

Core brief

Daily update
(2 September 2024, 3.50pm)

Topics in this Core Brief:

- Data Security Spotlight – Password security
- Hate Incidents - Support to report in NHSGGC
- GGC Medicines Update
- Looking after yourself and others – session this Wednesday
- Launch of new 'Money Advice and Support' app to help staff and patient financial wellbeing

Data Security Spotlight – Password security

Strong passwords and password security are essential to protect the integrity of our systems and our data. Always follow our guidance [here](#) on creating strong passwords and never share your password with anyone else.

Hate Incidents - Support to report in NHSGGC

Something is considered to be a hate incident if the victim or anyone else think the incident was motivated by hostility or prejudice based on one (or more) of the victim's characteristics of disability, race, religion, transgender identity, sexual orientation, age or variations in sex characteristics.

All hate incidents should be recorded on the DATIX incident recording system [Datix Homepage \(scot.nhs.uk\)](#) and, where appropriate, also reported to Police Scotland. No member of staff should be expected to accept behaviours in the workplace that would be unacceptable in our private lives.

Left unchecked and unchallenged, hate incidents undermine our efforts to build a respectful, inclusive and cohesive working environment. We can all make a difference by taking a stand against hate. For more information visit our Hate Crime information page: [Hate Crime - NHSGGC](#).

GGC Medicines Update is a series of blogs with important medicines related messages relevant to all healthcare professionals across NHSGGC. Please see below for new blogs and relevant updates.

New blogs

Click on the following links to access the recently published Medicines Update blogs.

- [Adult Vancomycin Intermittent Infusion Guideline Update](#)
- [Update to the GGC Adult Gentamicin Prescribing, Administration and Monitoring \(PAM\) Chart](#)
- [Update to the GGC Creatinine Clearance \(CrCl\) calculator for use in Adults](#)

Updates

- [MHRA Drug Safety Update - August 2024](#)
- [Formulary Update \(Aug 2024\)](#)

All of our blogs can be found on www.ggcmedicines.org.uk and anyone can join our mailing list by contacting us at Medicines.Update@ggc.scot.nhs.uk

We're also on social media, follow us on: X/Twitter [@NHSGGCMeds](https://twitter.com/NHSGGCMeds)

Looking after yourself and others – session this Wednesday

Remember a time you did something good for your wellbeing? You've done it before, but when we're stressed it's easy to forget about looking after ourselves.

But you can get back to it, even if you feel like you don't have the time or energy.

Join a 'Looking after yourself and others' session to remind yourself about self-care and stress management and learn simple, yet effective techniques to boost yours and others wellbeing. Imagine how great it will feel to find out what one simple change could make a big difference to your wellbeing!

The Peer Support team are delivering an interactive 45 minute live online session on **Wednesday 4 September at 4.00pm**, so sign up and learn about good self-care!

[Book your spot now](#)



Other dates and sessions are available and can be booked under the section *Level 1: Looking after yourself and others* on the [Peer Support webpage](#).

For any question or queries please contact: peer.support@ggc.scot.nhs.uk or visit [Peer Support Network - NHSGGC](#).

Launch of new 'Money Advice and Support' app to help staff and patient financial wellbeing

This new app is now live on the Right Decision Service website.

The cost of living crisis has affected all of us - our patients and our own staff. This new app sets out the support that is available for:



- 1) All NHSGGC staff, including information on the Staff Hardship Fund, home energy support, the NHS credit union and more.
- 2) Hospital staff seeking quick and easy information on the support and services available for patients in relation to money advice and financial inclusion across all of our hospital sites. Staff can also use the app to make a referral to a hospital based money advice/financial inclusion service.

To access the app please use the QR code right or link below:

[NHSGGC – Money Advice and Support](#)

Please help share this information for staff who do not regularly use PC's/laptops by printing and leaving in staff areas/noticeboards.



Remember, for all your latest news stories, visit the Staffnet Hub:
[GGC-Staffnet Hub - Home \(sharepoint.com\)](#)

Staff are reminded to make sure their [personal contact details are up to date on eESS](#).

It is important to share Core Brief with colleagues who do not have access to a computer.
A full archive of printable PDFs are available on [website](#)