

Core Brief

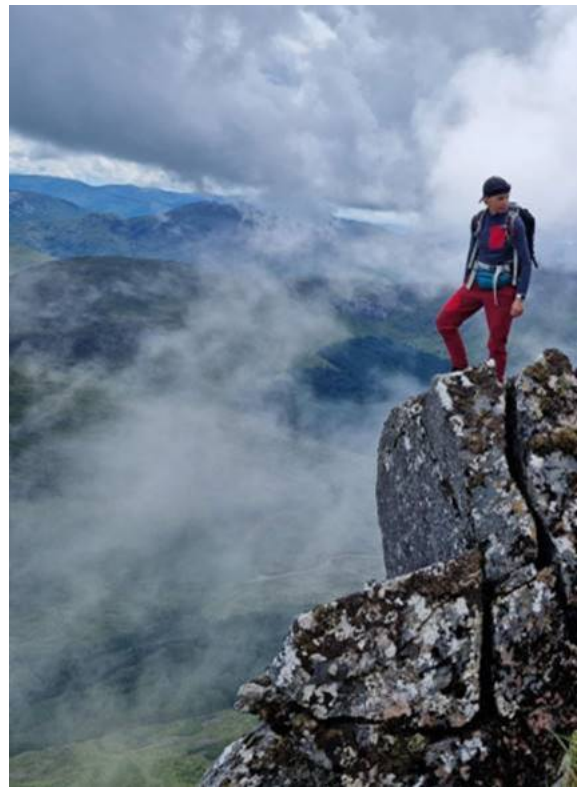


Message from Jane Grant, Chief Executive (14 June 2024, 3.40pm)

This week, a number of our staff attended the national NHS Scotland event in Glasgow, which showcased and spotlighted best practices across the country. Our teams presented no fewer than 47 posters under the event banner, "Planning for the Future: Delivering Health and Care Services through Innovation and Collaboration." My congratulations to everyone who attended and presented at this illustrious event, particularly the Care Home Collaborative and Renfrewshire HSCP for their innovative approaches to supporting care homes. Renfrewshire HSCP was able to demonstrate to attendees how effective interventions have enabled optimum care across its 23 older people's care homes, helping to avoid hospital admissions and improve outcomes. The Care Home Collaborative showcased how they've been able to enhance the experience of care home residents in areas covering person-centred care, food, fluid, and nutrition, alongside early interventions by focusing on what matters the most to the residents. These are both significant initiatives that should be applauded. We have a comprehensive suite of Care Home Collaborative resources on our website, which you can find [here](#).

This week marks Diabetes Week, and I'd like to raise awareness of our Type 2 Diabetes Hub, which helps patients self-manage their condition or those at risk of being diagnosed. The resource, which has helped more than 3000 patients so far, features several tools to help check risk factors, and provides eLearning and a lifestyle programme for patients, alongside inspirational case studies. We used this week to spotlight one of those patients, Isabel, who at 75 was diagnosed with Type 2 Diabetes. Isabel has since lost more than two stone by actively participating in her own treatment and engaging in our Control IT self-management plan, while also reversing her symptoms. Read Isabel's story [here](#). My thanks go to all our staff providing this crucial service.

I would like to congratulate all colleagues who took part in the four-week spring 'walk the world' challenge through our Active Staff initiative. In total, staff were able to walk the world twice over and more, which is a fantastic achievement and no doubt provided a mental and physical boost to the nearly 1000 colleagues involved. Our 2024 Active Staff Survey is now [open](#). Please complete it to help shape the future of your Active Staff Programme.



Mental Health Awareness Month may have finished in May, but it's great to see staff continuing to take up the opportunity to attend our 'Let's talk about...Staff Wellbeing' seminars, which are running throughout the rest of the year. Feedback shows the series has been popular and beneficial to those taking part, and I'd encourage everyone to join a webinar, all of which are advertised through Core Brief and on [Staffnet](#).

And finally, I'd like to highlight some fantastic feedback regarding the Vale of Leven Hospital's Medical Assessment Unit (MAU). Well done to all the staff who looked after this patient out of hours:

"I phoned NHS24 and got an out-of-hours appointment at the Vale. I was seen by Dr Amy, who was wonderful and decided to take me through to MAU for more tests. The staff could not have been nicer. The care, compassion, and treatments given were greatly appreciated. Dr Amy, Dr Kieran, Dr Graeme, and SCNs Louise and Fiona, along with HCSW Rose, were fabulous in keeping me up to date with everything that was going on. I could not have asked to be in better care."

**It is important to share Core Brief with colleagues who do not have access to a computer.
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