



Daily update
(19 December 2025, 2.30pm)

Topics in this Core Brief include:

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New Copilot features

Copilot can now help you create training videos from Word documents or PowerPoint presentations, design eye-catching infographics to share key information, and make posters such as information notices.

This new functionality is available to all NHSGGC staff with an nhs.scot account.

To try these, visit [Copilot Chat](#), click **Create** on the left-hand toolbar, then choose Video, Infographic, or Poster.

Try turning a child's care plan into a short bedtime story, or make it into a comic strip. Copilot gets new features all the time. To see these and other ideas, visit the [Copilot Hub](#) on Staffnet.

NHSGGC Flexible Working Statement

Flexible working is a key priority for NHS Greater Glasgow and Clyde (NHSGGC), central to our success, efficiency, and commitment to equality. This commitment aligns with our efforts towards [Equally Safe at Work \(ESAW\)](#) accreditation and our ['Cut it Out' programme](#) to tackle Gender-Based Violence (GBV).

While the 'Once for Scotland' [policies](#) provides the procedural framework, this statement clarifies that NHSGGC views flexibility as a powerful tool to promote gender equality and inclusion.

Why Flexibility Matters:

- For Gender Equality: We acknowledge that caring responsibilities, often disproportionately carried out by women, can hinder career progression. Flexible working helps remove these structural barriers, directly linking to ESaW programme goals. It is also critical support for staff affected by GBV

- For NHSGGC: It delivers business benefits, including enhanced recruitment, improved retention due to higher staff morale and loyalty, and increased productivity. It is also a vital mechanism for closing the gender pay gap, and;
- For Staff: It provides a better work-life balance, improved well-being, and essential support for those with health conditions or caring roles.

Flexible Working: Balancing Staff Needs and Patient Care

While we are committed to supporting flexibility, our first responsibility is to patient care. All requests will be carefully considered against the operational needs of your role and department, and we may not be able to approve every request due to service pressures.

Managers are also supported by a new Flexible Working LearnPro training module (search for GGC:350 on LearnPro) to ensure a fair and equitable approach to all requests.

Please approach your manager or HR openly to discuss your options.

Support and advice are available to any member of staff who has experienced harassment:

- Line Management
- Bully & Harassment Confidential Contacts – [Confidential Contacts - NHSGGC](#)
- [HR Support & Advice Unit](#) – contact them via the [HR Self Service Portal](#) or calling 0141 278 2700 (Option 2) if your enquiry is urgent or you would prefer to talk to an HR Assistant.
- You can also contact our anonymous Bullying and Harassment helpline on 0141 201 8545
- Speak Up! - [Speak Up! - NHSGGC](#)
- Spiritual Care Services - [Spiritual Care and Chaplaincy Service - NHSGGC](#)
- Occupational Health Services - [Mental Health and Wellbeing - NHSGGC](#)
- Peer Support Network - [Peer Support Network - NHSGGC](#)
- Civility Saves Lives - [Home | Civility Saves Lives](#)
- The SARC Service - [Turn to SARCS](#)
- Women's Aid – [Support and Advice](#)
- Scottish Domestic Abuse and Forced Marriage Helpline - [Here](#)
- NHSGGC Violence Reduction Service: [Violence Reduction Service \(Health & Safety\)](#)

For more information, visit [Staffnet](#).

Disability History Month: Thank you and what's next

As UK Disability History Month draws to a close, a huge thank you to everyone who stopped by our Staff Disability Forum (SDF) stalls, took part in conversations, and shared feedback about disability in the workplace. This year's programme ran from 20 November to 20 December 2025, and throughout the month colleagues across NHSGGC helped champion inclusion and raise awareness of the support available to staff with disabilities.

Kieran Reilly, Vice Chair, Staff Disability Forum extends his thanks for all staff across NHSGGC: “It has been a fantastic experience for both myself and the Staff Disability Forum to hold stalls across various sites during Disability History Month. These events have provided a valuable opportunity to meet colleagues, listen to their concerns about disability in the workplace, and engage in meaningful conversations.

“We’ve been able to raise awareness of the support available through the Disability Forum and highlight our commitment to creating an inclusive and supportive environment for staff with disabilities. The positive interactions and feedback we’ve received reinforce the importance of continuing the important work of the SDF.”

What we achieved together

- Conversations that matter: Hundreds of colleagues engaged with SDF members at stalls across our sites, including a busy visit to Parkhead Hub on 3 December – with new members signing up and allies pledging their support.
- Awareness of practical support: From reasonable adjustments and the Workplace Adjustment Passport to specialist advice via Occupational Health and Access to Work, staff told us they feel more confident about where to go for help.
- Momentum for 2026: The month reinforced our commitment to building an inclusive, supportive culture all year round.

Need support?

- Occupational Health (confidential advice): occhealth@ggc.scot.nhs.uk | 0141 201 0600
- Reasonable Adjustments: Guidance available on [NHSGGC intranet](#)
- Workplace Adjustment Passport: Download template from [NHSGGC intranet](#)
- Neurodiversity support: Resources for neurodivergent colleagues on [NHSGGC intranet](#)
- Access to Work (UK Government): Get support via gov.uk/access-to-work

Get involved

If you’re passionate about disability equality – whether you identify as disabled or want to be an ally – join the SDF mailing list: ggc.staffdisabilityforum@nhs.scot. We’ll share dates for 2026 stalls, webinars, and meetings soon.

Nearly 1,000 NHS staff sign up to menopause pilot

We’re pleased to share an update on the Adora Digital Health pilot - part of the CivTech Challenge for menopause - as more than 700 NHS Greater Glasgow and Clyde staff members have now signed up.

Adora provides evidence-based guidance to help women navigate perimenopause and menopause with greater confidence.

As of today, 702 members of staff have registered with Adora. This rises to 964 when including NHS Ayrshire and Arran, where the service is also being piloted, demonstrating high levels of interest.

Staff feedback during this NHS pilot is essential. Adora is now gathering insights into

which features and information staff find most helpful and relevant, and what they'd like to see in future. Therefore, if you have signed up for Adora's webinars or downloaded the app, please look out for the Adora user experience feedback survey which will be sent to the email address you used to register with Adora. The researchers would really welcome your response whether you have used the service a little or a lot. All feedback is confidential.

If you have not yet signed up, or know a member of staff who might benefit from additional peri/menopause support, you can download the app at: www.adora.health/app-download

Please use the code NHSGGC2.

To learn more about the staff pilot and research, please visit <https://www.adora.health/civtech-pilot-nhs-staff>

Remember, for all your latest news stories, visit the Staffnet Hub:
[GGC-Staffnet Hub - Home \(sharepoint.com\)](http://GGC-Staffnet Hub - Home (sharepoint.com))



Staff are reminded to make sure their [personal contact details are up to date on eESS](#).

It is important to share Core Brief with colleagues who do not have access to a computer.

A full archive of printable PDFs are available on [website](#)