

Core Brief



Message from Jane Grant, Chief Executive (12 January 2024, 9.30am)

For many of us January brings intentions of becoming fitter and healthier and I hope that you all saw the Core Brief on Wednesday promoting the fantastic range of classes and physical activities that are available to staff. Our Active Staff Programme was set up to provide a range of free opportunities for all NHSGGC/HSCP staff to engage in Physical Activity regardless of levels of fitness. If the New Year has prompted you to become more active, you can find out more about the programme [here](#).

The Active Staff programme is one of a number of initiatives that have been developed to support the health and wellbeing of our staff. Our new Staff Health Strategy, which was approved by the Board in December, sets out how we will continue to support and improve staff wellbeing and promote a caring workplace.

A survey of staff was carried out to help shape the strategy. Encouragingly, this found that 95% reported very good, good or fair general health. Stress was however common amongst those who completed the survey and so, going forward, our priorities for action will include strengthening support for mental health and wellbeing including stress. Other actions will be taken forward to promote NHS Greater Glasgow and Clyde as a fair and healthy workplace, address in-work poverty and provide support for managing attendance. You can read our Staff Health Strategy [here](#).

Another key programme that we are taking forward to support staff wellbeing is Investors in People accreditation. Investors in People standards aim to enhance staff involvement and engagement, provide sharing and learning opportunities, and a platform for acknowledging good work, growth and development. Following the success of Inverclyde Royal Hospital and our Corporate Cluster in gaining accreditation, I was delighted to see that the West Glasgow Cluster, involving the West Glasgow Ambulatory Care Hospital (formerly Yorkhill), Gartnavel General Hospital and the Beatson has become the latest to achieve the standard. Well done to everyone involved on this tremendous achievement.

Colleagues working at the former Yorkhill site will have seen the work underway on the demolition of the vacant former Queen Mother's hospital. This work, part of a long term plan for the site, is a major undertaking and is expected to take almost a year to complete.

Finally, this week, I would like to share some positive feedback that we have received from one of our patients who was well supported to access urgent eye care without an unnecessary attendance at ED. My thanks also go to the optometrist and ophthalmology team at Gartnavel for providing such swift care and attention.

"I really have had a superb experience with the NHS today and I wanted to thank all who were involved. First at 9.30am I was at my optician for an eye test. At 10.15am they phoned Gartnavel for an appointment. I got there for 11.45am. Had all the tests, diagnosis, discussion with doctor as to treatment and was away from the hospital by 1pm. Also got the date for my first treatment in mid-January.

"Really an example of the NHS at its very best. Thanks."

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