

NHSGGC

Core Brief



Daily update

(11 September 2026, 11.15am)

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Fighting Flu. It starts with you!

The flu vaccine is available to **all** frontline health and social care workers and **all** NHS staff.



Fighting flu. It starts with you! A message for nurses and midwives from Mary Ross-Davie, Director of Nursing and Midwifery

As we approach [Staff Vaccination Fortnight](#), starting next Monday, Director of Nursing and Midwifery Mary Ross-Davie is encouraging nurses and midwives across NHSGGC to plan ahead and get their flu vaccination:

<https://vimeo.com/1225562081/cdb9bbddd2?share=copy&fl=cl&fe=ci>



Running from 14 to 27 September, drop-in flu vaccination clinics will be available across our hospital sites, making it easier than ever for you to get protected ahead of the winter period, and protect your loved

ones, colleagues and patients.

All staff are eligible to attend a drop-in clinic, with no appointment required, and staff have the right to be released from their shift to receive their vaccination.

Find the drop-in clinic that suits you [here](#).

Read Mary's message below:

"I wanted to share a message with you today, our nurses and midwives, to ask that you plan ahead and get your flu vaccination as part of Staff Vaccination Fortnight. Running from Monday the 14th to Sunday the 27th of September across our hospital sites, these drop-in clinics are an easy way to get your vaccination before we hit colder months and winter peaks in demand.

"Our priority is keeping you, our staff, safe and well. The flu vaccine is your shield, protecting you from serious illness, reducing your risk of hospitalisation, and helping us all to safeguard our patients, colleagues, and loved ones during the busy winter season.

"Remember, it's your right to be released during your shift to get your vaccination. All staff are eligible for our drop-in clinics, and no appointment is needed. Talk to your manager and arrange a time that works for you and your team. You can find a list of locations and times [on the NHSGGC website](#), and we will share information in the Core Brief and on Staffnet over the coming weeks.

"Fighting flu starts with you. When you get your jag, you are protecting the people we care for every day. Thank you all in advance for your efforts in keeping yourself and everyone around you safe."

Listening to our patients

Listening to patients, families and carers helps us understand what matters most to people and how we can continue to improve care across NHS Greater Glasgow and Clyde.



1. What is Care Opinion?

Care Opinion is one way we gather this feedback. It is an independent website where patients, families and carers can share their healthcare experiences: <https://www.careopinion.org.uk>. Feedback shared through Care Opinion gives us valuable insight into what is working well and where further improvement may be needed.

2. August 2026 Highlights

306 patients, relatives and carers shared feedback via Care Opinion	79% of feedback was positive	17,254 views of these stories on Care Opinion
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3. What patients told us

 Kind Staff made people feel cared for and treated with compassion.	 Helpful People valued clear support, practical help and staff who took time to respond.	 Professional People valued staff who provided care with skill, respect and professionalism.
What this means: Patients, families and carers often highlight the impact of staff who are kind, helpful and supportive. These comments help teams recognise what is working well and where positive practice can be shared more widely.		

4. Become a Care Opinion Responder

60-minute training session Delivered via Microsoft Teams for staff working within Acute Services	Next session Tuesday 3rd November at 10.30am
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About the training: Care Opinion Responder Training helps staff understand the responder role and how to reply to feedback in a thoughtful, compassionate and meaningful way.

How to register: If you would like to become a responder on Care Opinion and have approval from your Senior Management Team, you can register here [Care Opinion Responder Training | Join meeting in Teams | Microsoft Teams](#) | Join meeting in Teams | Microsoft Teams

For further information, contact the Patient Experience Public Involvement Team:
ggc.patientexperience@nhs.scot

Feedback Friday videos

Staff and teams across the Board have been sharing how Care Opinion feedback has supported their work.

These stories show how feedback is being used to highlight good practice, encourage learning, and recognise the positive impact on staff morale. The videos are shared on social media to celebrate teams and showcase the excellent work taking place across NHSGGC.



You can also hear from other teams as they share how they are using feedback to support learning and improvement at: [Patient Experience](#)

If you or your team would like to showcase your feedback, and shine a light on your work by either taking part in a video or writing a blog, please contact us at ggc.patientexperience@nhs.scot

Take a simple step towards better health

Supporting patients to become more active doesn't have to be complicated. The NHS Greater Glasgow and Clyde Health Walks Programme offers a free, friendly and accessible way for people to get moving – right in their local community.



These walks are designed especially for those who may be inactive, living with long-term conditions, or lacking confidence to get started. With the right encouragement from you, this could be the first step towards lasting health improvements.

Why signpost to health walks?

Walking is one of the easiest and most effective ways to improve both physical and mental wellbeing. Health Walks can help patients:

- Build confidence in being active
- Improve mobility, fitness, and balance
- Reduce stress, anxiety, and social isolation
- Connect with others in a supportive setting.

This is a low-level, inclusive activity that meets people where they are – no prior fitness required.

What the programme offers

- Over 75 Health Walks across GGC
- Free to attend – no cost barriers
- Led by trained, qualified Walk Leaders
- Safe, risk-assessed routes
- A range of walk levels, with some including strength and balance exercises
- A welcoming, social environment to help people feel part of their community.

Accredited by Walking Scotland, the programme ensures quality, safety, and a positive experience for all participants.

Quick and easy to signpost

There's no formal referral required - making it simple for you to connect patients:

Advise your patient to call 0141 232 1860 and select the Health Walks option to reach a local walking coordinator or visit: www.nhsggc.scot/physicalactivity

Your recommendation matters

A short conversation could be all it takes to inspire someone to take that first step. By signposting to Health Walks, you're offering a practical, proven way for patients to improve their health and wellbeing.

Let's help our communities move more, feel better, and stay connected – one step at a time.

Remember, for all your latest news stories, visit the Staffnet Hub:

[GGC-Staffnet Hub - Home \(sharepoint.com\)](https://sharepoint.com)



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Find out more



NHS
Greater Glasgow
and Clyde

Staff are reminded to make sure their personal contact details are up to date on eESS.

It is important to share Core Brief with colleagues who do not have access to a computer.

A full archive of printable PDFs are available on the website