

# Core brief

## Daily update

(15 March 2023, 2.00pm)

Topics in this Core Brief:

- ePayroll update
- World Delirium Awareness Day – 15 March 2023
- Young Carers Action Day
- Managed Clinical Network for Diabetes – Save the date

## ePayroll update

Please note ePayroll will be unavailable from 7.00pm on Thursday 23 March 2023 for approximately five days due to Financial Year End Processing.

ePayslips for Monthly paid employees will be available from Wednesday 22 March until 7.00pm on Thursday 23 March.

Please access your ePayroll account within this timeframe otherwise you will need to wait until the system resumes normal service.

Copy payslips cannot be issued due to system closure.

- Weekly paid employees paid on 24 March – ePayslips available 20 March.
- Weekly paid employees paid on 31 March – ePayslips available 29 March.
- Monthly paid employees paid on 30 March – ePayslips available 22 March.

## World Delirium Awareness Day – 15 March 2023

Today is World Delirium Awareness Day and we invite our teams to demonstrate that Delirium is Everybody's Business by using the [NHSGGC Delirium Care Bingo Card](#).

Everyone in the team can and should be able to identify care actions they can do, so you can all work together to get a line, four corners, or a full house then share on twitter with @NHSGGC, #WDAD2023 and #deliriumcarebingo. You can even use the free space to create your own Delirium Care action.

Involve the wider community by sharing our [Delirium Risk Reduction Bingo Scorecard](#) for carers and relatives. The more of these they are able to support with the better.

**NHSGGC #WDAD2023 Delirium Care Risk Reduction Bingo Scorecard for relatives and carers**

Eyesight is really important, ensure their glasses or contacts used	Encourage regular drinks – fruit and jelly count if people find this difficult	Try and keep calm and reassure any anxieties	Keep rooms well lit during the day so people can see what is going on	Familiar and trusted faces are a great way to help people feel safe
If you think there could be delirium then tell a doctor or nurse urgently	Re-orientate the person and explain and remind them where they are	Be alert for a change in mental status, an increase in confusion or drowsiness	Keep on top of pain, if sore give painkillers regularly	Find ways to help the person sleep, reducing noise and light can help
Ask for a delirium information leaflet – knowledge is power	If you see change in behaviour or personality, think about delirium	Free Space	Help the person to move, sit up or get out of bed as soon as is safe	Check that they are able to pass urine regularly, if they can't tell a doctor or nurse
Strange places can be disorientating, familiar ones easier	Make sure people don't get constipated, laxatives and fruit can help	Hearing aids in (batteries checked) helps people understand what is happening	Encourage the person to eat regular meals of food they like	Have medicines been reviewed recently? If not ask a doctor or pharmacist
Look at familiar items like photographs or favourite books together	Having a clock and calendar within view can help orientate	Keep people engaged but don't over stimulate, calm and rest are important too	Listening to familiar music or singing together can be beneficial	Try and keep unnecessary background noise to a minimum

Look out for local stands and educators and remember, in NHSGGC TIME for Delirium Risk Reduction, Identification and Management really is Everybody's Business.

**Young Carers Action Day – 15 March 2023**

The focus of this year's Young Carers Action Day is health and wellbeing, something which many young carers and young adult carers feel is hard to prioritise when juggling school work and their caring role. Adding to this stress, is the current cost of living situation, which is impacting many people, particularly those who have underlying health conditions and their families.

As staff, we can help by ensuring that young carers are identified as quickly as possible and signposted or referred to local carer support. Through these organisations, young carers can get access to resources including financial assistance and advice for them and their families.

If you know or work with any young person who you think might be a young carer please encourage them to link with local carer support services where they can get further support to help them in their role. Anyone can call 0141 353 6504 or find [local centre details](#) online to either self-refer or refer someone they know.

To keep up to date with all carer-related information follow us on [Twitter](#). If anyone has any questions or concerns they can contact [Jennifer.Watt@ggc.scot.nhs.uk](mailto:Jennifer.Watt@ggc.scot.nhs.uk)

## Managed Clinical Network for Diabetes – Save the date

## MANAGED CLINICAL NETWORK FOR DIABETES

We are pleased to announce that the Managed Clinical Network for Diabetes will be hosting our annual conference on Thursday 1 June 2023 in Glasgow.

This will be an all day, in person event. Further information and registration details will be sent out in due course.

Please save this date in your diaries.

For any queries please contact: [louise.sole@ggc.scot.nhs.uk](mailto:louise.sole@ggc.scot.nhs.uk).

If something isn't right, talk to...  
**Management and Peer Support**



Managers and Leaders	Confidential Contacts	HR Support and Advice Unit	Report via Datix
If you have an issue, your line manager is there to support you. Please speak to your immediate line manager or another member of the management team, who will be able to support you. 	Our team of confidential contacts will listen to your concerns and help you to determine the best course of action to resolve the issue and escalate your concerns. 	The unit is there to support all staff. Call <b>0141 278 2700</b> Monday to Friday from 9am - 5pm. You can also raise a query through the self-service portal at <a href="https://nhsns.service-now.com/ggc_hr">https://nhsns.service-now.com/ggc_hr</a> 	It is vital that we all play a role to report all incidents and near misses no matter how small we think they might be. Visit: <a href="http://datix.xggc.scot.nhs.uk/datix/live/index.php">http://datix.xggc.scot.nhs.uk/datix/live/index.php</a> 

\*\*\*Staff are reminded to make sure their [personal contact details are up to date on eESS](#).\*\*\*

It is important to share Core Brief with colleagues who do not have access to a computer.  
A full archive of printable PDFs are available on [StaffNet](#)