



Daily update
(15 September 2026, 9.50am)

Topics in this Core Brief:

- [The Public Health team debunk five common myths about the flu vaccine](#)
- [Speak Up Week 2026: Join our webinars and get involved](#)
- [Staff Travel Survey 2026](#)



Getting your flu jab is your shield, protecting you from serious illness, reducing your risk of hospitalisation, and helping us all to safeguard our patients, colleagues, and loved ones.

However, in a recent study conducted by NHSGGC and Media Education, colleagues highlighted several myths around getting their flu jab.

Now, as part of Staff Vaccination Fortnight, the Public Health team are here to address the top five myths about the flu vaccination and give you the truth behind the rumours.

Read [the full article on Staffnet](#), or find a [print-friendly PDF on the NHSGGC website](#) to share with colleagues who do not have access to a computer.

Fighting flu. It starts with you!

Speak Up Week 2026: Join our webinars and get involved

Speak Up Week returns from 29 September to 2 October and provides an opportunity for us all to reflect on how we create an environment where people feel safe to raise concerns, share ideas, challenge inappropriate behaviour and contribute to continuous improvement.



Every voice matters, and every conversation is an opportunity to learn. As part of this year's programme, staff are invited to attend three online webinars exploring different aspects of speaking up and psychological safety.

Tuesday 29 September, 1.00pm – 1.45pm

Demystifying Whistleblowing

Led by Mandy Crawford

This session will help staff understand what whistleblowing is, when it may be appropriate, what support is available and how concerns are handled within NHS Scotland.

<https://link.webpolsurveys.com/EP/7F66CAE735D40574>

Wednesday 30 September, 12noon - 1.45pm

Speaking Up About Sexual Harassment

Led by Anthony Craig

This session will explore the support available to staff who experience or witness sexual harassment and why creating safe workplaces depends on people feeling able to speak up.

<https://link.webpolsurveys.com/EP/8162DC87AB9676EB>

Thursday 1 October, 11am- 11.45am

Creating Psychological Safety in Your Service

Led by Heather Connolly, Occupational Health

This practical session will explore how leaders and teams can create environments where people feel respected, included and confident sharing concerns, feedback and ideas.

<https://link.webpolsurveys.com/EP/1319501070F47EEE>

Throughout the week we will also be sharing blogs, videos and resources highlighting the many ways staff can access support and raise concerns. We will also be visiting a number of sites with resources for local teams to share with their staff. Please keep an eye out for our stands.

Staff Travel Survey 2026

We are looking for up to date information on how staff travel to and from work. This is to better understand the transport choices our staff make and to inform our current and future travel planning arrangements. We would appreciate your assistance to complete this survey, which should not take more than 10 minutes. The survey is open until Monday 4 October 2026. By completing the survey, you also can be entered into a prize draw for a chance to win one of 10, £25 One4all gift cards.

The survey can be accessed from [Staff Travel Survey 2026](#).

If you need a paper copy of the survey, please contact the [Travel Plan Office](#).

Remember, for all your latest news stories, visit the Staffnet Hub:

[GGC-Staffnet Hub - Home \(sharepoint.com\)](#)



Fighting Flu. It starts with you!

NHS
Greater Glasgow
and Clyde

The flu vaccine is available to **all** frontline health and social care workers and **all** NHS staff.



Find out more



Staff are reminded to make sure their [personal contact details are up to date on eESS](#).

It is important to share Core Brief with colleagues who do not have access to a computer.

A full archive of printable PDFs are available on [website](#)