



Daily update
(10 September 2026, 1.40pm)

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Peer Support Training Dates - only 3 Sessions remaining this year

There are now just three available Peer Support training sessions remaining in 2026 - these are the final opportunities this year to train as a Peer Supporter.



Peer Support is becoming an important part of how we look after each other at work. Colleagues tell us the training is supportive, practical and confidence building, whether they are completely new to Peer Support or looking to build on their existing skills.

We're also incredibly proud of the difference our Peer Supporters are making across NHSGGC and our Health and Social Care Partnerships. In fact, our Peer Supporters have recently been nominated for an NHSGGC Excellence Award – something we're absolutely chuffed to see and a wonderful recognition of the time, care and support they give to colleagues.

The full-day training will help you to:

- Understand the Peer Supporter role and what it involves
- Develop practical listening and communication skills
- Build confidence in supporting colleagues
- Explore how to look after yourself while supporting others
- Connect with colleagues who are passionate about creating a supportive workplace.

No previous experience is needed – just an interest in helping and supporting others.

If you've been thinking about becoming a Peer Supporter, now is a great time to get involved. These are our final three training sessions of 2026.

Full day in person training dates for 2026:

- Thursday 15 October- Stobhill Hospital - [Book Here](#)

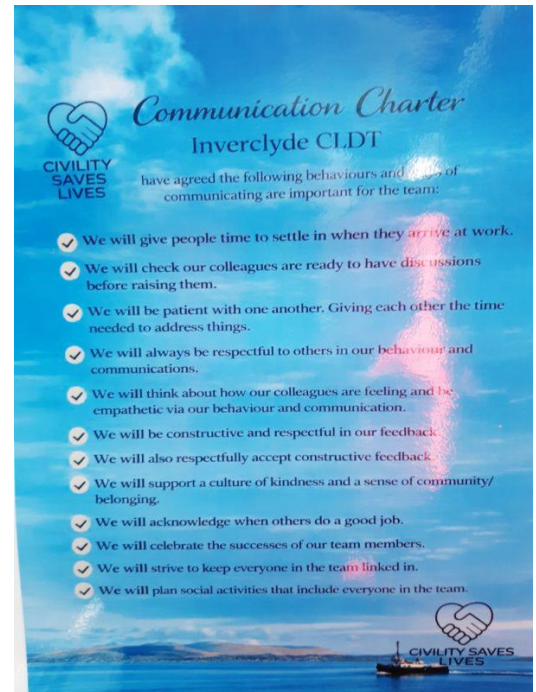
- Monday 9 November- Gartnavel General Hospital - [Book Here](#)
- Thursday 3 December- Royal Alexandra Hospital - [Book Here](#)

Want to know more about our Peer Support Network or access Peer Support yourself for support visit [Peer Support Network - NHSGGC](#) or [Peer support in the workplace: putting theory into practice - National Wellbeing Hub](#) or contact the team at ggc.peer.support@nhs.scot.

Civility Spotlight: Kindness in action in Inverclyde

Our latest Civility Spotlight highlights how the Inverclyde Community Learning Disability Team has developed a Communication Charter to help colleagues agree how they communicate and work together with kindness and respect. The team worked collaboratively to create 12 shared statements, which are displayed in their workplace as a reminder of their commitment to positive communication and civility.

Could a Communication Charter work for your team? Read how the initiative came together and the difference it is making for colleagues in Inverclyde in [the full article on Staffnet](#).



Training update for new Blood Glucose & Ketone Monitoring System being introduced across NHSGGC

Further to previous communication, NHS Greater Glasgow and Clyde is beginning implementation of a new connected Blood Glucose and Ketone Monitoring system from September 2026.

The agreement includes the rollout of the **Cobas Pulse Blood Glucose Meter** and the **Apexbio Ketosure Ketone Meter**. Dedicated drop-in sessions are being provided by Roche on all sites prior to go-live. It is essential that all staff who require access to Glucose & Ketone testing attend one of these sessions. The sessions will be approximately 45 mins and allow staff to get hands on experience with the new meters. Please bring your current operator barcode with you.

There will also be the opportunity for Nurse Educator and Cascade Nurse training at these sessions, if individuals could indicate this to the Training team at the start of sessions, and additional training will be provided at the end.

Training sessions will commence from Monday 14 September in both Clyde and North Sectors in a phased programme across sites, with planned go live across Clyde Sectors sites at the end of October 2026 and North Sector sites by end of November 2026. Details of training sessions for South sector will be made available once they have been confirmed and are to be scheduled for Jan to April 2027.

Prior to or within 30 days of the in-person training, staff must complete the relevant LearnPro module and have evidence of completion (certification) in order to be signed off as competent to use the meters. Complete the ketone module if it is required as part of your clinical service, or if your ward has a ketone meter. The modules are:

GGC: 379 Roche Cobas Pulse Glucose Meter

GGC: 380 ApexBio (Roche) Ketone Meter

Local implementation schedules and training arrangements are provided via the following link, including frequently asked questions: [Roche Glucose and Ketone Meter Implementation Autumn/Winter 2026](#)

 Greater Glasgow and Clyde is upgrading its Blood Glucose & Ketone meters

Cobas Pulse Blood Glucose Meter	Apexbio Ketosure Ketone Meter
	
- Ergonomic design – fits easily into the hand - Bright responsive touch screen - Automatic strip lot recognition - Easy sample application - No test interferences	- Easy to use - Separate meter allows for simultaneous testing - Test strips in pots of 50 8 second read time - Small sample volume

Training – 45 mins (Max)
Look out for the training poster

Remember, for all your latest news stories, visit the Staffnet Hub:

[GGC-Staffnet Hub - Home \(sharepoint.com\)](#)



 **Fighting Flu. It starts with you!**

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Staff are reminded to make sure their [personal contact details](#) are up to date on eESS.

It is important to share Core Brief with colleagues who do not have access to a computer.

A full archive of printable PDFs are available on [website](#)