

NHSGGC

Core Brief



Daily update
(14 October 2025, 10.30am)

Topics in this Core Brief include:

- Data Security Spotlight – Password security
- Safer Sharps
- Looking after yourself and others
- Allied Health Professions Day 2025
- Correctly Disposing of E-Waste

Data Security Spotlight – Password security

Strong passwords and password security are essential to protect the integrity of our systems and our data. Always follow our guidance [here](#) on creating strong passwords and never share your password with anyone else.

Safer Sharps

The Needlestick Injury Reduction Group (NIRG) is a sub group of the NHSGGC Health and Safety Forum. The group aims to promote the use of safer sharps devices, risk assessments and compliance with sharps training and education to reduce the risk of needlestick and medical sharps injuries to our staff and others.

Medical sharps are widely used throughout healthcare and include needles, blades (e.g. scalpels) and other medical instruments necessary for carrying out medical procedures. UK Health and Safety regulations require safer sharps devices to be used wherever possible. This means **where a safer sharps device is available it should be the default option for your service**. Any exception to this requires a risk assessment which fully explains the clinical reasons that a safer sharps device cannot be used for tasks within your service. Risk assessments should be submitted via your local Health and Safety Service contact to the NIRG for approval. A list of local H&S contacts can be found [here](#).

Only where exemption risk assessments have been approved by the NIRG, will procurement be able to process the purchase of non-safe sharps.

Existing exemption risk assessments should be reviewed every year or sooner following a significant incident or changes to process or procedures.

Any departments and services who order non safer devices without an exemption risk assessment approved by NIRG will instead be issued with the safer sharp alternative.

Training and Education for Safer Sharps

Staff who use sharps **must** complete LearnPro module NES: Prevention and Management of Occupational Exposure. This module requires to be retaken every two years.

In addition to this device specific learning is also available via Practice Development, cascade training and manufacturers/suppliers.

For more information on sharps, including support for trialling new safer sharps, please refer to the [Sharps Sharepoint](#) or contact your Practice Development or Health and Safety teams.

Looking after yourself and others

Many of our staff have already participated in our 'Looking after yourself and others' sessions and learned valuable tips on self-care, stress management and simple, yet effective techniques to boost yours and others wellbeing.



Our recent attendees have said: "It was very good and helped me to alleviate my stress", "It was a really effective session and my tension levels really went down".

The Peer Support team are delivering an interactive 45-minute live online session at **3.00pm on Monday 20 October**, follow in the steps of your colleagues and join us!

[Book your spot now](#)

Other dates and sessions are available and can be booked under the section *Level 1: 'Looking after yourself and others'* on the [Peer Support webpage](#)

Allied Health Professions Day 2025



As a celebration on Allied Health Professions (AHPs) Day, today, the AHP Practice Education Team would like to highlight the amazing contribution of our AHP Health Care Support Worker (HCSW) workforce.

Please click on the link below.



Correctly Disposing of E-Waste

Unwanted electricals are the fastest growing waste stream in the world and incorrect disposal of E-Waste or “WEEE” can pose a major threat to the environment and human health.

Today (14 October) marks international E-Waste Day which aims to highlight the growing issue of electronic waste and promote responsible e-waste management.

Keep reading to find out what WEEE is, why it's important to dispose of correctly and how to deal with your broken and unwanted electricals in NHS GGC.

What is WEEE?

WEEE stands for Waste Electrical and Electronic Equipment. It can be identified by the crossed-out wheeled bin symbol but is generally anything with a plug, battery, cable or circuit board that is no longer working or wanted.

Items that do **not** count as WEEE include regular batteries and lightbulbs.



Why it's important

Pollution Prevention and Safety - Incorrect storage and disposal of WEEE can be a significant fire risk and result in pollution of hazardous materials such as lead and mercury into the environment.

Reduce, Reuse and Recycle – 75% of materials in old electronics can be recycled, this includes valuable materials such as copper, gold and aluminium. If disposed of correctly these materials can be recovered and reused reducing the need to mine or create more which has significant financial and carbon savings.

How to Dispose of E-Waste in NHSGCC?

NHSGCC has a duty to correctly dispose of electrical waste, any ward or department that has WEEE to dispose of should follow the process below:

1. Contact your local facilities team, detailing the quantity and type of WEEE you have for disposal - Include pictures if possible.
2. This information will be used to raise a quote.
3. You will then have to raise a Purchase Order (PO) to have the waste removed.

Further Resources

[NHSGGC Waste SharePoint](#)

[Recycle Your Electricals - WEEE Recycling - Material Focus](#)

[International E-Waste Day | WEEE Forum](#)

Remember, for all your latest news stories, visit the Staffnet Hub:

[GGC-Staffnet Hub - Home \(sharepoint.com\)](#)



Getting the right care is as easy as ABC

NHS
Greater Glasgow and Clyde

A Ask yourself Do I need to go out? For information on treating minor illnesses and injuries from home, go to NHS inform or download the NHS 24 App .	B Be aware There is help on your doorstep. Your local GP, pharmacy, dental practice and optician offer a range of services.	C Call 111 If it's urgent, or you're unsure, call NHS 24 on 111 . They'll get you the care you need.
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Unless it's an emergency - think ABC before visiting A&E.
For more information: www.nhsggc.scot/rcrp

Staff are reminded to make sure their [personal contact details are up to date on eESS](#).

It is important to share Core Brief with colleagues who do not have access to a computer.

A full archive of printable PDFs are available on [website](#)