

Core brief

Daily update

(24 January 2023, 1.50pm)

Topics in this Core Brief:

- First Aid at Work
- Home for Lunch survey
- New Active Staff Class!

First Aid at Work

As detailed in Core Brief issued [Thursday 12 January](#), the Safety, Health and Wellbeing Service have reviewed and updated our guidance on First Aid at Work which can be accessed at [Policies, Guidance Documents and Forms - NHSGGC](#), scroll down to First Aiders at Work.

We would once again request that services review their arrangements for first aid, taking account of the revised guidance. When assessing the level of training that staff require, please pay particular attention to the sections of guidance referring to the availability of doctors, nurses and paramedics within your service and also the specific content of each course.

Managers should then complete the training request form including budget code and forward it to ggc.healthsafetyfirstaid@ggc.scot.nhs.uk advising of any training requirements. This email address should also be used for any queries with regards to First Aid at Work. We will then advise of available training dates.

Home for Lunch survey

We have recently launched a survey to seek feedback about our Home for Lunch initiative which is aimed at those patients who are ready to go home and not reliant on any additional care services being put in place ahead of this.



We are urging patients to provide feedback on their experience of being discharged from hospital to help shape our approach to informing, encouraging and helping families, patients and staff to facilitate early discharges, which will, in turn, help patient flow through our hospitals.

The [survey](#) is open to patients and anyone involved with the discharge process until Monday 30 January, and we would encourage any staff who would like to share their views to do so.

New Active Staff Class!

Would you like to get your blood pumping and get fit in a lunchtime exercise? If so, we have the perfect class for you! Active Staff are bringing you a brand-new **Lunchtime Energiser Indoor Spin Cycle Class**, which will be piloting every Wednesday over a four-week block, commencing on 25 January, from 12:30pm-12:45pm.



*Please note, this is an online class and you require your own static exercise bike to take part.

We are still curious to know how many staff have their own spin bike at home, please [click here](#) to fill out a short survey.

To register your space, please [click here](#).



The banner features the NHS Greater Glasgow and Clyde logo in the top right and the NHSGCC Excellence Awards logo in the top left. The main text reads 'Nominate your NHS Hero' in a large, bold, gold font. Below this, it says 'The Excellence Awards celebrate innovation and the outstanding difference made by our staff who go that extra mile for their patients.' and 'Get your entries in!'. At the bottom, it provides the nomination website 'www.nhsggc.scot/excellenceawards' and the closing date 'Closing date for nominations is 12 February 2023'. The banner is decorated with several gold stars and images of healthcare staff in clinical settings.

Staff are reminded to make sure their [personal contact details are up to date on eESS](#).

**It is important to share Core Brief with colleagues who do not have access to a computer.
A full archive of printable PDFs are available on [StaffNet](#)**