

NHSGGC

Core Brief



Daily update
(24 March 2026, 11:30am)

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eESS Downtime

Please note that eESS will be down for maintenance from 16.00 on 26/03/26 until approx. 16.00 on 30/03/26. The Reduced Working Week updates will be applied during this time.

Active Staff Spring 2026 Walking Challenge – Registration Open

The challenge starts at 00:01 on Monday 1 May and runs for 4 weeks. Each team will be aiming to complete the Lakes and Mountains Route over the course of the challenge. That's a staggering 715.9miles in just 4 weeks. We have a total of 2000 spaces available, however, please register and join/create a team ASAP to avoid disappointment.

Step 1: Go to the Challenge Website

- Visit nhsggcspring2026.bigteamchallenge.com
- Or download the free 'Big Team Challenge' app from the iPhone or Android app stores. Enter "**nhsggcspring2026**"
- Or scan the QR code below



You can register on the right hand side of the challenge landing page and get instant access to your challenge. If you are already registered from a previous challenge (using a personal email address) you can use the login box below the registration form.

Step 2: Join or Create a Team

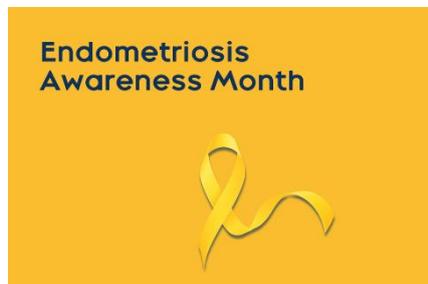
- **Joining a Team** – You can search for existing teams that you would like to join by typing their name into the box on this page.
- **Creating a Team** - You can create your own team and take part as an individual, or you have the option to invite your NHSGGC and HSCP colleagues to join by sending invites to their email addresses. Make sure they register using the email address you send the invite to – this **MUST** be a personal email address.

More Help

You can find lots of help about Big Team Challenge by reading their help articles here: <https://www.bigteamchallenge.com/resources/how-to-join-a-step-challenge>

Please share this with colleagues who do not access / use a PC as a regular part of their role.

Email: ggc.walking.challenge@nhs.scot



Endometriosis Awareness Month - find out more about the condition affecting one in ten women in Scotland and visit the stall today

The Queen Elizabeth University Hospital is home to NHS Greater Glasgow and Clyde's Endometriosis Centre, a specialist service supporting women living with the often-debilitating symptoms of endometriosis.

This Endometriosis Awareness Month (March 2026), the team is shining a light on the condition estimated to affect around 1.5 million women and girls in the UK, including **one in ten women in Scotland**.

Today, colleagues are hosting an **information stand in the QEUH atrium from 9am to 1pm** to help staff learn more about endometriosis, access resources for patients and colleagues, speak with specialist staff and pick up materials to raise awareness in their own service areas.

If you can't attend the stall today, we encourage you to learn more about endometriosis from Rosie McCluskey, Advanced Clinical Nurse Endometriosis Specialist, in the full story [on Staffnet](#).

Introduction to Copilot Standard for NHSGGC staff

Copilot Standard is a digital tool now available to all staff at NHS Greater Glasgow and Clyde. WM Reply will be working closely with our Digital Skills & Literacy Team to support you with Copilot Standard.

Over the coming weeks, they will be offering training sessions, that will take you through your Copilot Standard journey which will help make your work day easier, smarter and more productive.

What can you do with Copilot Standard?

- Draft and edit content faster than ever
- Brainstorm and create new ideas
- Review documents and get suggestions
- Automate repetitive tasks
- Get answers to your everyday work questions.

What to expect?

To help you understand Copilot Standard and feel confident using the tool, we have a range of learning and support options on offer:

Live Training Sessions

We will be running interactive sessions to walk you through key features and share practical examples. These sessions are optional, but they will help you understand how Copilot Standard can support your own role and workflow. Whether you're using the tool for the first time, or have used Copilot Standard frequently, there will be a session for you to boost your skills.

The sessions we'll be running are:

Getting started with Copilot Chat	24/03/2026	11:00 - 12:00
Getting confident with Copilot Chat	25/03/2026	11:00 - 12:00
Getting proficient with Copilot Chat	26/03/2026	12:00 - 13:00
Getting started with Copilot Chat	31/03/2026	13:00 - 14:00
Getting confident with Copilot Chat	01/04/2026	13:00 - 14:00
Getting proficient with Copilot Chat	02/04/2026	13:00 - 14:00

Next steps for you:

- Training invites: Keep an eye out in your inbox for upcoming sessions. The invitations will be sent out shortly and they will include what each sessions cover. Remember they are optional, so simply join the training relevant for you.

Useful Resources

- Engagement posts: We'll be sharing weekly top tips, feature focus posts, powerful prompts for you to use, as well as best practices so you can get the most out of Copilot.
- Staffnet for guidance: We also encourage you to explore the [Copilot Hub](#) on Staffnet for resources to help you get started and feel supported using this new tool.
- Data & security: Copilot Standard is here to support, not replace your professional judgement, where you will be able to accept or reject any of Copilot's suggestions. You'll receive clear guidance on data handling, responsible use, and what good practice looks like.

iMatter in Action: Celebrating team progress across NHSGGC

We're delighted to share that almost 2,200 iMatter team action plans are in place across NHSGGC – a powerful demonstration of our commitment to listening, learning, and improving staff experience.

Each action plan represents a team taking time to celebrate what's going well, reflect on opportunities for improvement, and agree meaningful steps that make a difference. This aligns strongly with the core purpose of iMatter: using team discussions and feedback to recognise strengths and create positive change.

Through our conversations with staff, we're hearing about a number of improvements underway, such as:

- Introducing monthly reflective meetings, to share learning and stimulate discussion
- Dedicated senior management sessions to share overall priorities and engage with staff on the way forward
- Cross-team collaborations through joint projects to create better links and strengthen relationships.

As we move into 2026, now is an ideal point to revisit your team's plan. It's so important to regularly review progress, understanding how staff experience has evolved, and making adjustments where needed throughout the year to ensure actions remain relevant and impactful.

Looking ahead to iMatter 2026

The [iMatter 2026 questionnaire](#) will open in May, offering another opportunity for staff to share their experiences. In the lead up to this, teams may find it helpful to reflect on:

- What has changed since your action plan was created?
- Which actions have been completed or progressed?
- Are there new strengths to celebrate or new areas where support is needed?

Revisiting this work now not only supports continuous improvement but also ensures teams are well-prepared for the next cycle of conversations, reports, and planning.

Thank you to everyone who has contributed to the strong action-planning engagement across NHSGGC. Your commitment continues to shape a more supportive, inclusive, and positive working environment for all.

If you need support with reviewing or updating your action plan, further guides and templates are available on [HR Connect](#).

Remember, for all your latest news stories, visit the Staffnet Hub:

[GGC-Staffnet Hub - Home \(sharepoint.com\)](https://sharepoint.com)



Staff are reminded to make sure their personal contact details are up to date on eESS.

It is important to share Core Brief with colleagues who do not have access to a computer.

A full archive of printable PDFs are available on the [website](#)