



Daily update
(11 February 2026, 12.30pm)

Topics in this Core Brief include:

- [How to use the NHSGGC Interpreting Service – Training and Resources](#)
- [Support for staff affected by international events](#)
- [Find TIME for Delirium Care - Be Part of World Delirium Awareness Day 2026!](#)

How to use the NHSGGC Interpreting Service – Training and Resources

It is the responsibility of NHSGGC staff to arrange interpreting support for patients using any of our healthcare services. It is therefore vital that staff know how to access the support available.

- Updated 'How to Access Interpreting Support' posters are currently being distributed throughout Acute services. The poster explains how to access the range of support available, including face-to-face, telephone and online services. A poster providing a QR code for direct access to British Sign Language Online interpreting support is also being disseminated.
- Our short online training sessions on How to use the NHSGGC Interpreting Service includes information on how to use telephone interpreting; accessing BSL Online interpreting; booking face-to-face interpreters, requesting translated material and direct patient access to telephone interpreting. To register, please go to our [webpage](#).
- For further information on who may require interpreting support and how and when to access it, download the [Quick Guide to accessing NHSGGC Interpreting Support](#).
- Additional resources are also available from the [website](#).

Support for staff affected by international events

We recognise that many of our staff can be affected by global events. With this in mind, we want to assure staff that there is support available, both at a national level and through our local services.

These include the [National Wellbeing Hub](#) which provides a range of advice and support, the National Wellbeing Helpline (0800 111 4191) which offers a 24/7 compassionate listening service, and confidential mental health treatment available through the

[Workforce Specialist Service](#). Please also see [Staff Support And Wellbeing - NHSGGC](#).

As well as the national support in place, we encourage any staff affected by international events to seek support through our [psychological support services](#), our [peer support network](#), or, to access our range of wellbeing webinars.

You may also find support from our [Spiritual Care Service](#), which is there to offer a listening ear for any member of staff who comes to us with a need to be heard, to be supported, to sometimes be signposted to other appropriate services with consent. They provide confidential, compassionate care that helps staff, students and volunteers to cope when life is particularly challenging and bereavement support may be the focused need for those personally affected by international events. Our NHSGGC sanctuaries are not religious spaces, they are neutral places open to everyone to use and respect, for whatever reason you may need to 'take time out' to sit in the peace and quiet they provide.

Find TIME for Delirium Care - Be Part of World Delirium Awareness Day 2026!

World Delirium Awareness Day is **Wednesday 11 March 2026**, and we need your help. It's a fantastic opportunity to raise awareness of the impact of delirium on patients, families and healthcare teams, to promote best practice and help create positive change. This year in NHSGGC we are focused on continued excellence in delirium care as we transition to electronic notes - can you find TIME?

If you're passionate about supporting this important cause get in touch to share ideas and discover ways to participate. Our Faithful Delirium Superheroes wear capes, but could there be some Delirium Traitors we need to banish?

Contact: Contact: Christine.Steel2@nhs.scot or Hazel.Miller2@ggc.scot.nhs.uk

In the meantime, here are some simple ways you can help improve delirium care every day:

1. **Spread the word:** Talk to friends, family, and colleagues about delirium and why it matters.
2. **Spot those at risk:** Be mindful of the factors that increase risk and take steps to prevent or manage issues early.
3. **Know the signs:** Understand the signs and symptoms of delirium and be able to recognise them early.
4. **Stay informed:** Keep up with and share the latest research and developments.
5. **Champion better care:** Advocate for improved support, education, and policy changes that benefit those affected.
6. **Engage patients and families:** Offer information and support to those at risk or affected by delirium.

For more information, visit: <https://scottish.sharepoint.com/sites/GGC-Delirium>

Remember, for all your latest news stories, visit the Staffnet Hub:

[GGC-Staffnet Hub - Home \(sharepoint.com\)](#)



Staff are reminded to make sure their [personal contact details are up to date on eESS](#).

It is important to share Core Brief with colleagues who do not have access to a computer.

A full archive of printable PDFs are available on [website](#)