

Core brief

Daily update

(18 May 2022, 2.30pm)

Topics in this Core Brief:

- KSF PDP&R Reviewers – Access to live compliance information on Turas Appraisal Dashboard
- Launch of new Type 2 Diabetes Automatic Referral Pathway
- Introducing a new activity to your Active Staff online programme

KSF PDP&R Reviewers – Access to live compliance information on Turas Appraisal Dashboard

Do you know that the Turas Appraisal Dashboard provides reviewers and managers with live 24/7 PDP&R information for NHS staff directly reporting to them, giving an overview of:

1. when KSF PDP&Rs are due, highlighting actions to plan and prepare for
2. named list of staff for whom the reviewer/ manager is responsible for
3. compliance progress on agreeing and signing off a KSF PDP&R conversation

Log in to Turas Appraisal to view Dashboard here <https://turasappraisal.nes.nhs.scot>
Access Turas Appraisal Dashboard *How To* guide here - [Turas Appraisal \(nhsqgc.org.uk\)](https://turasappraisal.nes.nhs.scot/guides/how-to)

Launch of new Type 2 Diabetes Automatic Referral Pathway

The support provided immediately following an individual's diagnosis with Type 2 Diabetes is key for their ongoing management of the condition and their long term outcomes. In order to help patients understand their diagnosis and make meaningful lifestyle changes, we are delighted to be launching our automatic referral pathway for newly diagnosed Type 2 Diabetics.

What this means is that all patients in NHSGGC who are diagnosed with Type 2 Diabetes from 1 May 2022 will be automatically contacted by our T2D Hub and invited to our structured education programme, Control It Plus. Alongside this, patients will have the opportunity to engage with Glasgow and Clyde Weight Management Services and Quit Your Way smoking cessation support, if eligible, as well as the board's physical activity referral scheme, Live Active.

For more information on the Control It Plus programme visit our webpages [here](#). If you have any questions about our services or the pathway itself, please feel free to get in touch, email: ggc.type2diabeteshub@ggc.scot.nhs.uk or tel: 0141 531 8901 (Mon-Fri, 08:30-16:30).

Introducing a new activity to your Active Staff online programme

We all need some spiritual wellbeing and laughter in our lives, right?

Active Staff has introduced a new activity to your programme. Live over Microsoft Teams, starting on Thursday 16 June from 7pm – 8pm, you can get involved with 'Laughter Yoga'.

Laughter Yoga is an activity that can be enjoyed by anyone, regardless of your personal situation. It does not depend on your fitness levels or your mobility.

Our bodies don't know the difference between fake and real laughter. Combine this with Yogic breathing, our bodies are given the opportunity to feel more energetic, healthy and reap the psychological and physiological benefits. By the end of the session you will feel refreshed and happy.

You can read more about the [benefits](#) of Laughter Yoga [here](#) and to book a place click [here](#).

Lateral Flow Tests - available to staff who work with patients and service users in face-to-face settings

Speak to your line manager about where to collect your test kit, then:

		
Register your kit	Test twice per week	Record your results

Keep your colleagues and patients safe from COVID-19
Help stop the spread!

Visit: www.nhsggc.scot/staff-recruitment/lft-staff

Please keep up-to-date with the latest guidance on our dedicated web pages at: www.nhsggc.scot. If you have any questions about the current situation please check the FAQs first. If you have any further questions, please email: HR.Support@ggc.scot.nhs.uk.

Staff are reminded to make sure their [personal contact details are up to date on eESS](#).

Are your contact details up-to-date? [Click here](#) to check