

Core brief

Daily update
(12 May 2023, 9.30am)

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Covid-19 Public Inquiries

Two COVID-19 Public Inquiries, the Scottish COVID-19 Inquiry and the UK COVID-19 Inquiry, have been set up to examine the UK's response to and impact of the COVID-19 pandemic, and to learn lessons for the future. Amongst other topics the field of health will be investigated. The Inquiries will cover the period from 1 January 2020 to 31 December 2022, however the end date is subject to extension.

More information about each of the COVID-19 Inquiries can be accessed using the following links:

[Scottish Covid-19 Inquiry](#)

[UK Covid-19 Inquiry](#)

It is essential for NHSGGC to ensure that a full and clear record of its response to the COVID-19 pandemic remains intact and accessible. All documentation that could be relevant to the COVID-19 Inquiries under their Terms of Reference must not be destroyed, deleted or disposed of. This includes, but is not limited to; reports, reviews, briefings, minutes, policy, plans, notes, and correspondence.

As a member of staff you are being asked to take action to identify information relevant to the COVID-19 Inquiries and put measures in place to protect this information from destruction. To ensure that NHSGGC retains all information which may be pertinent to the COVID-19 Inquiries we are [issuing the following advice](#).

Showcasing our staff – Elizabeth Thomson

As we continue to showcase our Excellence Award winners, today we feature the Better Workplace winner, Elizabeth Thomson.

As part of the Complex Needs Service, Liz went beyond her role as a Health Care Support Worker, and provided extra support to fellow staff members through “Lizzie’s Lunch Club”.



Liz made sure members of the mental health team were able to get a healthy lunch despite their busy daily schedules. She would use her own lunch break to make sure staff were able to eat properly, even making packed lunches for staff on outreach visits as well as care packages for patients, ensuring they had adequate items at their time of need.

[Click here](#) to read more about all the award winners.

M.E Awareness Day & Gum Health Day

Today we are marking M.E Awareness Day and Gum Health Day, with small local events and awareness raising activities. M.E Awareness day shines a light on a very complex, chronic and life-altering illness, which affects more than 250,000 people in the UK. This neurological condition, which currently has no routine diagnostic test or cure, often has a detrimental impact on a person’s quality of life and can lead to long-term disability. As many staff will be aware, there are many symptoms of M.E/CFS or Myalgic Encephalomyelitis, but many of the better known issues include an intense fatigue and exhaustion which does not improve with rest, joint or muscle pain, reduced cognitive function such as poor concentration and memory loss. For staff with an interest in the condition, please visit:

www.meassociation.org.uk and www.meaction.org

Gum Health Day, an international awareness day held every year on 12th May to increase public awareness of the seriousness of gum disease, the health problems associated with it, and the importance of keeping our gums strong and healthy. The campaign is spearheaded by the European Federation of Periodontology (EFP) and is one of the key dates in the calendar for our dentistry colleagues, to provide support and guidance to patients and the wider public about how to look after your gums and improve your wider oral health. For more information please visit the [EFP website](#).

GGC Medicines Update is a series of blogs with important medicines related messages relevant to all healthcare professionals across GGC. Please see below for new blogs and relevant updates.

New blogs

Click on the following links to access the recently published Medicines Update blogs.

- [DOAC prescribing and body weight](#) *this is third in a series of blogs on DOACs. Link to first on safe prescribing [here](#) and second on prescribing in malignancy [here](#)*
- [Opioid Prescribing Tips](#) *this is second in a series of blogs on the safe use of opioids. Link to the first on general opioid key safety tips [here](#)*

Updated blogs

Click on the following links to access the recently updated Medicines Update blogs.

- [Fluoroquinolone safety – prescribing restrictions](#)
- [Have you heard of Choice and Medication?](#)

Updates

- [Guideline News March 2023](#)
- [Formulary Update \(April 2023\)](#)
- [MHRA Drug Safety Update April 2023](#)
- [Key Medicine Shortages – April 2023](#) *includes information on Accrete D3 one a day® chewable tablets, oxycodone 5mg/5ml oral solution and Ozempic® (semaglutide) injection.*

You can search for previously published blogs on the GGC Medicines [website](#). If you would like to subscribe to receive Medicines Update directly via email, contact: medicines.update@ggc.scot.nhs.uk.

Follow us on Twitter [@NHSGGCMeds](#)

Administration Award Ceremony

The Administration Governance Managers hosted their very first admin award ceremony on 3 May 2023.



Professional
Administration
Transformation

There were four categories - Team of the Year, Colleague of the Year, Manager of the Year and Employee of the Year. We received 112 nominations with 40 nominations for Colleague of the Year, 30 for Employee of the Year, 17 for Manager of the Year and 25 for Team of the Year.

The judging panel had an extremely difficult decision in picking the winners for each category as each and every nomination was heartfelt and a well-deserved nomination.

Thank you for your outstanding contribution and well done to you all!

Please [CLICK HERE](#) to view all photographs/videos of the days Event.

Active Staff



Guided Health Walk

Our next Guided Health Walk is [available to book now!](#) On Saturday 20 May we will travel to the beautiful island of Arran. We will meet outside the Ardrossan ferry terminal ticket office no later than 9.30am in preparation for boarding.

Arriving at Brodick Harbour we will walk north along the beautiful beach front heading towards our main destination. This will be a circular walk onto Glen Rosa valley. This circular walk provides excellent views of the craggy peaks of the Goatfell range. We will follow the trail up Glen Rosa valley, visiting the stunning Blue Pool and waterfall, a favourite for wild swimming and picnics.

As we return along the circuit we will visit the beautiful grounds of Brodick Castle where you can purchase a light snack and coffee. We will then walk back to the ferry terminal for the 6.00pm departure.

This will be a longer day due to the travelling arrangements on the ferry from Ardrossan to Brodick in Arran (further details in booking confirmation).

Please note, spaces are limited and will be granted on a first come, first serve basis. This walk is available to all NHSGGC/HSCP staff.

***NEW* Outdoor Exercise Class at the QEUH**

Active Staff are delighted to announce our newest FREE fitness class for all NHSGGC/HSCP Staff.


From Monday 22 May 2023, 5.00pm – 5.45pm we will make use of the longer summer evenings with an Outdoor Exercise Class at the QEUH. These classes are open to any fitness level!





If you would like to give it a go, [click here](#), or if you would like to find out if there are any closer Bootcamps to you, [visit our webpage](#).

With a mixture of FREE early morning, lunchtime, evening and weekend classes, you can find something that suits you. Other than Bootcamp, all other classes are

delivered online using Microsoft Teams, delivered by our fabulous instructors. All you need to do is register online!

**If something isn't right, talk to...
Management and Peer Support**



Managers and Leaders	Confidential Contacts	HR Support and Advice Unit	Report via Datix
<p>If you have an issue, your line manager is there to support you. Please speak to your immediate line manager or another member of the management team, who will be able to support you.</p> 	<p>Our team of confidential contacts will listen to your concerns and help you to determine the best course of action to resolve the issue and escalate your concerns.</p> 	<p>The unit is there to support all staff. Call 0141 278 2700 Monday to Friday from 9am - 5pm.</p> <p>You can also raise a query through the self-service portal at https://nhsns.service-now.com/ggc_hr</p> 	<p>It is vital that we all play a role to report all incidents and near misses no matter how small we think they might be.</p> <p>Visit: http://datix.xggc.scot.nhs.uk/datix/live/index.php</p> 

Staff are reminded to make sure their [personal contact details are up to date on eESS](#).

**It is important to share Core Brief with colleagues who do not have access to a computer.
A full archive of printable PDFs are available on [StaffNet](#)**