# NHS Greater Glasgow and Clyde

# Daily update (24 May 2022, 4.00pm)

Topics in this Core Brief:

- Early Weekly Pay Date Queens Platinum Jubilee
- GGC Medicines
- Saturday Morning Yoga starting 4 June

# Early Weekly Pay Date – Queens Platinum Jubilee

Please note that due to the bank holidays for the Queens Platinum Jubilee, the normal weekly pay date of Friday 3 June has had to be brought forward to **Wednesday 1 June**.

This change to pay date will not affect people in receipt of Universal Credit, as HMRC and DWP will be notified of your normal pay date.

To support this change in pay date, the cut-off date for new starts, leavers and contractual changes to be authorised on eESS has had to be brought forward to Thursday 26 May.

The cut-off date for hours and absences to be authorised on SSTS has also had to be brought forward to Thursday 26 May.

Please make sure your staff are paid correctly for the work they do by following these cut-off revised dates – specific SSTS guidance has sent directly to all users of the system.

### **GGC Medicines**

If you're a healthcare professional and work with medicines, then the GGC Medicines Update is for you!

GGC Medicines Update is a series of blogs with medicines related messages available on the GGC Medicines website: <u>https://ggcmedicines.org.uk/blog/medicines-update/</u> and App (available on Google Play or the App Store).

To keep up to date, subscribe to our mailing list, email: <u>medicines.update@ggc.scot.nhs.uk</u> and follow us on Twitter @NHSGGCMeds.

### Survey

If you are familiar with Medicines Update, we would like to know what you think of the blogs. Please spare a few minutes to complete an anonymous survey. Click <u>here</u> to access or scan the QR code.



### Fill | Medicines Update Blogs

The Communications Sub-committee of the NHS Greater Glasgow and Clyde Area Drug and Therapeutics Committee would like your feedback on Medicines Update blogs to inform future development. Please take five minutes to complete the following anonymous <u>survey</u>. If you would like to

subscribe to Medicines Update and receive links to newly published blogs when available, email <u>medicines.update@ggc.scot.nhs.uk</u>. Thank you for your time.

## Saturday Morning Yoga starting 4 June

An opportunity has arisen for Active Staff to be able to offer a weekly Yoga class on a Saturday morning!



With an emphasis on relaxing and letting go, the class is suitable for all levels. Comprising of breath work, asana (postures) and a lovely Yoga Nidra relaxation at the end. You will learn to listen to your body and work with it using postures to align, strengthen and promote flexibility and breathe work to help de-stress and slow down your busy mind. Yoga Nidra, which is also known as 'Yoga Sleep', will leave you feeling rejuvenated and calm. If you haven't tried Yoga before why not come along to one of the free classes and participate from the comfort of your own home!

If you would like to attend, click on the following link to book your place: <u>https://link.webropol.com/s/activestaffregistationformjanfeb2022</u>



Please keep up-to-date with the latest guidance on our dedicated web pages at: <u>www.nhsggc.scot</u>. If you have any questions about the current situation please check the FAQs first. If you have any further questions, please email: <u>HR.Support@ggc.scot.nhs.uk</u>.

\*\*\*Staff are reminded to make sure their personal contact details are up to date on eESS.\*\*\*

It is important to share Core Brief with colleagues who do not have access to a computer. A full archive of printable PDFs are available on <u>StaffNet</u>