



Daily update
(21 September 2026, 11.20am)

Topics in this Core Brief:

- [Directors get their flu jags as part of Staff Vaccination Fortnight](#)
- [Let's Talk About... Suicide Prevention](#)
- [Become a Primary Care Peer Supporter](#)

Directors get their flu jags as part of Staff Vaccination Fortnight

We caught up with some of our directors who got their flu jag as part of [Staff Vaccination Fortnight](#).

Dr Scott Davidson, Medical Director, Professor Angela Wallace, Executive Director of Nursing, Russell Coulthard, Chief Operating Officer and Deputy Chief Executive, Natalie Smith, Interim Director of HR and OD, and Employee Director Ann Cameron-Burns all got their flu vaccine last week thanks to peer immunisers Anthony and Amanda.



Dr Scott Davidson, Medical Director, said: "It's really essential, I encourage all staff to get the flu vaccine. It's really important in terms of protecting ourselves, and our colleagues, and allows us to continue to deliver essential services through the winter."

Natalie Smith, Interim Director of HR and OD, shared: "I got my flu jag today to protect not only people around me at work, but also my family at home."

Staff Vaccination Fortnight ends this Sunday 27 September 2026, with our final drop-in clinics happening this week.

Find the [full list of drop-in clinics on the NHSGGC website](#), and you can find answers to frequently asked questions [here](#).

Fighting flu. It starts with you!

Let's Talk About... Suicide Prevention

**Wednesday 30 September | 2.00pm – 2.20pm
| MS Teams**

As part of World Suicide Prevention Day, which took place on 10 September, we're inviting staff to join us for a 20-minute 'Let's Talk About... Staff Wellbeing Webinar' focusing on suicide prevention conversations, supporting ourselves and looking out for others.



Talking about suicide with our colleagues can feel difficult, but knowing how to start a conversation, where to turn for support and what we can do to help a colleague who may be struggling can make a real difference.

During the session we'll cover:

- **Understanding suicide and suicidal thoughts** – building awareness and understanding
- **Recognising when someone may be struggling** – spotting signs that someone may need support
- **Starting a conversation** – simple and compassionate ways to check in
- **Practical support and resources** – knowing what help is available.

As part of the session, we'll introduce suicide prevention guidance for staff and managers, offering practical advice on supporting colleagues who may be struggling. Further training will also be available for those who would like to build their confidence and skills in this area in the future.

How to book:

Wednesday 30 September, 2.00pm – 2.20pm, MS Teams

[Book your space here!](#)

Please note: This session will include discussion of suicide and suicidal thoughts. Please take care of yourself and consider whether attending is right for you at this time.

If you are currently experiencing thoughts of suicide, please do not wait to attend this webinar. Instead, please contact your GP, NHS 24 (call 111), Breathing Space (0800 838 587) or Samaritans (116 123). If you are in immediate danger or crisis, call 999.

Find out more about suicide prevention in Scotland: [Suicide Prevention Scotland](#)

Find out more about World Suicide Prevention Day 2026: [World Suicide Prevention Day – IASP](#)

Can't make it? Recordings and slides are available on the Wellbeing Webinars: [webinars SharePoint](#).

You can also sign up for upcoming webinars:

- Thursday 29 October 10.00am – 10.20am - **Looking After Your Back: practical tips for everyday work-** [Book Here](#)
- Wednesday 25 November, 1.00pm - 1:20pm - **Stressed at Work: Practical tools to help-** [Book Here](#)
- Monday 14 December 11.00am – 11.20am - **Coping with Bereavement and Loss-** [Book here](#)

Become a Primary Care Peer Supporter

Gartnavel General Hospital, Lecture Theatre
Thursday 8 October 2026, 9.30am – 4.30pm



Be part of something meaningful. Help shape the future of wellbeing across Primary Care.

We are launching our first Primary Care Level 2 Peer Supporter Training Day to help establish a new Primary Care Peer Support Hub within the wider Peer Support Network. We would love you to join us in supporting colleagues, strengthening wellbeing and building connections across Primary Care.

About the training

- As a Peer Supporter, you'll receive a full day in person training to help you:
- Support colleagues through challenging times
- Develop valuable listening and communication skills
- Build confidence in having supportive conversations
- Connect with staff from across Primary Care
- Make a real difference to staff wellbeing.

Who is this for?

Could you be the colleague someone turns to when they need support?

A conversation can make all the difference. Become a Peer Supporter today. You don't need any previous experience, just a willingness to listen and support others. Peer Supporters aren't [counsellors](#), they're colleagues helping colleagues.

This training is for colleagues who work in or alongside Primary Care services and want to support a more positive workplace, including PCIP workstreams such as:

- Vaccination Transformation staff
- Community Treatment and Care staff
- Pharmacotherapy staff
- GP Advanced Practice Physiotherapists
- Advanced Nurse Practitioners
- Community Link Workers.

Booking training

Thursday 8 October, 9.30am – 4.30pm
Lecture Theatre, Gartnavel General Hospital
[Book Here](#)

Prior to booking staff should speak to their line manager to confirm permission.

Accessing Peer Support

If you would like to access confidential Peer Support yourself, email ggc.peer.support@nhs.scot and we will connect you with a trained Peer Supporter.

Want to know more about our Peer Support Network visit [Peer Support Network - NHSGGC](#) or [Peer support in the workplace: putting theory into practice - National Wellbeing Hub](#) or contact the team at: ggc.peer.support@nhs.scot.

Remember, for all your latest news stories, visit the Staffnet Hub:

[GGC-Staffnet Hub - Home \(sharepoint.com\)](#)



Fighting Flu. It starts with you!

The flu vaccine is available to **all** frontline health and social care workers and **all** NHS staff.

 Find out more



Staff are reminded to make sure their [personal contact details are up to date on eESS](#).

It is important to share Core Brief with colleagues who do not have access to a computer.
A full archive of printable PDFs are available on [website](#)