



Daily update
(2 September 2026, 4.30pm)

Topics in this Core Brief:

- [NHSGGC Quality Improvement Learner Pathway](#)
- [Looking after yourself and others Session – Monday 14 September 10.00am, MS Teams](#)
- [Staff Travel Survey 2026](#)

NHSGGC Quality Improvement Learner Pathway

Following the successful launch of the NHSGGC Quality Improvement Learner Pathway during the June NHSGGC QI Network Event, the Quality Improvement Team are excited to share this valuable new resource more widely across NHS Greater Glasgow and Clyde. Designed to bring clarity to the increasingly complex Quality Improvement learning landscape, the pathway provides a clear and practical guide to help colleagues navigate QI development opportunities available both locally and nationally. You can find the GGC QI Learner Pathway graphic within the GGC QI Network SharePoint pages under the QI Training Opportunities top tab, click [NHSGGC QI Learner Pathway](#) for direct access.

We encourage you to share and promote this accompanying audio information slide [NHSGGC QI Learner Pathway Audio](#), which outlines the QI learning landscape and recommended learner journey for NHSGGC staff. Whether supporting your own development or helping to build improvement capability within teams, services and directorates, we hope this resource will inspire and empower colleagues to take their next steps in Quality Improvement.

If you have any queries at all, then please feel free get in touch via our "QI Training" mailbox - ggc.qitraining@nhs.scot

Looking after yourself and others Session – Monday 14 September 10.00am, MS Teams

Could you do with 45 minutes that is focused on you?

We all have busy days. And sometimes, when work feels especially busy or more complex than usual, things can feel a bit tricky and it can be hard to find a moment to stop.



Our Looking after yourself and others session is a simple 45-minute opportunity to step away from the day, take a breath and focus on you.

Over **6,000 colleagues** have already taken part, finding the session a useful chance to pause, reflect and pick up some simple techniques they can use when things feel a bit much.

The session covers stress, self-care, breathing and relaxation, and gives you the chance to create a few simple actions to support your wellbeing.

No preparation needed. Just 45 minutes for yourself.

Sessions are open to all staff.

Our next session:

Monday 14 September, 10.00am, MS Teams
[Book here](#)

Can't make this date or time? That's okay future dates can be booked below:

Wednesday 28 October at 12.00pm – [Book Here](#)

Friday 20 November at 10.00am - [Book Here](#)

Thursday 17 December at 1.00pm - [Book Here](#)

If online sessions don't suit you can also access it via learnpro. Search for eLearning module GGC 277 to complete ([NHSGGC LearnPro](#))

Other dates and sessions are available and can be booked under the section Level 1: Looking after yourself and others on the [Peer Support webpage](#)

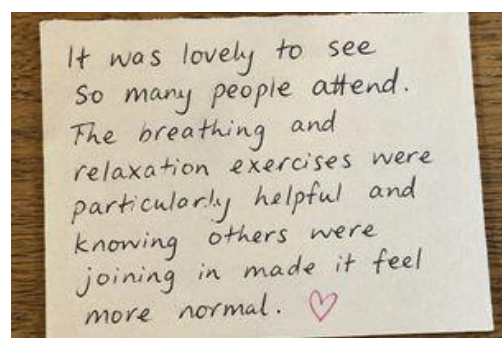
For any question or queries please contact peer.support@ggc.scot.nhs.uk or visit [Peer Support Network - NHSGGC](#)

Staff Travel Survey 2026

We are looking for up to date information on how staff travel to and from work. This is to better understand the transport choices our staff make and to inform our current and future travel planning arrangements. We would appreciate your assistance to complete this survey, which should not take more than 10 minutes. The survey is open until Monday 4th October 2026. By completing the survey, you also can be entered into a prize draw for a chance to win one of 10, £25 One4all gift cards.

The survey can be accessed from [Staff Travel Survey 2026](#).

If you need a paper copy of the survey, please contact the [Travel Plan Office](#).



Remember, for all your latest news stories, visit the Staffnet Hub:

[GGC-Staffnet Hub - Home \(sharepoint.com\)](#)



Sexual Harassment - Cut It Out



If you need help or support, visit: www.nhsggc.scot/sexualharassment

Staff are reminded to make sure their [personal contact details](#) are up to date on eESS.

It is important to share Core Brief with colleagues who do not
have access to a computer.

A full archive of printable PDFs are available on [website](#)