

# Core brief

## Daily update

(16 June 2025, 10.50am)

Topics in this Core Brief:

- Thank you for your participation in the iMatter questionnaire!
- Looking after yourself and others – session 26 June
- Scottish Health Awards 2025

## Thank you for your participation in the iMatter questionnaire!

We want to say a huge thank you to everyone who has taken the time to participate and share your views in the iMatter questionnaire during 2025 so far. An incredible 25,718 staff have responded to date.

As the questionnaire draws to a close, we want to ensure that your valuable feedback is used not only to celebrate success but also to shape improvements moving forward. This is a great opportunity for everyone in local teams to come together, discuss results, and develop actions that will improve our staff experience in the teams and locations where you work.

Ann Cameron-Burns, Employee Director, said: "I encourage all teams to fully engage in the Action Planning phase of iMatter. Take the time to review your reports and celebrate your team strengths together, as well as identify areas where we can make positive changes to support a better work experience for everyone. The Action Planning phase is a critical part of the iMatter programme."

Your voice truly matters in helping us create a Better Workplace for all.

To find out more about accessing the system, the available support guides, and the timescales for the action planning period, please visit [HR Connect](#).

## Looking after yourself and others – session 26 June

Many of our staff have already participated in our 'Looking after yourself and others' sessions and learned valuable tips on self-care, stress management and simple, yet effective techniques to boost yours and others wellbeing.



Our recent attendees have said: "It was very good and helped me to alleviate my stress", "It was a really effective session and my tension levels really went down".

The Peer Support team are delivering an interactive 45-minute live online session on **Thursday 26 June at 2.00pm**, so follow in the steps of your colleagues and join us!

[Book your spot now](#)

Other dates and sessions are available and can be booked under the section *Level 1: Looking after yourself and others* on the [Peer Support webpage](#)

For any question or queries please contact: [ggc.peer.support@nhs.scot](mailto:ggc.peer.support@nhs.scot) or visit [Peer Support Network - NHSGGC](#)

## Scottish Health Awards 2025

Nominations are now open for this year's Scottish Health Awards.

These awards recognise the contribution of frontline health and social care workers but also celebrate those who work so hard behind the scenes in support roles to ensure we have the kind of health and care services that are vital in achieving the highest quality of care.



Nominate today and help celebrate the extraordinary achievements in Scotland's health sector.

The 2025 categories are:

- Support Worker
- Innovation
- Volunteers
- Midwife
- Allied Health Professional
- Global Citizenship
- Care for Mental Health
- Integrated Care
- Tackling Health Inequalities
- Leader of the Year
- Nurse
- Doctor

- Healthcare Scientist
- Pharmacist
- Young Achiever
- Top Team
- Reader's Choice – Unsung Hero/Heroes

The Reader's Choice Award will be put to a public vote after nominations close. Once the judging panel has selected the most inspiring nominations, you'll be able to vote for your winner in this category.

You can nominate by visiting: <https://www.scotlandshalthawards.co.uk/>

Entries close on Sunday 17 August 2025.

Remember, for all your latest news stories, visit the Staffnet Hub:  
[GGC-Staffnet Hub - Home \(sharepoint.com\)](https://www.scotlandshalthawards.co.uk/)

**Be Phishing and Vishing Aware!**

Phishing and Vishing are forms of social engineering, a technique used to gain access to private information, often via email. It can cause a huge amount of damage, disruption and distress. To help prevent social engineering attacks at NHSGGC and at home, remember N.E.T.

**NHS**  
Greater Glasgow and Clyde

<p><b>No Trust</b> Verify, via alternative means, the identity of those sending unexpected messages, even if the contacts are known to you.</p>	<p><b>Educate Yourself</b> Complete the Security and Threat module on LearnPro. Check online sources to see if emails, SMS messages or other forms of social engineering attacks are known or commonplace. Remember, educating yourself can protect you in both your work and personal life.</p>	<p><b>Think First</b> Successful attacks generally require a sense of urgency. Stop! Take a moment to reflect and investigate, this can show these attacks for what they are.</p>
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Managing technology and data safely and securely is everyone's responsibility throughout NHSGGC.  
 For further information, visit: [FAQ---IT-Security-v0.2.pdf](#)

\*\*\*Staff are reminded to make sure their [personal contact details are up to date on eESS](#).\*\*\*

It is important to share Core Brief with colleagues who do not have access to a computer.  
 A full archive of printable PDFs are available on [website](#)