

Core brief

Daily update

(20 August 2025, 2.30pm)

Topics in this Core Brief include:

- Step Up for Safety: Join the Inaugural Clyde Falls Forum!
- Last chance to have your say on support and services for staff in the Health and Wellbeing Survey 2025
- Erskine Bridge northbound closure - Friday 22 August 2025

Step Up for Safety: Join the Inaugural Clyde Falls Forum!

In celebration of Falls Awareness Week (15–19 September 2025), we're excited to launch the very first Clyde Falls Forum on 17 September — a must-attend event for all NHSGGC clinical staff dedicated to mastering the latest in falls prevention and care.

15 th to the 21 st September 2025		0900 - Registration and Welcome	
<p>Join us for a day focused on reducing falls & improving practice and knowledge.</p> <p>This event aims to bring together healthcare professionals dedicated to reducing falls and promoting patient safety in various clinical settings. Through expert-led sessions, practical demonstrations and shared learning experiences, we aim to enhance our understanding, refine our strategies and inspire ongoing improvements to reduce falls.</p> <p>Let's learn, collaborate and take meaningful steps toward providing safer care.</p>		<p>SESSION 1</p> <p>09:45-10:05: Falls Overview & Updated NICE Guideline 249 — Dr Alasdair Macrae, NHSGGC</p> <p>10:05-10:30: Exercise and Falls Prevention — Prof Dawn Skelton, Glasgow Caledonian University</p> <p>10:30: Questions</p> <p>Coffee</p>	<p>SESSION 3</p> <p>13:00-14:30: Bone Health Essentials — Dr Lisa Hutton, NHSGGC</p> <p>Coffee</p>
<p>Clyde Falls Forum - 17/09/25</p> <p>Lecture Theatre 2, Royal Alexandra Hospital Suitable for ALL health care professionals</p> <p>Register for FREE using QR code</p> <p>5 CPD credits available</p> <p>Tea and coffee will be provided. Please bring your own food and drink if you are having a cuppa.</p>		<p>SESSION 2</p> <p>10:05-10:30: Falls Risk Increasing Drugs (FRIDs) & Deprescribing — Dr Lisa Hutton, NHSGGC</p> <p>10:30: Questions</p> <p>11:00: Lunch</p>	<p>SESSION 4</p> <p>15:00-15:25: Falls Risk Increasing Drugs (FRIDs) & Deprescribing — Dr Lisa Hutton, NHSGGC</p> <p>15:25-15:50: Questions</p> <p>15:50: Closing Remarks</p>

Did you know that one in three people over 65 fall every year – and that risk jumps to one in two for those aged 80 and over? That means roughly 29,000 older adults fall in Glasgow annually. More than a third of these falls lead to injuries serious enough to need medical attention (1990 hip fractures were treated in NHSGGC hospitals in 2024), or cause reduced activity, putting significant pressure on NHSGGC services.

What to Expect:

Gain fresh insights from expert speakers, including:

- **Falls Overview & Updated NICE Guideline 249** — Dr Alasdair Macrae, NHSGGC
- **Exercise and Falls Prevention** — Prof Dawn Skelton, Glasgow Caledonian University
- **Bone Health Essentials** — Dr Lisa Hutton, NHSGGC
- **Falls Risk Increasing Drugs (FRIDs) & Deprescribing**

Plus, roll up your sleeves in interactive small-group workshops where you'll:

- Explore key health conditions that raise falls risk
- Learn practical skills to assess those at risk
- Master safe techniques for helping someone up from the floor.

This is your chance to sharpen your skills, connect with colleagues, and make a real difference in the lives of older adults at risk of falling.

Don't miss out – join us in making falls reduction a priority!

Date: Wednesday 17 September 2025

Time: 9.00am – 4.10pm

Location: Lecture Theatre 2 at the Royal Alexandra Hospital

Course fee: FREE!

CPD: 5 hours approved

Suitable for all clinical healthcare professionals in primary/secondary care.

Tea, coffee and lunch will also be provided!

Staff can sign up for the event using [this link on eESS](#).

Contact Shona Mackinnon (Shona.Mackinnon@nhs.scot) or Steven Lorimer (Steven.Lorimer@nhs.scot) for more information or to sign up via email.

This event is organised by Dr Alasdair Macrae (Consultant in Orthogeriatrics and Falls Reduction Medicine, British Geriatric Society Falls and Bone Health Specialist Interest Group Chair, and National Falls Prevention Coordination Group Chair), Shona Mackinnon (Clyde Falls Coordinator Specialist), and Steven Lorimer (Clinical Nurse Educator for OPSS - Clyde).

Last chance to have your say on support and services for staff in the Health and Wellbeing Survey 2025

As part of our drive to be a Better Workplace we firmly believe that the health and wellbeing of our workforce is key. We know the last few years have been challenging and while there has been a range of wellbeing initiatives and support mechanisms introduced during this time period, we want to do even more moving forward.



The new Workforce Strategy contains a safety, health and wellbeing pillar with key actions aimed at enhancing support available to staff. As well as helping to ensure support is there when you need it, this pillar will also contain proactive actions to help promote staff health and wellbeing. The actions will evolve over time therefore

its essential that we hear from you. We must continually improve our approach and need your input to do so. We will incorporate where possible, any suggestions you make to strengthen our approach for the future.

The Staff Health and Wellbeing Survey is now open to staff, and will close for submissions on **24 August**.

To participate please visit: <https://link.webpolsurveys.com/S/EAC7EF76CFD1FEB3> or scan the QR code above.

Please take time to complete this questionnaire and help us shape and develop services and support for staff health and wellbeing in the future.

If there are any issues accessing the survey please email: ggc.health.improvement@nhs.scot

Erskine Bridge northbound closure - Friday 22 August 2025

Amey, on behalf of Transport Scotland, is undertaking an additional total overnight closure of the A898 Erskine Bridge northbound from 20:00 on Friday 22 August until 06:00 on Saturday 23 August 2025. There will also be a total closure of the A898 Erskine Bridge southbound On slip from A82 Eastbound with a single fast lane closure installed across the length of the structure.

The closure follows major works on the structure during the weekend of Friday 8th August 2025 to capture the final elements of the surface repair works, replace damaged VRS barriers, complete road markings, and carry-out gantry sign inspections.

Road users are advised to plan their journey times, accordingly, seek alternative routes or follow the standard, agreed diversions outlined below, while the works are taking place. More information is available from [Amey](#).

Staff are reminded to make sure their [personal contact details are up to date on eESS](#).

**It is important to share Core Brief with colleagues who do not have access to a computer.
A full archive of printable PDFs are available on [website](#)**