

Daily update
(20 November 2026, 3.45pm)

Topics in this Core Brief:

- All staff update: In it Together - Maintaining our focus on patient flow
- Attention clinical colleagues: new D-Dimer assay for VTE diagnosis goes live on 25 November
- Board members see busy services in action at New Victoria Hospital
- Malnutrition Awareness Week
- Road Safety Week - is your vehicle ready for the winter?

All staff update: In it Together - Maintaining our focus on patient flow
Thank you for the continued effort across our services as we respond to the significant pressures currently being experienced.

Today, our call to all colleagues is to focus as much time as possible on the assessment, treatment and safe discharge of patients to help create capacity across our hospitals. Every action that supports timely discharge or removes a barrier to flow can help relieve pressure elsewhere in the system, particularly within our Emergency Departments and front-door services.

This remains a whole-system effort. Please continue to work together, support colleagues across services and keep patient flow at the forefront of what we do today and over the weekend.

Thank you for your help, flexibility and continued commitment to our patients and each other.

Attention clinical colleagues: new D-Dimer assay for VTE diagnosis goes live on 25 November
A new D-dimer assay will be introduced across all NHSGGC laboratories from Wednesday 25 November 2026, with implications for assessing the probability of venous thromboembolism (VTE) in non-pregnant ambulatory patients.

The change introduces a new clinical decision cut-off and allows clinicians to apply age-adjusted D-dimer in line with GGC guidance.

Clinical teams must review and update any local protocols referring to D-dimer

cut-offs before 25 November.

Read the full article on Staffnet for details of the changes and updated guidance: Implications for VTE diagnosis - new D-dimer assay in NHSGGC from Wednesday 25 November 2026

Board members see busy services in action at New Victoria Hospital
Board members were given a first-hand look at the work of two busy services at New Victoria Hospital during a recent visit to meet staff and learn more about the care they provide to patients.





NHSGGC Vice Chair David Gould, and Non-Executive members Margaret Kerr and Cath Cooney visited the hospital's Minor Injuries Unit (MIU) and Day Surgery Unit, hearing from teams about the volume of patients they care for, how services have developed and plans for the future.

Click here to read more

Malnutrition Awareness Week 16 - 22 November 2026

Malnutrition is a common but serious condition that affects millions of people in the UK, which can occur when your diet does not contain the right amount of nutrients.

Malnutrition Awareness week is an opportunity for all healthcare professionals to focus and learn more on how we can provide the best nutritional care to our patients.

Every Contact Counts Friday

Multidisciplinary healthcare teams are encouraged to systematically screen for malnutrition and raise awareness of risk factors.

Every hospital, community, or care setting interaction is an opportunity to identify risks from each and every person who interacts with someone – pharmacists, district nurses, AHPs, GPs, social care, dentists, doctors, and so on.

Encourage everyone to get involved at mealtimes and promote patient nutrition.

Malnutrition screening is an MDT approach, together we can provide the best nutritional care to our patients.

For more information on Food, Fluid and Nutrition please visit the NHSGGC FFN SharePoint Pages:

GGC- Acute Food, Fluid and Nutrition - Home
GGC - Food Fluid Nutrition for Community and Mental Health Services - Home

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Road Safety Week - Is your vehicle ready for the winter?



As part of Road Safety Week, we have shared an article each day focusing on a different theme to help keep you, your family, and others safe on the roads. Today's theme is **getting your vehicle winter ready.**

According to Transport Scotland, November is one of the months with the highest number of road traffic collisions.

The UK Weather Met Office has shared important winter car checks that will help keep you safe over the winter months:

1. **Fuel -** ensure you have enough fuel or charge in your electric vehicle for your journey – it is a good idea to fill-up or charge before setting off.
2. **Oil -** check your oil level using the dip stick and top-up if necessary – check your handbook if you are unfamiliar with how to do this and to ensure you use the correct oil.
3. **Rubber -** check your tyre tread depth and air pressure, and your wiper blades

4. **Coolant -** regularly check your engine coolant level and top-up if required.
5. **Electrics -** check your lights and indicators are all working properly and replace bulbs or fuses if required.
6. **Screen wash -** make sure you top up your screen wash with a product that is effective down to at least -15 degrees Celsius.

It's also advised to put together a basic winter car kit including an ice scraper and de-icer, jump leads, reflective warning triangle, sunglasses, in-car phone charger, portable battery charger, and blanket.

Be prepared. Don't get caught out.

You can read the full article on Staffnet.

Remember, for all your latest news stories, visit the Staffnet Hub:
GGC-Staffnet Hub - Home (sharepoint.com)



Staff are reminded to make sure their personal contact details are up to date on eESS.

It is important to share Core Brief with colleagues who do not have access to a computer.
A full archive of printable PDFs are available on the website