



Daily update
(15 July 2026, 4.45pm)

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NHSGGC Staff Uniform and Dress Code Policy Reminder

Delivering safe, high-quality patient care means looking clean, tidy, and professional at all times. Please ensure you follow NHSGGC's Staff Uniform and Dress Code Policy. This includes wearing the correct uniform for the role you are performing and the department you are working including those staff who are working in non clinical roles.

Key Uniform / Dress Code Reminders:

- The Policy applies to ALL staff employed by NHSGGC including students, bank and agency staff.
- ID badges with photo identification must be worn at all times
- Hair must be clean, tidy and tied back and off your face
- Jewellery should be minimal—only a plain ring allowed
- Bare below the elbow is compulsory for staff when delivering clinical care.
- Nail must be short and without nail varnish, nail treatment, nail straighteners, artificial fingernails or nail extensions.
- NHS issued fleeces/jackets may be worn when provided as part of a uniform but must be removed when entering a clinical area or performing clinical care / procedures.

Adherence to the policy is mandatory. Failure to adhere to the policy will be dealt with in accordance with the appropriate Once for Scotland Policies.

[Rostering, job share and uniform policy - NHSGGC](#)

Pharmacy Teams issue urgent appeal for return of tote boxes and Envopaks

Pharmacy teams at NHS Greater Glasgow and Clyde are urging staff across hospitals, wards and healthcare settings to return tote boxes and Envopaks used to transport medicines from the Centralised Pharmacy Distribution Centre.

The centre supplies medicines to more than 1,070 locations, dispatching up to 100,000 medicine packs each week. However, shortages of tote boxes and Envopak are affecting the service, with around one-third of the 7,500 tote boxes and 800 Envopaks issued each week not being returned.

The shortage increases replacement costs and could affect the pharmacy team's ability to distribute medicines safely and securely. Each Envopak costs more than £34 to replace, while each tote box costs more than £6.

Michelle Stevenson, Chief Pharmacy Technician, said: "Every tote box and Envopak is part of a supply chain that ensures medicines reach patients safely and on time. When these containers are not returned, it reduces our ability to send out further orders and puts additional pressure on pharmacy teams.



"We're asking colleagues to check cupboards, storage rooms and clinical areas for any tote boxes or Envopaks that have been set aside and arrange for them to be returned as soon as possible. Just as importantly, please ensure these containers are routinely returned after every medicines delivery."

Staff who find tote boxes or Envopaks in their area should return them through their usual pharmacy collection processes. These simple actions will help pharmacy teams maintain a safe, secure and reliable medicines distribution service.

For more information, visit [Staffnet](https://www.staffnet.nhs.uk).

Free Falls Awareness Week Educational Event for Health & Social Care Professionals

Following the success of last year's inaugural event, which was fully booked, the 2nd Clyde Falls Forum returns on Wednesday 23 September 2026 at the Royal Alexandra Hospital, Paisley.

This free educational forum is aimed at professionals working across primary and secondary care who have an interest in falls reduction, and multidisciplinary working.

The event will bring together colleagues from a wide range of specialties to explore practical approaches to reducing falls risk, improving patient outcomes, and sharing best practice across services.

The programme includes expert talks and interactive workshops covering:

- Dementia and falls
- Delirium and falls
- Parkinson's disease and falls
- Stroke and falls
- Medication and falls risk
- Alcohol and falls

- Nutrition, hydration and falls prevention
- Foot health and falls
- Practical hazard awareness
- Falls prevention exercise approaches.

Attendees will have the opportunity to hear from experienced clinicians and allied health professionals, participate in interactive sessions, and network with colleagues.

Event Details

Date: Wednesday 23 September 2026

Venue: Lecture Theatre 2, Royal Alexandra Hospital, Paisley

Registration: 9.00am

Closing Remarks: 4.15pm

Cost: Free to attend

CPD: 5 hours accredited

To sign up contact steven.lorimer@nhs.scot or shona.mackinnon@nhs.scot or use this [link](#).

Lunch and refreshments will be provided throughout the day.

Places are expected to fill quickly again this year, so early registration is encouraged.

We look forward to welcoming colleagues from across primary and secondary care to another engaging and collaborative Clyde Falls Forum.

Preparing for Suicide Prevention Week: Ideas, Resources and Support

The Glasgow City Suicide Prevention Partnership are hosting a free 1-hour online session at 1.00pm on the 6 August on MS Teams for anyone who is considering delivering activity to mark Suicide Prevention Week (7 - 13 September 2026).

This session is open to anyone working in Glasgow City and will share information and resources that support the delivery of a range of Suicide Prevention activities.

[Click here to book a place](#)

The session will be helpful for anyone interested in taking part in Suicide Prevention Week, but unsure where to start. Whether it's sharing information online, hosting an awareness event, or running a wellbeing activity, every action can help make a difference. The session will provide a space to share ideas and learn from others.

By the end of the session, attendees should be able to:

1. Plan Suicide Prevention Week activity that is safe and evidence informed
2. Use consistent national messaging and campaign materials
3. Know what resources are available and where to access them
4. Understand how to share information about suicide while keeping yourself and others safe
5. Feel confident talking about suicide prevention safely in communications, events and on social media.

Please note that this session will include discussion of suicide prevention. While there will be no detailed discussion of suicide, some attendees may find the content upsetting or emotionally challenging. We encourage everyone to consider their own wellbeing during the session, take a break if needed, and seek support from their line manager, supervisor, or another trusted source of support if they are affected by any of the issues discussed.

Support is available if you need it:

- **Breathing Space** – Free, confidential support for anyone in Scotland aged 16 and over experiencing low mood, anxiety, or emotional distress.
Phone: 0800 83 85 87
Website: [Breathing Space](#)
Opening hours: Weekdays 6pm–2am; weekends 24 hours from Friday 6pm to Monday 6am.
- **NHS Inform Mental Health Support** – Information on mental health and wellbeing, including how to access urgent mental health support in Scotland.
Website: [Mental health | NHS inform](#)
Urgent mental health support: Call **NHS 24 on 111** (available 24/7).
- In an emergency, or if someone is at immediate risk of harm, call **999**.

This session aims to support safe, compassionate and evidence-informed approaches to suicide prevention, and attendees are encouraged to prioritise their wellbeing throughout.

Remember, for all your latest news stories, visit the Staffnet Hub:

[GGC-Staffnet Hub - Home \(sharepoint.com\)](#)



Staff are reminded to make sure their personal contact details are up to date on eESS.

It is important to share Core Brief with colleagues who do not have access to a computer.

A full archive of printable PDFs are available on [website](#)