



Daily update
(17 February 2026, 10.40am)

Topics in this Core Brief include:

- [Show your colleagues that you care! Celebrate Random Acts of Kindness Day today](#)
- [Once for Scotland – Phase 2.2 Awareness Sessions](#)

Show your colleagues that you care! Celebrate Random Acts of Kindness Day today

Today marks Random Acts of Kindness Day! This day is dedicated to promoting kindness and encouraging individuals to perform small, unexpected acts of kindness. The idea is to inspire people to spread positivity in their communities and workplaces through thoughtful gestures.



This links into our [Civility Saves Lives](#) initiative, encouraging us all to contribute to a culture of kindness and compassion.

Get involved! Send us your photos or stories of how you're celebrating, and we'll share on Staffnet and our socials. You can do this via email to Caragh in the Internal Comms team: caragh.cheesman@nhs.scot

Here are just a few things you could do to show those around you that you care:

- Ask your colleagues how they're doing, or say a simple thank you for their contribution that day
- Get some treats to share at break time
- Tell three colleagues, either in person or online, things you like about working with them
- Say hello to three people you've not spoken to before and see how their day is going
- Pay-it-forward to create a 'kindness chain' - for example, buying coffee or lunch for the person behind you in the queue, encouraging others to do the same kind acts.

You can find ideas and resources, and more information on Civility Saves Lives, [on Staffnet](#).

Once for Scotland – Phase 2.2 Awareness Sessions

Phase 2.2 of the *Once for Scotland* workforce policies has been in place since **August 2025**. This phase included new policies and guides across gender-based violence,

racism, reasonable adjustments, and sexual harassment, as well as updates to existing policies.

We are offering two short awareness sessions to support ongoing understanding and implementation. These sessions aim to:

- Reinforce awareness of the Phase 2.2 changes
- Provide space for managers and staff to ask questions

To learn more, sign up for the sessions below and read more about the key changes in [this document](#).

Session Details (Microsoft Teams):

- **Friday 20 August | 1:00pm – 2:00pm**
Join here: [Once for Scotland Phase 2.2 Awareness Session | Meeting-Join | Microsoft Teams](#)
- **Wednesday 25 August | 10:00am – 11:00am**
(Teams meeting link as generated for this scheduled session)
Join here: [Once for Scotland Phase 2.2 Awareness Session | Meeting-Join | Microsoft Teams](#)

One of these sessions will be **recorded** and made available for those unable to attend.

Remember, for all your latest news stories, visit the Staffnet Hub:

[GGC-Staffnet Hub - Home \(sharepoint.com\)](#)



Getting the right care is as easy as ABC 

A Ask yourself Do I need to go out? For information on treating minor illnesses and injuries from home, go to NHS inform or download the NHS 24 App.	B Be aware There is help on your doorstep. Your local GP, pharmacy, dental practice and optician offer a range of services.	C Call 111 If it's urgent, or you're unsure, call NHS 24 on 111. They'll get you the care you need.
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Unless it's an emergency - think ABC before visiting A&E.
For more information: www.nhsggc.scot/rcrp 

Staff are reminded to make sure their [personal contact details](#) are up to date on eESS.

It is important to share Core Brief with colleagues who do not have access to a computer.
A full archive of printable PDFs are available on [website](#)