

Core brief

Daily update

(14 February 2023, 2.50pm)

Topics in this Core Brief:

- New Sustainability LearnPro module
- New Resources Launched by Borderline Personality Disorder Pathway
- Webinar Series on management of Older Adults

New Sustainability LearnPro module

A new Sustainability LearnPro Module for NHSGGC staff has been launched. This course is a great opportunity for staff to learn about sustainability and climate change related issues, it and also looks into NHSGGC and Scotland sustainability agenda.

The course is called **GGC: 301 Sustainability** and consists of four modules:

1. Introduction to Sustainability
2. Introduction to Climate Change
3. NHS Scotland and GGC Sustainability Agenda
4. Greener NHS – Delivering Net-zero

The course sits under the Specialist Subjects tab on LearnPro: [learnPro NHS - Login \(learnprouk.com\)](https://learnpro.nhs.uk/)

New Resources Launched by Borderline Personality Disorder Pathway

Borderline and Beyond leaflet

The Borderline Personality Disorder (BPD) Dialogues group has launched a patient leaflet called 'Borderline and Beyond', designed by people with experience of living with BPD, in partnership with NHSGGC and the Mental Health Network.



The leaflet is designed to be friendly in tone, and to give clear and accessible information on:

- What the diagnosis means
- How BPD develops
- The range of symptoms
- Hopeful messaging about managing symptoms, therapies and recovery
- What to expect when attending mental health services in NHSGGC.

Copies of the leaflet will be available to adult Community Mental Health Teams and inpatient wards.

To access an online copy visit: [Borderline and Beyond Leaflet](#)

To access a printable copy visit: [Borderline and Beyond Printable Copy](#)

Extra colour print copies available from: lorna.blackie@ggc.scot.nhs.uk

BPD guidance documents for staff

We are also pleased to announce the launch of 'BPD Clinical Guidance Documents' for use by mental health staff.

These guidance documents have been developed by multidisciplinary groups to provide detailed and practical clinical guidance based on Co-ordinated Clinical Care (CCC) principles.

The first four guidance documents are available to download here:

- [BPD Pathway and Stepped Matched Care](#)
- [Assessment, Diagnosis and Formulation](#)
- [Managing Crisis](#)
- [In-Patient Care](#)

Webinar Series on management of Older Adults

The next of our evening webinars on the management of old adults will take place on **Monday 20 February at 7.30pm.**

Dr Lara Mitchell will present on top tips for managing syncope in the older adult. It's sure to be an interesting evening and relevant to all in clinical practice.

Please register using the following link: [Syncope webinar booking link.](#)

We look forward to seeing you there!

The graphic features a close-up of a person's ear with a hand cupping it behind it. A speech bubble next to the ear contains the text 'We're listening'. In the top right corner is the NHS Greater Glasgow and Clyde logo. At the bottom, a dark blue banner contains the text 'If something isn't right, talk to us. For further information, visit www.nhsggc.scot/speakup' and a circular logo with a microphone and the text 'Speak Up! We're listening'.

Staff are reminded to make sure their [personal contact details are up to date on eSS.](#)

It is important to share Core Brief with colleagues who do not have access to a computer.
A full archive of printable PDFs are available on [StaffNet](#)