

Message from Jane Grant, Chief Executive (17 May 2024, 12noon)

I'd like to start by thanking all the staff at Dumbarton Joint Hospital for welcoming me on a visit with West Dunbartonshire HSCP Chief Officer, Beth Culshaw, last Friday. I was highly impressed by the professionalism and dedication of everyone I had the pleasure of meeting. Dumbarton Joint Hospital provides excellent care to our patients via the Community and Older Adults Mental Health teams, Older Adults Complex Care ward alongside the Addictions team and the Mobile Harm Reduction Unit. It is clear that delivering high-quality, safe, person-centred, and effective care underpins all of the work there.

We are just a couple of weeks away from our annual Celebrating Success Awards event, where we will honour the achievements of our staff from the past year. I am delighted to announce that all submitted nominations have been reviewed, and the shortlist of nominees has now been published on our website which you can view <u>here.</u> I wish everyone the best of luck and extend my gratitude to all staff who took the time to nominate their colleagues for the exceptional health and social care work carried out across NHSGGC. Over the next week, we will also spotlight some of the finalists in the Core Brief in the run up to the event.

Renfrewshire HSCP recently hosted their own local Awards, and I'd like to congratulate the winners.

RAH's Ward 37 MDT team was recognised as Team of the Year, while Jennifer Phillips, Community Learning Disability Nurse, was awarded Employee of the Year. 'Doing Well' and community wellbeing Nurse Team Leader, Yvonne Du Pon scooped Leader of the Year, while the Care Home Nursing Support Team was recognised as Innovator of the Year. The Chief Officer Award went to the Renfrewshire Delayed Discharge Team, and the Improving Our Workplace award was given to Business Support Manager, Laura Docherty. Community Treatment Room Nurse Co-ordinator, Megan Achara, won Best Supporting Role, and the CAHSC Project's James McGuire was awarded the Community Involvement Award.

This week marks Mental Health Awareness Week, and I want to use the opportunity to spotlight some of the resources we have available to staff across NHSGGC to ensure everyone is aware of, and can access, the support available to

them. We host a dedicated wellbeing hub on our <u>website</u> as the first port of call, which contains a broad range of information to help manage mental health and wellbeing. I would encourage everyone to familiarise themselves with the support available. I would also like to highlight the opportunity from the Peer Support Team to complete the 'Looking after Yourself and Others' module to manage stress, with a number of dates available to take part throughout the year, which can be accessed <u>here</u>.

Finally, this week, I'd like to share some positive feedback from the Quit Your Way service and specifically, Health Improvement Practitioner Louise Logue. The dedicated staff of the NHS Smoking Cessation team play a key role in supporting patients through their smoking cessation journey. Thanks to Louise and the team for your support to patients.

"Can't believe I've stopped smoking for over three months now. My advisor Louise phoned me every week to see how I was getting on. She even sorted out a problem I had at my chemist really quickly, and I looked forward to her checking on me. She listened to me and helped me. When I had a blip at the start, she encouraged me to put it behind me and keep going. Normally I would have given up, but she was so supportive. My asthma has improved. I'm not using my inhalers as much, and I have more money for other stuff. Thank you for your help and support. Great service."

> It is important to share Core Brief with colleagues who do not have access to a computer. A full archive of printable PDFs are available on the <u>website</u>