



Daily update
(22 October 2025, 2.30pm)

Topics in this Core Brief include:

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Data Security Spotlight – Password security

Strong passwords and password security are essential to protect the integrity of our systems and our data. Always follow our guidance [here](#) on creating strong passwords and never share your password with anyone else.

Help us boost Realistic Medicine training

Realistic Medicine is about putting people at the centre of care. It's about personalised care and shared decision-making with patients and their families. It empowers patients to understand risks and encourages clinicians to adopt practices that reduce waste and harm while tackling unwarranted variation through innovation and improvement.

This year, the Scottish Government set an ambition for all health and care staff to increase their awareness and understanding of Realistic Medicine. While some staff have already completed the training available on Turas, we know there's still many more members of staff who would get so much from this training – especially with the *Shared Decision Making* module.

All staff play a vital role in shaping how Realistic Medicine is embedded in our culture, so we are asking you complete the training by **31 October 2025**.

The module can be accessed here: <https://learn.nes.nhs.scot/63069>

You can also help by encouraging your colleagues to undertake the training as well!

That's where the Power of 10 comes in.

We're asking each of you to encourage at least 10 colleagues in your service to complete the training by 31 October 2025. And if each of them can then inspire 10 more, we'll

create a ripple effect that reaches right across NHSGGC.

Together, we can strengthen our collective understanding of Realistic Medicine and make it an everyday part of how we work.

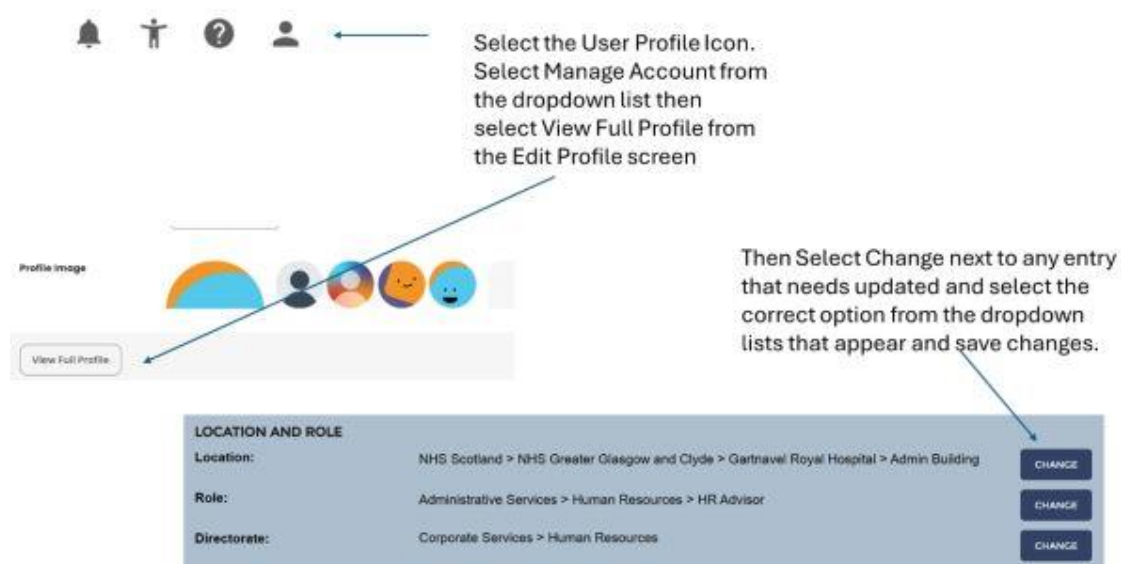
Action: Update LearnPro profiles

To accurately reflect compliance against Organisational requirements with LearnPro module completion, it is essential that your Profile on LearnPro is up-to-date.

Please login to your LearnPro account and check your Identification Number is showing the correct Payroll Number.

Check your location details and if incorrect amend to the correct location. Do the same for Job Role if that also needs changed.

Lastly ensure you have selected the correct Directorate.



The Identification Number appears below the Location and Role section and can be updated by simply deleting the incorrect details and entering the correct Payroll Number.

Infection Prevention and Control Week: Meet Norovirus, the Winter Vomiting Bug

As we mark Infection Prevention and Control Week 19-25 October, it's time to meet one of the most notorious culprits behind healthcare outbreaks – Norovirus, also known as the winter vomiting bug.

I am a highly transmissible virus that causes vomiting and diarrhoea outbreaks, particularly in hospitals and care home settings.



How do I spread and survive?

I am highly transmissible in healthcare settings, causing infection with as few as 10 to 100 viral particles. I spread through direct contact: skin, bodily fluids, food and water, and indirect contact (contaminated surfaces: toilets, sinks and tables or shared medical equipment: thermometers and blood pressure cuffs). While I don't form my own biofilms, I can persist in bacterial biofilms increasing my resilience and making me harder to eliminate than other viruses.

How can you stop me?

Prevention is key. Robust cleaning protocols and disinfectants proven effective against Norovirus are essential to stop transmission and outbreaks and performing regular hand hygiene is key to breaking the chain of infection.

Remember, for all your latest news stories, visit the Staffnet Hub:

[GGC-Staffnet Hub - Home \(sharepoint.com\)](#)



Staff are reminded to make sure their [personal contact details are up to date on eESS](#).

It is important to share Core Brief with colleagues who do not have access to a computer.

A full archive of printable PDFs are available on [website](#)