super helpful. I will definitely share with the team and use the tips going forward”.*

All are welcome to come and join our NHSGGC Principal Health Psychologist, Heather Connolly and Peer Support & Wellbeing Project Officer, Asia Nicoletti. Webinars are open to all staff with easy booking access for the sessions you are interested in.

Monday 30 January, 16:00 <b><i>Let's talk about... How to stick to our health and wellbeing new year resolutions</i></b>	<a href="#">Book here</a>
Friday 24 February, 09:30 <b><i>REPEAT: Let's talk about... Sleep and tips for a better night's sleep</i></b>	<a href="#">Book here</a>
Wednesday 29 March, 14:30 <b><i>Let's talk about... Nutrition, Health &amp; Wellbeing</i></b>	<a href="#">Book here</a>
Thursday 27 April, 09:30 <b><i>Let's talk about... Understanding our own emotional wellbeing</i></b>	<a href="#">Book here</a>
Monday 29 May, 16:00 <b><i>REPEAT: Let's talk about... Stress and tips for coping</i></b>	<a href="#">Book here</a>

### Showcasing the role of Administration Staff

Vivienne Davidson, Lead Nurse from Older People Services in Gartnavel General Hospital has provided a video demonstrating her appreciation to the Administration staff, on how much she values their hard work and dedication, which allows her and the team to run a smooth and efficient Service.



Please click on the following link to hear the wonderful things Vivienne has to say about our Administration staff: [Vivienne Davidson.mp4](#).

You can view all the videos and also get up to date information on our Professional Administration Transformation Programme through our SharePoint [GGC - Professional Administration Transformation Programme - Home](#). If you would like more information on our PAT programme or to be involved in making a short video, please contact your sector Administration Governance Manager.

### Managing your Money Better – NHS Credit Union Online Sessions

To support staff with advice on how to manage their money better, we are hosting two short information sessions with the NHS Credit Union on

**Tuesday 21 February**. These drop in sessions are designed to discuss the challenges we are all facing in managing our money and NHS Credit Union can support staff during these challenging times.



Please consider attending one of these sessions and encourage your colleagues to come along too.

Morning Session: 10:30-11:00am [register here](#)

Afternoon Session: 14:30-15:00pm [register here](#)

NHS Credit Union exists to financially empower NHS employees and their families, by offering savings and affordable lending products to meet our members' needs.

## If something isn't right, let's talk about... Whistleblowing



### Whistleblowing

This is a way you can formally raise concerns about an issue that is in the public interest, such as patient safety or suspected malpractice.

You can find out more information about the whistleblowing

process by visiting National Whistleblowing Standards | INWO ([spsa.org.uk](http://spsa.org.uk)).

To submit a formal whistleblowing concern, please email [ggc.whistleblowing@ggc.scot.nhs.uk](mailto:ggc.whistleblowing@ggc.scot.nhs.uk).



\*\*\*Staff are reminded to make sure their [personal contact details are up to date on eESS](#).\*\*\*

It is important to share Core Brief with colleagues who do not have access to a computer.  
A full archive of printable PDFs are available on [StaffNet](#)