

NHSGGC

# Core Brief



**Daily update  
(2 March 2026, 1.30pm)**

Topics in this Core Brief include:

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- [eEES Update – AfC Reduced Working Week hours from 1 April 2026](#)
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## **Support for staff affected by international events**

We recognise that this is a difficult time for all those affected by global events. With this in mind, we want to assure staff that there is support available, both at a national level and through our local services.

These include the [National Wellbeing Hub](#) which provides a range of advice and support, the National Wellbeing Helpline (0800 111 4191) which offers a 24/7 compassionate listening service, and confidential mental health treatment available through the [Workforce Specialist Service](#).

As well as the national support in place, we encourage any staff affected by international events to seek support through our [psychological support services](#), our [peer support network](#), or, to access our range of wellbeing webinars.

You may also find support from our [Spiritual Care Service](#), which is there to offer a listening ear for any member of staff who comes to us with a need to be heard, to be supported, to sometimes be signposted to other appropriate services with consent. They provide confidential, compassionate care that helps staff, students and volunteers to cope when life is particularly challenging and bereavement support may be the focused need for those personally affected by international events.

Our NHSGGC sanctuaries are not religious spaces, they are neutral places open to everyone to use and respect, for whatever reason you may need to 'take time out' to sit in the peace and quiet they provide.

We recognise that during times of conflict, feelings can run high among staff and many of the people we treat and care for. We appreciate your understanding and continued professionalism at such a challenging time.

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### **eEES Update – AfC Reduced Working Week hours from 1 April 2026**

Following the recent Core Brief notifications regarding the reduction in AfC full-time hours from 37 to 36 per week, managers are asked to note the following.

**Managers must not make any eESS changes dated on or after 1 April 2026 until 2 April 2026.**

This temporary pause is required to support a bulk upload being undertaken by the eESS National Team to update records for affected staff, effective **1 April 2026**.

The restriction applies to all future-dated transactions, including (but not limited to):

- **Part-time staff retaining or increasing their existing hours**
- **Annualised hours arrangements**

Avoiding future-dated changes during this period will prevent the creation of records that could block the automatic application of the revised working hours.

Thank you for your cooperation.

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### **Health Care Professions Council (HCPC) Continuous Personal Development (CPD) week**

Calling all Allied Health Professionals – It's HCPC CPD Week! This week the HCPC is encouraging all registrants to reflect, learn and develop as part of their ongoing Continuing Professional Development.

The HCPC will be hosting a series of online learning sessions during the week:

- [Your guide to CPD profiles and audits](#) - Monday 2 March 2026, 1.00pm
- [How professionalism affects your practice](#) - Tuesday 3 March 2026, 1.00pm
- [Your communication and social media](#) - Wednesday 4 March 2026, 1.00pm
- [EDI and your practice](#) - Thursday 5 March 2026, 1.00pm
- [Understanding scope of practice at advanced levels of practice: a learning session](#) - Friday 6 March 2026, 1.00pm

Lots more about HCPC CPD Week 2026, including activities, resources and support can be found on the HCPC CPD webpage - [CPD Week 2026 | The HCPC](#)

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### **NHSGGC Statement on access to weight loss medications**

The NHS Greater Glasgow and Clyde Weight Management Service currently does not prescribe weight loss injectable medications (such as GLP-1 medications) and cannot provide a route to accessing these within NHS Greater Glasgow and Clyde.

Injectable incretin treatments (also known as weight management medicines and by brand names such as Mounjaro® and Wegovy®) help support weight loss in patients with high Body Mass Index (BMI). These treatments include a type called Glucagon-like peptide-1 receptor agonists or GLP1 for short.

NHS Greater Glasgow and Clyde is aware that some patients are accessing these treatments from private (non-NHS) suppliers and has provided additional information which may be helpful to patient care.

This information and the Board's full statement on GLP1s can be found at: [www.nhsggc.scot/your-health/manage-your-weight/access-to-weight-loss-injectable-medications/](http://www.nhsggc.scot/your-health/manage-your-weight/access-to-weight-loss-injectable-medications/)

Please bookmark/add this link to your "favourites" on your browser, or update any previous bookmark with this new link address and share it with relevant colleagues.

For more information on the Weight Management Service, visit [www.nhsgg.scot/manageyourweight](http://www.nhsgg.scot/manageyourweight)

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## Active Bystander Training

'Active Bystander' is an innovative and award-winning training session which provides skills to challenge unacceptable behaviours, including those which may have become normalised over time.

Places can be booked for these 75-minute sessions via the links below. Places are limited, so it's important that if you can no longer attend, you contact us via [ggc.staffexperience@nhs.scot](mailto:ggc.staffexperience@nhs.scot) so that your place can be offered to a colleague:

- [Monday 27 July 2026 from 11.00am to 12.15pm](#)
- [Tuesday 29 September 2026 from 11.00am to 12.15pm](#)
- [Tuesday 27 October 2026 from 10.00am to 11.15am](#)
- [Tuesday 24 November 2026 from 11.00am to 12.15pm](#)
- [Wednesday 27 January 2027 from 3.00pm to 4.15pm](#)
- [Thursday 18 February 2027 from 11.00am to 12.15pm](#)

If you are unable to secure a place due to the session being fully booked, and you are employed on Medical and Dental terms and conditions – please email [ggc.staffexperience@nhs.scot](mailto:ggc.staffexperience@nhs.scot).

If you want to know more about why Active Bystander Training is important, you can watch the video of the Grand Round session delivered last year - [EDI and Active Bystander Training – Moving Beyond the Tick Box](#).

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## LGBTQ+ Staff Forum hosts Blue Light Event as part of LGBTQ+ History Month

On Monday 23 February, the LGBTQ+ Staff Forum hosted a Blue Light Event to celebrate LGBTQ+ History Month. This was a joint event with colleagues from LGBTQ+ networks and associations across Police Scotland, the Scottish Ambulance Service, and the Scottish Fire and Rescue Service.

You can find out more about the event [on Staffnet](#).





**Remember, for all your latest news stories, visit the Staffnet Hub:**  
[GGC-Staffnet Hub - Home \(sharepoint.com\)](https://sharepoint.com/GGC-Staffnet-Hub-Home)

**Getting the right care is as easy as ABC** 

<p><b>A</b></p> <p><b>Ask yourself</b> Do I need to go out? For information on treating minor illnesses and injuries from home, go to <b>NHS inform</b> or download the <b>NHS 24 App</b>.</p>	<p><b>B</b></p> <p><b>Be aware</b> There is help on your doorstep. Your local <b>GP, pharmacy, dental practice and optician</b> offer a range of services.</p>	<p><b>C</b></p> <p><b>Call 111</b> If it's urgent, or you're unsure, call <b>NHS 24</b> on <b>111</b>. They'll get you the care you need.</p>
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**Unless it's an emergency - think ABC before visiting A&E.**  
For more information: [www.nhsggc.scot/rcrp](http://www.nhsggc.scot/rcrp) 

\*\*\*Staff are reminded to make sure their personal contact details are up to date on eESS.\*\*\*

It is important to share Core Brief with colleagues who do not have access to a computer.  
A full archive of printable PDFs are available on the [website](#)