

Core brief

Daily update

(21 February 2023, 2.45pm)

Topics in this Core Brief:

- National Mental Health Nurses' Day – 21 February 2023
- New standard font size for all outlook emails
- BME Staff Network meeting

National Mental Health Nurses' Day - 21 February 2023

We are delighted to celebrate the fifth National Mental Health Nurses' Day today (21 February), with all of our NHSGGC mental health nurses and our wider mental health nursing profession staff.



For mental health nurses, this is your day to reflect on and celebrate your unique contribution that you make working with the people you care for and support.

Every day in nursing is important, but on this day we celebrate the mental health nurses', valuable and often hidden from public view, work undertaken with people who live with mental health issues.

Many people living with mental health issues may struggle to have their voice heard so we truly value your work in partnership with health and social care colleagues. As an NHSGGC team member, you have an integral role to play in ensuring that the people and families you work with receive the right care, at the right time and from the right person.

The last few years have undoubtedly been challenging and as we move towards recovery post-pandemic, we are proud that people continue to benefit hugely from mental health nursing care.

Once again, we would like to thank all of you working across NHSGGC providing caring, compassionate, person centred, safe and effective care.

Lorraine Cribbin, Chief Nurse - Adult Services, Glasgow City HSCP, said: “Thank you to all of our mental health nurses working across the Health and Social Care Partnerships. Each day you make a difference, and today is about you. I hope that you have the opportunity to have some time to celebrate with your colleagues, and that you are able to mark this special day. I can only thank you for continuing to do what you do, and hope that you take pride in this, because being a mental health nurse is really a remarkable role. Thank you.”

New standard font size for all outlook emails

NHSGGC has a strong commitment to ensuring all the information we provide is accessible. This was recently reconfirmed by the publication of our [Clear To All Policy](#). This policy applies to communications for patients, service users and for staff.

A key element of this is ensuring that we use accessible fonts in all our written materials and communications. As part of this commitment, we’re going to be setting the default font for all outlook email messages to 14pt Arial from 1 March 2023. While the minimum sized text used should be 12pt, combined with an accessible font such as Arial, as part of our commitment to the Clear To All Policy and following engagement with the Staff Disability Forum, we have opted for 14pt as this will further improve accessibility.

As part of this change, please be aware:

- While the default has been changed, you can still change the font if you have particular needs, for example making the text larger. You can do this while composing an email if it is a one off. Or if you need a larger font as your default, please place a request using the [eHelp](#) icon your desktop. Select Request, Non Standard Request, enter Email under the application your request relates to and provide as much information as possible.

This change will apply to anyone accessing their outlook account either via the web browser or with the full MS Office desktop client. It will not apply to anyone accessing their outlook account via their own personal device.

BME Staff Network Meeting - Wednesday 22 February

Our next BME Staff Network meeting is taking place on the Wednesday 22 February, 12.00pm – 2.00pm. We will be holding our first hybrid meeting of 2023 and we would be delighted if you could attend!



This month we will be covering topics such as:

- How to access and get the best from NHSGGC’s Interpretation Service
- How the Learning Disability Service is tackling racial inequality

- How staff feedback is being used to improve support available to BME staff members.

We'll also be reviewing survey results from BME Network members to understand how we make our Network even better for all staff.

The meeting is open to all NHSGGC staff – if you are a BME staff member or an ally – and you can join through MS Teams - [Click here to join the meeting](#). If you would like to attend in person, please email ggc.bmestaffnetwork@nhs.scot and we'll share the room information with you.

We also have a Facebook Group: [NHSGGC - BAME Staff Network | Facebook](#)

The BME network is a safe, supportive and confidential forum for sharing experiences, and an opportunity to influence on issues impacting on the health, wellbeing and work of BME staff. For more information about our BME Staff Network and our future meetings please visit: [BME Staff Network - NHSGGC](#) or email ggc.bmestaffnetwork@nhs.scot.



Staff are reminded to make sure their [personal contact details are up to date on eESS](#).

It is important to share Core Brief with colleagues who do not have access to a computer.
A full archive of printable PDFs are available on [StaffNet](#)