

Core brief

Daily update

(22 February 2023, 12.30pm)

Topics in this Core Brief:

- Virtual Training sessions for Freestyle Glucose/Ketone meters for Cascade trainers
- Improvements to Immediate Discharge Letters (IDL) – Capability to Import Discharge Medicines from HEPMA into Clinical Portal IDL
- Better Workplace – ple-eESS update your eESS
- Let's talk about... Staff Wellbeing Webinars (20 minutes)

Virtual Training sessions for Freestyle Glucose/Ketone meters for Cascade trainers

Abbott Diabetes Care have made the following virtual training sessions available for NHSGGC staff to allow them to be registered with Biochemistry as a Freestyle Cascade Trainer for their Ward/Unit. Each session will last approximately 45 minutes and staff require to log on to the session individually to obtain a completed training certificate.



Please also note that you will need to log into the session using the email address that you registered with in order to receive the email certificate at the end.

Staff can register by clicking on the following link: <https://app.livestorm.co/abbott-uk-hospital/freestyle-precision-pro-blood-glucose-and-ketone-training?type=detailed>

Dates and times:

Tuesday 28 February – 2.00pm and 3.00pm

Wednesday 15 March – 10.00am and 11.00am

Wednesday 5 April – 2.00pm and 3.00pm

Tuesday 2 May – 10.00 and 11.00am.

Once you have received your certificate, please send an image of it to the appropriate POC team and you will be added to the list of authorised Cascade Trainers for your Ward/Unit.

Clyde.BiochemistryPOCT@ggc.scot.nhs.uk

NorthGlasgow.BiochemistryPOCT@ggc.scot.nhs.uk

SouthGlasgow.BiochemistryPOCT@ggc.scot.nhs.uk

Improvements to Immediate Discharge Letters (IDL) – Capability to Import Discharge Medicines from HEPMA Into Clinical Portal IDL

A new capability **to import discharge medicines from HEPMA into Clinical Portal IDL** will become available for existing HEPMA/Clinical Portal users from tomorrow **Thursday 23 February**. This follows a successful pilot at sites within the board.

This capability will bring a number of benefits to service system users and patients including:

- Reduced manual transcription time and effort for discharge medicines
- Quicker and more efficient generation of IDLs
- Quicker discharge process and experience for patients.

Quick Reference Guides detailing how to use the new capability (use of which is optional) are available on [HEPMA StaffNet Support Site](#).

HEPMA Facilitators have been visiting key sites to raise awareness and provide user support for the new capability. Telephone support is also available on **07971 977806**.

Any further queries, please contact nhsggc.hepma@ggc.scot.nhs.uk.

Better Workplace – Ple-eESS update your eESS

Equality, Diversity and Inclusion continues to be a priority for all of us in NHSGGC.

As part of this, we collect data on all protected characteristics, as this helps us to make the right provisions for our diverse workforce.

Up to date data helps us understand the demographics and diversity of our workforce, enabling us to identify strengths and continuous improvement opportunities, and ensuring the right resources, facilities and support are available for you and your colleagues.

Ple-eESS support by accessing and updating your personal data on eESS [here](#), select “Personal Information”, then click “Update” in the ‘Basic Details’ section and

a screen will open with options to add your equalities data. Please remember your manager will not have access to these protected characteristics. All information provided is secured confidentially in adherence to General Data Protection Regulation (GDPR).

You can also update your personal contact details or emergency contacts in the same section of eESS, if these have changed since you last updated your information.

If you would like additional support to update your eESS please contact by email here eESS@ggc.scot.nhs.uk, or telephone 0141 278 2700 (Option 5), or view the guidance [here](#) which includes a short eLearning demo.

If you're not sure of your login or password for eESS, click on Login Assistance underneath the Login button on the main [eESS page](#).

Your data will help us all build a Better Workplace together, thank you for your continued support.

Let's talk about ... Staff Wellbeing Webinars (20 minutes)



A Healthier Place to Work

Colleagues attending the recent webinar series of Let's talk about... staff wellbeing provided fantastic feedback which we have used to build the next selection of 20 minute webinars throughout 2023. The webinars continue to focus on various topics which we know are important to personal health and wellbeing, and are delivered in a format that allows colleagues to take away top tips and share with others.

Staff feedback:

- *"Excellent series of Webinars!"*
- *"Great session - really valuable and appreciated"*
- *"A nice way to start the day thinking about your own wellbeing"*
- *"Will put the information shared to good use for a better night's sleep"*
- *"This has been super helpful. I will definitely share with the team and use the tips going forward".*

All are welcome to come and join our NHSGGC Principal Health Psychologist, Heather Connolly and Peer Support & Wellbeing Project Officer, Asia Nicoletti. Webinars are open to all staff with easy booking access for the sessions you are interested in.

Friday 24 February, 09:30

REPEAT: Let's talk about... Sleep and tips for a better night's sleep

[Book here](#)

Wednesday 29 March, 14:30 Let's talk about... Nutrition, Health & Wellbeing	Book here
Thursday 27 April, 09:30 Let's talk about... Understanding our own emotional wellbeing	Book here
Monday 29 May, 16:00 REPEAT: Let's talk about... Stress and tips for coping	Book here



Staff are reminded to make sure their [personal contact details are up to date on eESS](#).

It is important to share Core Brief with colleagues who do not have access to a computer.
A full archive of printable PDFs are available on [StaffNet](#)