

Core brief

Daily update

(17 May 2023, 11.45am)

Topics in this Core Brief:

- eESS Teams have moved to a new telephone system – Netcall
- Autumn/Winter 2022/23 Flu and COVID-19 Vaccination Programme Staff Survey
- Greater Glasgow and Clyde Healthcare Charity
- Showcasing our staff – The Rainbow Garden
- World Hypertension Day
- NHSGGC Peer Support - Looking after Yourself and Others

eESS Teams have moved to a new telephone system – Netcall



To make it easier to contact us, the **eESS Technical Team** telephone numbers have changed to the same number as the eESS Support Team – 0141 278 2700 (Option 5). Once you select Option 5, you will then be provided with the following options:

- **Press 1 to contact the eESS Support Team** for support with payroll transactions, password resets, arrange eESS training and general eESS enquiries
- **Press 2 to contact the eESS Technical Team** for assistance with hierarchy updates, proxy user set up and Pending Report failed payroll transactions
- **Press 3** for Workforce Data Quality issues or to speak to the eESS/Workforce Data Quality Lead.

We are also extending our opening times on a trial basis and phone lines will now be now open between 9.00am and 3.00pm, Monday to Friday.

Autumn/Winter 2022/23 Flu and COVID-19 Vaccination Programme Staff Survey

We are conducting this survey so we can better understand the choices staff make around vaccination and how we can improve communication, information about the vaccines, and the overall vaccination experience for staff in future.

All NHS Greater Glasgow and Clyde health care staff are invited to participate. We are keen to find out about your experience of the recent flu and COVID-19 vaccination programmes regardless of whether you were vaccinated or not.

It will only take 10 minutes to complete this short survey:

<https://link.webpolsurveys.com/S/8A1BFA7C0B4D29F6>

We value your thoughts and opinions and this will be used to make information and access to vaccination better in the future.

The survey closes on 31 May. Thank you for taking the time to complete the survey.

Greater Glasgow and Clyde Healthcare Charity

The Greater Glasgow and Clyde Healthcare Charity (formerly the NHSGGC Endowment Fund) exists because of the generosity of the Greater Glasgow and Clyde Community.



They are responsible for managing the generous donations made by our supporters to ensure that they are used to provide benefits for our staff and patients, to enhance our services, and to provide support in our communities.

The charitable fund is utilised as a way to support patients to have the best possible healthcare experience. As such, the donations received are only used to enhance the services of NHS Greater Glasgow and Clyde, rather than supplement or replace core funding.

The charity provide millions of pounds of charitable funding every year, supporting the advancement of health and wellbeing by providing services and facilities to:

- Help improve the physical and mental health of the population
- Fund important health related research and innovation projects
- Support education and development.

The charitable fund continues to be open for staff to apply for funding for projects that meet this criteria and you can find out more information on how to apply for funding on our [website](#).

Showcasing our staff – The Rainbow Garden

Today we are showcasing our last Excellence Award winner for 2023, and that is the Volunteer winner, The Rainbow Garden.



After seeing a patch of ground at the Larkfield Unit at Inverclyde Royal Hospital, Sandra Forbes set about transforming it into a colourful, tranquil green garden enjoyed by patients, visitors and community groups. Now that the garden is looking spick and span, this new outside space is a hive of activity.

[Click here](#) to read more about all the award winners.

World Hypertension Day

World Hypertension Day, 17 May, is a day to educate and increase awareness of hypertension.

The Connect Me (InHealthcare) blood pressure monitoring service increases awareness of what blood pressure readings mean and enables more control of health and lifestyle changes to help better manage blood pressure.

This service uses a person's own devices (phone or email access) and sometimes small basic medical equipment to enable individuals to share information with health care professionals and/or automated monitoring services. This helps them to safely self-manage their health needs from home or wherever is convenient for them.

Over 1,000 patients have now been registered across 50 practices in Greater Glasgow and Clyde and this has been well received.

This pathway is now available for use in Greater Glasgow and Clyde and a number of blood pressure monitors have been nationally procured for distribution to GP practices who wish to participate in the programme.

More information and a video outlining both the service and use of the application can be found here: [National Blood Pressure Service | TEC Scotland](#)

To register to be involved in the project and to start using the application for blood pressure monitoring, please email providing your practice details or send them to: National.Portfolio@ggc.scot.nhs.uk.

NHSGGC Peer Support - Looking after Yourself and Others

Our Peer Support Framework provides an online module, Looking after Yourself and Others, designed for all staff and structured on the following themes:



1. Understand what a normal response to stress is
2. Understand the basic elements of Psychological First Aid
3. Wellbeing - Learn how to care for ourselves
4. Peer Support - How to support our colleagues



The module is available on: Learnpro – GGC 277: Looking after Yourself and Others [learnPro NHS - Login \(learnprouk.com\)](https://learnpro.nhs.uk) and for NHSGGC/HSCP staff and social care staff on their Local Authority learning platforms.

Further resources for staff mental health and wellbeing can be found on HR Connect [Mental Health and Wellbeing - NHSGGC](#). To find out more about Peer Support in NHSGGC please email: peer.support@ggc.scot.nhs.uk

Module outline - Section 4 Peer Support - How to support our colleagues

- Being aware of how your colleagues are doing
- Provide a friendly ear to listen to them
- Give reassurance that feeling stressed is normal in abnormal circumstances
- Suggest some of the strategies mentioned previously, or to have a recap of this module
- If you are worried about how they are coping, suggest they talk to the line manager, a Peer Supporter or Occupational Health for extra support.

Staff are reminded to make sure their [personal contact details are up to date on eESS](#).

It is important to share Core Brief with colleagues who do not have access to a computer.
A full archive of printable PDFs are available on [StaffNet](#)