

# Core brief

## Daily update

(18 February 2025, 11.55am)

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- Last chance to enter our Excellence Awards
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- Looking after yourself and others – session 26 February
- Your Voice Matters: How we are using your iMatter feedback
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## Last chance to enter our Excellence Awards

Tomorrow (Wednesday 19 February) is the deadline for entries to our Excellence Awards.



If you haven't yet told us about your colleagues that you feel have made a special difference to their patients, colleagues or improved ways of working, now's the time to do it!

To nominate visit, [www.nhsggc.scot/excellenceawards](http://www.nhsggc.scot/excellenceawards).

## Patients share benefits of virtual consultations

Patients have highlighted some of the main benefits of virtual consultations - as a survey suggests almost two-thirds of those who've had one were happy with their experience.

NHS Greater Glasgow and Clyde wants to increase its use of video and telephone appointments, which can make it easier and more flexible for patients to attend by reducing the time and costs associated with travel.

A [survey](#) found that the majority of respondents who have had a virtual consultation previously would do so again, with 63% saying they were very satisfied or satisfied with the way their appointment was carried out.

And highlighting some of the key benefits, more than a fifth (22%) listed not having to travel, while 19% said virtual consultations were good for people with mobility issues.

All staff are encouraged to consider how they might incorporate virtual consultations into patient care. Read more about virtual consultations [here](#).

Further information, including demonstrations of using the Near Me platform, can be found [here](#). You can find the latest clinical guidance and other useful information on virtual consultations [here](#).

## Looking after yourself and others – session 26 February

Stress can impact our mental and physical health, and forgetting about our own self-care means we are less able to look after others. That's why it is so crucial for us to understand and prioritise self-care.



'Looking after yourself and others' sessions teach you about self-care and stress management and provide simple, yet effective techniques to boost yours and others wellbeing. Learning how to cope with stress can help us feel better and more satisfied with life!

The Peer Support team are delivering an interactive 45-minute live online session on **Wednesday 26 February** at **2.00pm**, so sign up and learn how to manage your stress!

### [Book your spot now](#)

Other dates and sessions are available and can be booked under the section *Level 1: Looking after yourself and others* on the [Peer Support webpage](#).

For any question or queries please contact: [peer.support@ggc.scot.nhs.uk](mailto:peer.support@ggc.scot.nhs.uk) or visit [Peer Support Network - NHSGGC](#).

## Your Voice Matters: How we are using your iMatter feedback

Did you know that NHSGGC uses staff feedback to inform our plans, strategies and improvement activities?

Every year, we use the information you give us through the iMatter questionnaire alongside other staff feedback mechanisms, to build a picture of your experience at work and drive improvement forward where we know your feedback can make a difference.

In iMatter 2024, over 27,000 staff responded, and you helped develop 2,127 team action plans. That's over 2,000 reasons to celebrate and potentially over 6,000 improvement actions being progressed. This is fantastic to see!

However, we know there are big themes which impact across the Board, and we've taken these into account when developing our NHSGGC Staff Experience Board Action Plan 2024/25.

### **Your input makes a difference:**

Information you provided from the 2024 iMatter survey, our Collaborative Conversations programme, and Investors in People actions have all contributed to the action plan, which has been developed and approved in partnership with our Area Partnership Forum.

The board plan was discussed and agreed by our Corporate Management Team – the most senior leaders in NHSGGC - to address key areas you highlighted, including:

- **Staff wellbeing:** Enable wellbeing events to be more accessible to all, and your ability to attend supported by line managers
- **Leadership visibility:** Make visible the senior roles within the organisation, available to all staff, via Staffnet
- **Communication and engagement:** Ensure all managers feel well equipped to undertake person-centred engagement discussions with their teams
- **Learning and development:**
  - Clearer career development pathways, supporting succession planning across the Board; and
  - Enabling new starts to the organisation, or to teams, to feel supported from day one, with key individuals available to support in each team
  - Thank you for sharing your experience with us and helping shape our development plans.

And, importantly, through the plan, we celebrate the theme of staff aligning with and living out the NHS Scotland values, as well as the patients and service users being at the heart of everything you do.

This is incredibly apparent in every conversation we have, and feedback we receive. Well done!

### **Stay Informed, Stay Engaged:**

- You can find details of the 2024 iMatter results and planned actions for 2025, along with a progress update on the 2024 plan, via this [link](#).

- Look out for the 2025 iMatter survey coming soon – you'll find the schedule via this [link](#). This is your opportunity to share your experiences and contribute to shaping the future of NHSGGC.

## Nutrition and Hydration Week 2025!

To recognise Nutrition and Hydration Week 2025 which takes place on 17 – 23 March, there will be various events across NHSGGC.



Wednesday 19 March is the Global Tea Party, on this day we invite all our clinical teams to take part and hold tea parties in their clinical areas.

Not only does this show your commitment to nutritional care and help improve nutritional intake for your patients, it is also a great way to bring people together and create some joy and fun.

We would love it if you could let us know if you are holding a Global Tea Party in your area. Perhaps you are organising a staff bake off or having an afternoon tea, if so, we would love to hear about it by emailing [ggc.foodfluidandnutrition.practicedevelopment@nhs.scot](mailto:ggc.foodfluidandnutrition.practicedevelopment@nhs.scot) or visit [Acute Food Fluid and Nutrition](#) for more information.

Remember, for all your latest news stories, visit the Staffnet Hub:  
[GGC-Staffnet Hub - Home \(sharepoint.com\)](#)



\*\*\*Staff are reminded to make sure their [personal contact details are up to date on eESS](#).\*\*\*

It is important to share Core Brief with colleagues who do not have access to a computer.  
A full archive of printable PDFs are available on [website](#)