



Daily update
(15 October 2026, 11.15am)

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Learning Disability Nurses Day 2026

Calling all Learning Disability Nurses working within NHSGGC

Join NHSGGC Specialist Learning Disability Services in celebrating Learning Disability Nurses Day 2026 on 3 November 2026, from 1.00pm – 3.00pm, at the Teaching and Learning Centre, Room L0-006, QEUH.

This is a wonderful opportunity to come together, recognise the invaluable contribution of Learning Disability Nurses, connect with colleagues, and take part in an inspiring afternoon of learning and celebration.

All registered Learning Disability Nurses are warmly invited, and we would be delighted to welcome you to this special event.

Save the date!

 To reserve your place, click the booking link below or scan the QR code right.



To book visit: <https://link.webpolsurveys.com/EP/3AE21C6FF3FC09D4>

PHOENIX trial recruits more than 3,000 participants

A major milestone has been reached in the PHOENIX trial, with more than 3,000 patient participants recruited to the pioneering study exploring how genetics can help personalise medicines. A total of 3,021 participants were enrolled and randomised over an 18-month period.

Co-sponsored by NHS Greater Glasgow and Clyde and the University of Glasgow, PHOENIX is investigating whether pharmacogenomic testing can help clinicians prescribe safer and more effective medicines based on an individual's genetic make-up. The study is one of the largest of its kind in the UK.

Participants have been recruited from a wide range of specialties across NHSGGC and NHS Golden Jubilee, including stroke, cardiology, orthopaedics, surgery, mental health and outpatient services.

Participants will continue to be followed up until the end of 2026, with the main trial results expected in the new year.

Researchers, led by Professor Sandosh Padmanabhan and Dr Stefanie Lip, hope the findings will provide valuable evidence on how pharmacogenomic testing could support more personalised prescribing across the NHS.

Spiritual Care Day

On 21 October the Spiritual Care Service will be celebrating Spiritual Care Day across NHSGGC. We have a number of activities taking place across NHSGGC and we invite all staff, volunteers, visitors and patients to engage with us.

Our focus this year is on staff wellbeing. Throughout the day there is an online programme for all staff: <https://forms.cloud.microsoft/e/nSzdjeWxPX>

In some of our inpatient mental health sites a number of drop-in sessions on kindness and mindfulness will be offered.

GRH - Amitashuri.yule@nhs.scot

Kindness Spaces

A moment to pause, breathe and reconnect.

Offering a 15-minute session in the Sanctuary, supporting kindly awareness with a short, guided reflection, a poem and a moment of stillness.

On the hour: 10.00am, 11.00am, 1.00pm, 2.00pm, 3.00pm (and 4.00pm on a ward).

Stobhill - Abhayavaca.jackson@nhs.scot

30-minute slots which will include a simple mindfulness meditation in the Sanctuary.

Meditation slots at 10.15am, 11.00am, 11.45am, 12.30, 1.15pm and 2.00pm.

Leverndale Hospital - Tony.oleh@nhs.scot

9.00am – 12.00noon: Spiritual Care stall in the café

12.30pm – 2.00pm: One-to-one reflective mindfulness sessions for staff in the Spiritual Care Office (15-minute slots).

Dykebar Hospital - tony.oleh@nhs.scot

2.30pm – 5.00pm: One-to-one reflective mindfulness sessions for staff in the Spiritual Care Room at Arran ward (15-minute slots).

Staff can book at the café stall or by contacting: tony.oleh@nhs.scot, and drop-ins are welcome if a slot is free.

Across many of our acute sites chaplains will hold stalls between 10.00am – 12.00pm in the main atrium/foyer areas.

QEUH - Deanna.tyndall@nhs.scot

Staff Wellbeing Stall 10.00am – 12.00noon

In the atrium between Camden Food and the Arran lifts

Langlands - James.ward@nhs.scot

Staff Wellbeing Stall 10.00am – 12.00noon
Main Foyer

RHC - Ishaku.bitrus@nhs.scot

Staff Wellbeing Stall 10.00am – 12.00noon
Main RHC Atrium

GRI - Mary.wylie@nhs.scot

Staff Wellbeing Stall 10.00am – 12.00noon.
Between wards 23 and 24 Centre block

RAH - Louise.chittick@nhs.scot

Stall in the glass corridor from 10.00am – 12.00noon, with opportunities to engage with meaningful interactive activities.

IRH - Jeanette.Peel@nhs.scot

Staff Wellbeing stall 10.00am – 12.00pm, Main Foyer

GGH - General Stall, 10.00am – 12.00noon, Gartnavel main entrance area near Dekko Coffee shop.

Remember, for all your latest news stories, visit the Staffnet Hub:

[GGC-Staffnet Hub - Home \(sharepoint.com\)](https://sharepoint.com)



Staff are reminded to make sure their [personal contact details](#) are up to date on eESS.

It is important to share Core Brief with colleagues who do not have access to a computer.

A full archive of printable PDFs are available on [website](#)