

# Core brief

**Daily update**  
**(21 April 2022, 1.10pm)**

Topics in this Core Brief:

- Major Trauma Referral on TrakCare
- Earth Day 2022
- Active Staff Bootcamps

## Major Trauma Referral on TrakCare

QEUH Major Trauma Centre (ward 1C) opened in August 2021.

All staff working in the Emergency Department, critical care wards, DME, or where patients are identified as having suffered a Major Trauma can make a referral to this service. Early identification and referral of patients who meet the criteria of having suffered a major trauma ensures that they will follow the gold standard pathway to ensure best outcomes for patient group.

All patients who meet the criteria for this service should be **referred via TrakCare**, and via telephone to Major Trauma Consultant in hours (0141 452 (8)3909).

The [referral guide](#) supports the QEUH Major Trauma workflow process and shows how to request a patient to be placed onto the Major Trauma workbench on TrakCare for management by the Major Trauma Coordinator Team at the Queen Elizabeth University Hospital.

## Earth Day 2022

Tomorrow is Earth Day, and staff at the RHC will be on hand within the hospital's Atrium, (beside clinic 1) on Friday 22 April between 12noon and 2pm. The team will be showcasing some of the work they are doing in many areas of the hospital, from theatres to the wards, to improve our environmental impact and tackle the many challenges with regards sustainability in a large busy hospital. This include a pilot programme to reduce carbon emissions associated with the collection and disposal of clinical waste within operating theatres.



Currently, suction waste is collected in single-use, two-litre plastic containers which contain chemicals to solidify the waste before being collected in plastic bags which are taken away to be heat treated in Lanarkshire or incinerated in Wales, with associated travel costs and additional carbon generated.

The new Neptune waste management system is a constantly closed waste management system that collects, transports and disposes of surgical waste fluid helping protect staff from exposure whilst increasing efficiencies in the operating room.

Two machines are being used in theatres six and seven at the RHC – however, they can be used in any theatre in the hospital.

The new machine collects up to 24 litres of waste suction fluid before being discharged, safely, into the general sewage system. The machine automatically cleans itself and can be used again. With no bags to change, the process is also more stable for staff, with less chance of being exposed to clinical waste.

### Active Staff Bootcamps

We are pleased to announce that we are now able to offer a Bootcamp on site at the QEUH on Wednesday evenings at 17:15 outside the Podiatry building.



Bootcamp is open at all fitness levels. A fun hour of varied exercises effective in burning calories and increasing fitness and stamina.

We also have other Bootcamp sessions spread over Gartnavel, Leverndale, New Victoria and Stobhill sites. We hope you can come join the fun, get fitter and enjoy the fresh air with eight classes per week to choose from.

Don't forget, Active Staff is also online. Currently you have access to seven live classes per week, Monday – Thursday. With a mixture of live early morning and evening classes streamed by a team of instructors over Microsoft Teams to the comfort of your home we hope we have something on offer for all levels and for you to enjoy.

You can book all your fitness classes by clicking [here](#) it's all completely FREE!



Please keep up-to-date with the latest guidance on our dedicated web pages at: [www.nhsggc.org.uk/covid19](http://www.nhsggc.org.uk/covid19). If you have any questions about the current situation please check the FAQs first. If you have any further questions, please email: [HR.Support@ggc.scot.nhs.uk](mailto:HR.Support@ggc.scot.nhs.uk).

\*\*\*Staff are reminded to make sure their [personal contact details are up to date on eESS](#).\*\*\*

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