

Core brief

Daily update

(20 June 2025, 2.20pm)

Topics in this Core Brief:

- Melanie McColgan appointed Director of Access
- Kindness in Action: Peer Support in NHSGGC
- World Cancer Research Fund and QEUH dietetic pilot
- Child Protection Level 3 - For maternity services staff

Melanie McColgan appointed Director of Access

Melanie McColgan has this week been appointed Director of Access for NHSGGC, following the retirement of Susan McFadyen. Melanie previously served as Director for the Clyde Sector within the Acute Division.



Prior to this she held several General Manager positions across NHSGGC, including leadership roles at the Beatson West of Scotland Cancer Centre and Clinical Haematology. She also has experience as General Manager for Emergency Care and Medical Services in the North East Sector (Glasgow Royal Infirmary) and previously managed Emergency Care Medical Services across the Clyde Sector.

Iona Scott has taken on the role as interim Director of Clyde Sector until a substantive appointment is made.

Professor Jann Gardner, Chief Executive at NHSGGC, said: "I am pleased to welcome Melanie to her new role as Director of Access for NHSGGC. She brings a wealth of experience and leadership from her time as Director for the Clyde sector, where she made a significant and positive impact. I am confident her expertise will help shape the future of patient access and care delivery across the health board, and I look forward to working with her to ensure our services continue to evolve in ways that best support the needs of our patients and communities."

"I would also like to take this opportunity to welcome Iona Scott as Interim Clyde Director and to thank Susan McFadyen for her long and valuable service as Director of Access."

Kindness in Action: Peer Support in NHSGGC

Peer Support training aims to embed the ethos of kindness into the fabric of our workforce. It gives staff the tools to support each other in a compassionate way. This approach isn't just about individual wellbeing, it directly supports our Quality Strategy: Everyone, Everywhere, which sets out the ambition to deliver high-quality care by supporting those who provide it.



When staff feel seen, valued, and emotionally supported, they're better equipped to care for others. Lilly (name changed), a staff member who accessed Peer Support, shared: "Peer support in the workplace contributed to me staying at work as I felt that my employer's cared about my wellbeing by offering emotional support, a feeling of belonging and also just reassurance that I was not alone in my struggles. I wasn't sure what to expect or how much benefit it would be, but I was pleasantly surprised by how easy and helpful it was to talk. Sometimes it's hard to speak to friends or family. I'd highly recommend it to anyone who just needs someone to listen."

Read the full article on kindness and Peer Support on [Staffnet](#).

To learn new tools for truly supporting your colleagues and having those meaningful connections, sign up now and become a peer supporter:

- 09/07/2025 – Stobhill ACH, [Book here](#)
- 24/07/2025 – IRH Lecture Theatre, [Book here](#)
- 12/08/2025 – Gartnavel General Hospital, [Book here](#)
- 28/08/2025 – Royal Alexandra Hospital, [Book here](#)
- 10/09/2025 – New Victoria ACH, [Book here](#)
- 25/09/2025 – Stobhill ACH, [Book here](#)
- 07/10/2025 – Royal Alexandra Hospital, [Book here](#)
- 22/10/2025 – Gartnavel General Hospital, [Book here](#)

To see more training dates, visit the website [Peer Support Network – NHSGGC](#)

World Cancer Research Fund and QEUH dietetic pilot

NHSGGC is piloting a first of its kind initiative in Scotland to support people newly diagnosed with colorectal cancer with bespoke nutritional advice. Patients will be offered a telephone or online appointment with a World Cancer Research Fund (WCRF) oncology trained dietician to discuss how nutrition can support wellbeing as they prepare for or have cancer treatment.

Launching on the 25 June 2025, the pilot, which initially will run for a year in partnership with the QEUH Colorectal Team, will track how nutritional prehabilitation can support people diagnosed with cancer to feel better before, during and after their treatment. It is hoped these findings will lead to an extension of the pilot and its roll out to other NHSGGC cancer teams.

As well as supporting patients for prehabilitation, participants can continue to discuss any of their nutrition concerns with their WCRF dietitian throughout their cancer journey. QEUH Colorectal patients participating in this pilot will also receive a £15 grocery voucher.

This project is a collaboration between the WCRF Cancer and Nutrition Helpline and the Colorectal Cancer Team at the Queen Elizabeth University Hospital. Their Macmillan Patient Coordinator will be instrumental in supporting patients to access the helpline.

Child Protection Level 3 - For maternity services staff

Training sessions will be delivered remotely via MS Teams and can be booked by accessing the online catalogue via eESS: <https://eess.mhs.scot.nhs.uk> and clicking on:

GGC PP MATERNITY SERVICES Child Protection Level 3

Please note: If you require support to access or update your eESS account please use the link https://nhsnss.service-now.com/ggc_hr, or telephone 0141 278 2700 (Option 5), or view the guidance on Staffnet.



7 July 2025	10.00am – 12.00pm
15 July 2025	2.00pm – 4.00pm
30 July 2025	2.00pm – 4.00pm
7 August 2025	10.00am – 12.00pm
15 August 2025	10.00am – 12.00pm
25 August 2025	2.00pm – 4.00pm
2 September 2025	2.00pm – 4.00pm
10 September 2025	10.00am – 12.00pm

Important Information

All participants will require access to a digital device e.g. laptop or phone to join the training session. An MS Teams link will be sent directly to you one week prior to the session.

Please ensure that your email address and contact details on eESS are up-to-date in order that the link can be sent.

**It is important to share Core Brief with colleagues who do not have access to a computer.
A full archive of printable PDFs are available on [website](#)**