

Core brief

Daily update

(13 March 2023, 12.30pm)

Topics in this Core Brief:

- Updated Clinical Guideline Framework
- Nutrition and Hydration Week – 13-19 March 2023
- World Down Syndrome Day – 21 March

Updated Clinical Guideline Framework

The updated [NHSGGC Clinical Guideline Framework](#) was approved by the Board Clinical Governance Forum in February 2023. This framework sets out how NHSGGC develops, reviews, approves and monitors clinical guidelines. NHSGGC clinical guidelines exist to help us make decisions about appropriate and effective care for our patients.

The Framework is just one part of our [Clinical Guideline Toolkit](#), which contains a whole host of useful documents to assist those involved in developing and approving clinical guidelines, including checklists, guidance, and easy step-by-step guides.

The Framework can be found on the NHSGGC Clinical Guideline Platform. The platform can be found here: [NHSGGC Clinical Guideline Platform](#).

It is really important to us that the toolkit, and our guidelines, are user-friendly and helpful, and meet the needs of both authors and users, so if you have any suggestions for improvements please do get in touch at clinical.guidelines@ggc.scot.nhs.uk.

Nutrition and Hydration Week – 13-19 March 2023

There has never been a more important time to raise awareness of the importance of eating and drinking well. Nutrition and Hydration Week is an annual event, aiming to highlight, promote and celebrate improvements in the provision of nutrition and hydration locally, nationally and globally.

Did you know...

- one in four patients admitted to your clinical area may be malnourished?
- malnutrition often goes undetected and untreated?
- malnutrition can reduce quality of life, increase hospital stays and need for nursing care?

Early identification of those at risk through nutritional screening can support appropriate action, treatment and care.

What can you do...

Enhance your knowledge of assessing malnutrition and improving patient's nutritional care by completing the new short, manageable FFN Learn Pro modules.

LearnPro Module	Title	Registered Staff	Registered Staff	HCSW	HCSW
		Acute	Community	Acute	Community
GGC: 270	An Overview of Malnutrition	✓	✓	✓	✓
GGC: 271	Assessing Risk of Malnutrition	✓	✓		
GGC: 272	Food First in Hospital	✓		✓	
GGC: 273	Food First Strategies-Community		✓		✓
GGC: 274	When eating and drinking becomes difficult	✓	✓		

- Check out our Food First approach which focuses on the importance of food and drink in improving a patient's recovery [Food First - Information For Staff - NHSGGC](#)
- Follow the dietetic twitter page for more facts and resources throughout Nutrition & Hydration Week @NHSGGCDiet
- Look out for events taking place in your clinical area!!

World Down Syndrome Day – 21 March

With **World Down Syndrome Day** on the horizon, we are taking some time to celebrate and raise awareness of people with Down Syndrome:



[World Down Syndrome Day | Down Syndrome International \(ds-int.org\)](#)

World Down Syndrome Day (WDSD) will take place on Tuesday 21 March and is a global awareness day which has been officially observed by the United Nations since 2012. The date is the 21st day of the third month, to reflect the cause of Down Syndrome, having three copies of the 21st chromosome.

The theme is **With Us Not For Us**, which is key to a Human Rights based approach to disability.

A symbol of Down Syndrome Awareness are bright and colourful socks. They might be mismatched socks or your craziest and most colourful pair, whatever takes your fancy!

In support, the Staff Disability Forum are offering a £50 Amazon voucher, to be drawn at random on 21 March. All staff in NHSGGC, including in the HSCP, are eligible. To enter, email ggc.staffdisabilityforum@ggc.scot.nhs.uk with a picture of your crazy socks, your name and work contact. We would love to see you and your colleagues wearing the brightest and boldest socks to celebrate the day!

We'd love everyone to join in with photos of their silly socks. Tag us on Twitter @NHSGGC #WorldDownSyndromeDay, #LotsOfSocks, #WithUsNotForUs.



Staff are reminded to make sure their [personal contact details are up to date on eESS](#).

It is important to share Core Brief with colleagues who do not have access to a computer.
A full archive of printable PDFs are available on [StaffNet](#)