

# Core brief

**Daily update**  
**(25 April 2024, 12.10pm)**

Topics in this Core Brief:

- Come Dine With Me! - Supported mealtimes
- NHSGGC Protocol for managing visits

**Remember, for all your latest news stories, visit our new Staffnet Hub:**  
**[GGC-Staffnet Hub - Home \(sharepoint.com\)](#)**

## **Come Dine With Me! - Supported mealtimes**

Person-centred visiting is in place across NHSGGC. Supporting people in hospital to involve their family or carers, as much as they would like, is an important principle of person-centred visiting. This recognises the beneficial effect of a family member or carer participating in some elements of personal care and support, such as mealtimes. Eating is a social occasion, and family, friends and carers can play an important part in encouraging patients to eat a little more.

This is of particular importance to patients receiving care from people with whom they are less familiar and would cause distress; are frail, have a cognitive impairment such as dementia or a learning disability.

The clinical team should work with the family and carers to enable this to occur. In these instances, the family or carer providing support should not be treated as a visitor to the ward. They should be provided with the appropriate education to undertake these activities where necessary. More information on how visitors can support with nutritional care can be found [here](#).



**To order poster – Medical  
Illustration reference MI 352267**

Visiting during mealtimes to offer support and company should be encouraged.

To access the NHSGGC Right Patient, Right Meal, Right Time Policy, visit:  
[NHSGGC RPRMRT Policy Jan 23.pdf](#)

## **NHSGGC Protocol for managing visits**

NHS Greater Glasgow and Clyde regularly receives requests from individuals external to the organisation to visit our premises and services for publicity purposes and to mark official openings.

As a public sector organisation we engage with politicians on a regular basis. We receive regular requests to visit our services as we are accountable for activities undertaken within our organisation.

The purpose of the NHSGGC Protocol for Managing Visits is to provide clear guidance on the arrangements for managing and approving visits to NHSGGC premises.

If you wish to arrange a visit to your service or if you receive a request from a VIP visitor to visit NHSGGC premises, including via charity organisations, you must notify Corporate Communications as soon as the request is received, view our [Protocol for Managing Visits](#) for more information and contact details.



\*\*\*Staff are reminded to make sure their [personal contact details are up to date on eESS](#).\*\*\*

**It is important to share Core Brief with colleagues who do not have access to a computer.**

**A full archive of printable PDFs are available on [website](#)**