

# Core brief

## Daily update

(10 September 2025, 10.45am)

Topics in this Core Brief include:

- Kindness and civility at work – have your say in two minutes
- Suicide Prevention Awareness Week
- Peer Support Training – upcoming dates
- PAT Conference 2026 Poster Submission

### Kindness and civility at work – have your say in two minutes

To support our work to promote civility across NHSGGC sites, we invite staff to complete a quick, anonymous survey on kindness, support, and appreciation at work.



The survey takes under two minutes to complete and contains 8 quick questions, with an optional section to share your personal positive or negative experiences at work.

Complete the survey and help us in our efforts to promote civility at NHSGGC:

<https://forms.office.com/e/AzvGuUZRZc>

### Suicide Prevention Awareness Week

This week marks Suicide Prevention Awareness Week (7 – 13 September), with World Suicide Prevention Day taking place today (Wednesday 10 September).

This year's theme is "Changing the Narrative on Suicide". The aim is to move from the silence and stigma surrounding suicide towards openness, understanding and support through having open and honest conversations.



There are several events taking place across NHSGGC this week:

## **Candlelit Celebration of Life**

**Wednesday 10 September at 1.30pm – Tranquillity Garden, Gartnavel Royal Hospital**

This reflective event invites individuals affected by suicide to light a candle and leave a message on a rowan tree in memory of loved ones. Open to all, it offers a space for remembrance and healing. Booking is available via [larry.callary@nhs.scot](mailto:larry.callary@nhs.scot).

## **Stronger Together: Suicide Prevention Awareness Event**

**Thursday 11 September, 1.00pm – 3.00pm – Online**

This virtual event brings together organisations and individuals to showcase suicide prevention services and resources. Participants will learn about local and national initiatives and how they can contribute to ongoing efforts.

## **Meander for Mental Health**

**Saturday 13 September, 11.00am – 3.00pm – Leverndale Hospital**

A free, family-friendly walking event promoting positive mental wellbeing. The event offers a vibrant mix of activities for all ages and abilities.

Visitors can enjoy guided walks, yoga, live music, face painting, and exciting new additions including alpacas, therapy sessions, and reiki. The event also features free goodie bags and opportunities to explore the hospital's scenic grounds and nearby green spaces in Crookston. Register for free via the Meander for Mental Health Eventbrite page.

For events across other NHSGGC communities visit: [Suicide prevention events across Greater Glasgow and Clyde - NHSGGC](#)

## **Peer Support Training – upcoming dates**

Do you want to learn how to better support your colleagues? Join our **full day Peer Supporter training** where you will gain essential skills to support your fellow colleagues through both tough times and triumphs.

By becoming a Peer Supporter, you'll not only help your colleagues navigate daily stresses but also enhance your own personal and professional growth. Hundreds have already joined the NHSGGC peer support network – why not be the next to help?



- 25/09/2025 – Stobhill ACH, [Book here](#)
- 07/10/2025 – Royal Alexandra Hospital, [Book here](#)
- 22/10/2025 – Gartnavel General Hospital, [Book here](#)

- 06/11/2025 – New Victoria ACH, [Book here](#)
- 18/11/2025 – Stobhill ACH, [Book here](#)
- 03/12/2025 – Royal Alexandra Hospital, [Book here](#)

If you need more time to plan your diary, please find further **training dates** under 'Level 2 – Become a Peer Supporter' on our website [Peer Support Network - NHSGGC](#)

## **PAT Conference 2026 Poster Submission**

Do you want to be part of the 2026 PAT Conference by celebrating success and promoting quality improvement in your service?

Has your Service undergone a quality improvement project that has directly improved service delivery, which you would like to share at the Conference on **Thursday 11 June 2026**, at the Teaching & Learning Centre, QEUH?

**We are seeking projects and improvements that have led to enhanced patient care and streamlined administrative processes.**

Have you been involved in data-driven improvement, better use of resources resulting in streamlined admin processes, or better use of technology? Have you been involved in workshops with staff to improve health and well-being, and has this change made an impact on staff or colleagues? Have you streamlined a service to reduce patient waiting times?

If so, we would love to hear from you and for you to be involved in the Admin Conference by sharing your service improvements and projects.

To submit your project details, please click [HERE](#)

If you would like more information on this year's Conference, which includes the posters/presentations, please [Click Here](#)

\*\*\*Staff are reminded to make sure their [personal contact details are up to date on eESS](#).\*\*\*

**It is important to share Core Brief with colleagues who do not have access to a computer.  
A full archive of printable PDFs are available on [website](#)**