



**Daily update**  
**(23 February 2026, 1.00pm)**

Topics in this Core Brief include:

- [Civility Saves Lives – Online Champions Training – 2026 Schedule](#)
- [Adults BD Posiflush](#)
- [Staff who smoke](#)

### **Civility Saves Lives – Online Champions Training – 2026 Schedule**



Our Civility Saves Lives (CSL) campaign aims to promote positive working relationships and raise awareness about how our behaviour with colleagues can have a direct impact on patient care and outcomes, and staff experience and wellbeing.

The role of Civility Champions is to promote and raise awareness of CSL within their own teams/services, helping to bring understanding about why paying attention to how we work together and treat each other matters. Champions can be from any profession, band, or service and have an enthusiasm and interest in supporting positive ways of working.

Staff are invited to join the next online training session for Civility Champions. We have 6 sessions scheduled for 2026. Please use the links below to register.

<b>Registration Link</b>
<a href="#">CSL Champions Training Wed 25 Feb 2026 2.00 - 3.30pm</a>
<a href="#">CSL Champions Training Thurs 23 Apr 2026 9.30 – 11.00am</a>
<a href="#">CSL Champions Training Thurs 18 Jun 2026 2.00 – 3.30pm</a>
<a href="#">CSL Champions Training Thurs 20 Aug 2026 9.30 – 11.00am</a>
<a href="#">CSL Champions Training Tues 6 Oct 2026 9.30 – 11.00am</a>
<a href="#">CSL Champions Training Tues 17 Nov 2026 2.00 – 3.30pm</a>

Staff are encouraged to read about Civility Saves Lives before the training, by visiting [the hub on Staffnet](#).

### **Adults BD Posiflush**

BD Posiflush is a prefilled syringe containing sterile 0.9% sodium chloride, designed for the administration of flush to Vascular Access Devices (VADs).

BD Posiflush has received approval for use within NHSGGC for the following purposes:

- Flushing Vascular Access Devices (VADs) on insertion
- Routine 'flush and lock' as part of the care and maintenance of VADs
- As an integral part of Intravenous (IV) medicine administration (before, between, and following).

This device provides a safe alternative to the current practice of using an ampoule of sterile sodium chloride 0.9%, along with a safety hypodermic (or blunt filter needle) and a 10ml syringe for flush solutions.

BD Posiflush is available in two variants:

- PosiFlush™ SP Syringe: This is a prefilled syringe in **standard** packaging, suitable for a **standard aseptic non-touch technique** (ANTT) approach outside of a sterile field.

PECOS code	Size	
<b>306575</b> (NDS SKU: 158454)	10ml syringe	

- PosiFlush™ XS Syringe: This is a prefilled syringe in **sterile** packaging, suitable for a **surgical ANTT approach**, provided in a peelable package and appropriate for use in conjunction with a sterile field.

PECOS code	Size	
<b>306572</b> (NDS SKU: 202591)	10ml syringe	

Flushing should continue to be performed using the push/pause with positive pressure (push and clamp) technique. For more detailed information on flush techniques, please visit the following link:

[https://scottish.sharepoint.com/sites/NHSGGCPracticeDevelopment/SitePages/Care-and-Maintenance-of-Vascular-Access-Devices-\(VADs\).aspx](https://scottish.sharepoint.com/sites/NHSGGCPracticeDevelopment/SitePages/Care-and-Maintenance-of-Vascular-Access-Devices-(VADs).aspx)

## Staff who smoke

Help is on hand for NHSGGC staff who want to quit smoking.

Stopping smoking is one of the best ways to improve your health and save money, and the Quit Your Way team is here to help in a way that works for you.

You can get free access to one-to-one specialist support, advice and free nicotine replacement products or medication, such as Varenicline (also known as Champix), as part of a 12-week programme to help you stop and stay stopped.

The people who've used our service say it's changed their lives and put £1,000s back in their pocket.



**Get help with free support**

Quitting smoking saved me a fortune. I didn't know how much I was spending until I got support to stop.

**QUIT YOUR WAY**  
with our support

QuitYourWay.scot  
NHS SCOTLAND

For more information, contact:

- Telephone - 0141 451 6112
- Email - [ggc.quityourway.smokefreestaff@nhs.scot](mailto:ggc.quityourway.smokefreestaff@nhs.scot)
- Head to the NHSGGC website for [further information](#) on local stop smoking services or scan the QR code.



**Remember, for all your latest news stories, visit the Staffnet Hub:**

[GGC-Staffnet Hub - Home \(sharepoint.com\)](https://sharepoint.com)



**Getting the right care is as easy as ABC**

**NHS**  
Greater Glasgow and Clyde

**A**  
**Ask yourself**  
Do I need to go out?  
For information on treating minor illnesses and injuries from home, go to **NHS inform** or download the **NHS 24 App**.

**B**  
**Be aware**  
There is help on your doorstep.  
Your local **GP, pharmacy, dental practice and optician** offer a range of services.

**C**  
**Call 111**  
If it's urgent, or you're unsure, call **NHS 24** on **111**.  
They'll get you the care you need.

**Unless it's an emergency - think ABC before visiting A&E.**  
For more information: [www.nhsggc.scot/rcrp](http://www.nhsggc.scot/rcrp)

\*\*\*Staff are reminded to make sure their [personal contact details](#) are up to date on eESS.\*\*\*

**It is important to share Core Brief with colleagues who do not have access to a computer.**

**A full archive of printable PDFs are available on [website](#)**