



Daily update
(10 November 2025, 1.00pm)

Topics in this Core Brief include:

- [GGC Medicines Update](#)
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GGC Medicines Update is a series of blogs with important medicines related messages relevant to all healthcare professionals across NHSGGC. Please see below for new blogs and relevant updates.

New blogs

Click on the following link to access the recently published Medicines Update blog.

- [West of Scotland Regional Formulary - Progress Update October 2025](#)

Updated blogs

Click on the following link to access the recently updated Medicines Update blog.

- [Appropriate and Safe Conversion from Warfarin to a DOAC](#)

Updates

- [Formulary Update October 2025](#)
- [MHRA Safety Roundup October 2025](#)

Previously published blogs

- Did you know that 3 to 9 November 2025 is **#MedSafetyWeek**?
The theme this year is 'we can all help make medicines safer' with a specific focus on highlighting the importance of reporting suspected problems from all healthcare products to the [Yellow Card scheme](#).
- You can report suspected adverse drug reactions to any medicine (including blood products, vaccines and herbal/homeopathic medicines), as well as from other healthcare products including medical device incidents, defective and falsified (fake) products, and safety concerns with e-cigarettes/vapes and their refill containers (e-liquids).

- Why not have a read of this previous Medicines Update blog on [Yellow Card Reporting](#).

18 to 24 November is **World Antimicrobial Resistance Awareness Week**?

- This is an international initiative to increase awareness of the growing problem of resistance to antibiotics and other antimicrobial medicines.
- Why not read these previous antibiotic-related Medicines Update blogs:
 - [New Adult HEPMA Oral Antibiotic Protocols to Support Prescribing](#)
 - [Update to the Advice on Antibiotic Choice Following 4 days of IV Gentamicin in Adults](#)
 - [Prescribing or administering IV metronidazole? Think tabs before jags](#)

All of our blogs can be found on the [GGC Medicines website](#). The search function can be used to find specific blogs. Anyone can join our mailing list by contacting us at ggc.medicines.update@nhs.scot

Looking after yourself and others – session next week

Remember a time you did something good for your wellbeing? You've done it before, but when we're stressed it's easy to forget about looking after ourselves. But you can get back to it, even if you feel like you don't have the time or energy.



Join a 'Looking after yourself and others' session to remind yourself about self-care and stress management and learn simple, yet effective techniques to boost yours and others wellbeing. Imagine how great it will feel to find out what one simple change could make a big difference to your wellbeing!

The Peer Support team are delivering an interactive 45-minute live online session at **5.00pm on Wednesday 19 November**, so sign up and learn about good self-care!

[Book your spot now](#)

Other dates and sessions are available and can be booked under the section *Level 1: Looking after yourself and others* on the [Peer Support webpage](#)

Let's talk Practice Education!

Over the next month we would like to take the opportunity to highlight the work of the Practice Education team. Starting the month by introducing our new Practice Education: Vision, Mission and Strategic Priorities. Please see attached SWAY for more details: <https://sway.cloud.microsoft/FvRK490jsELZmzmb?ref=Link>

As the month progresses, we will focus on Flying Start, Practice Supervisor and Practice Assessor support including ePAD introduction and finally restorative clinical supervision. For further information and resources, please visit our webpages: [NHSGGC Practice Education](#)



Care Home Collaborative – November newsletter

The November edition of the Care Home Collaborative newsletter is out now.

In this issue we feature:

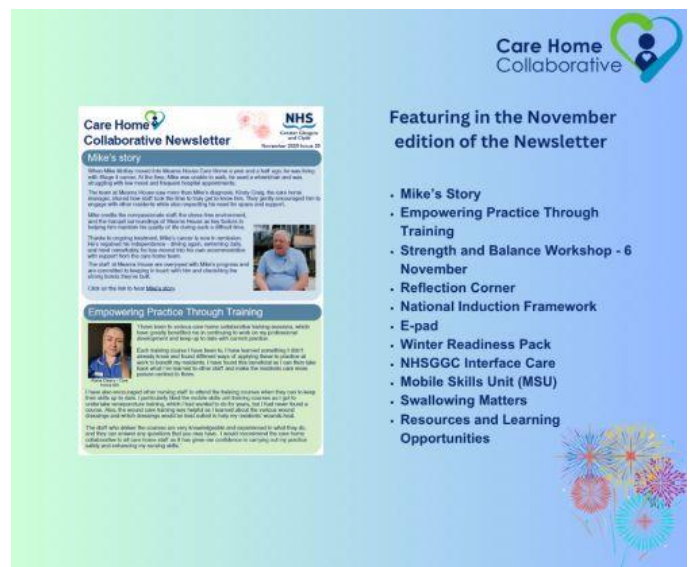
- Mike's Story
- Empowering Practice Through Training
- Strength and Balance Workshop - 6 November
- Reflection Corner
- National Induction Framework
- E-pad
- Winter Readiness Pack
- NHSGGC Interface Care
- Mobile Skills Unit (MSU)
- Swallowing Matters
- Resources and Learning Opportunities

And much more!

[Click here to view the newsletter](#)

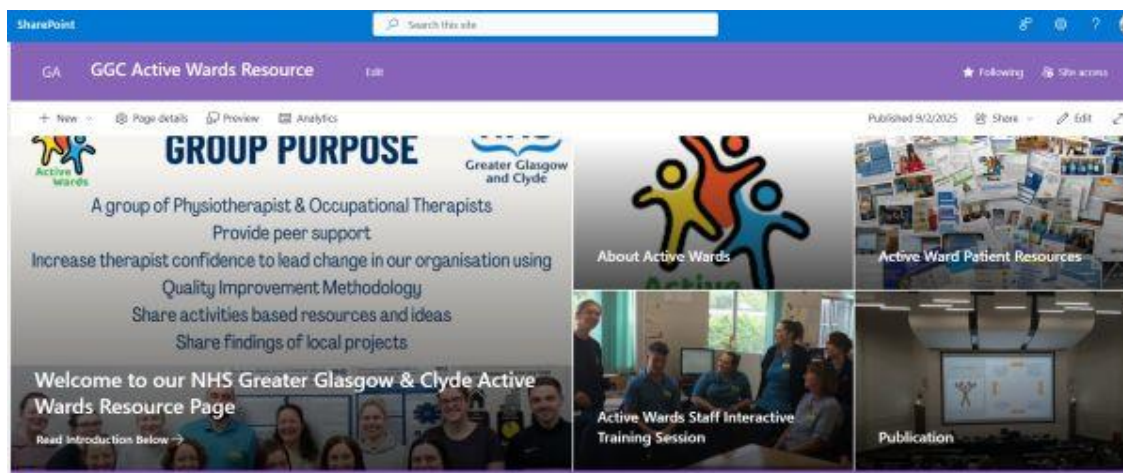
Active Wards Week: 10 – 14 November 2025

This week we celebrate Active Wards Week, giving us the opportunity to promote our Active Wards Principles and work being done across the board to increase physical activity and reduce sedentary time in our in-patient environment.



Further information and resources

Visit our new Active Wards Resource Page for ideas and contact details of your rep to find out what is going on in your local area: [GGC Active Wards Resource](#)



Our patient resource are held on our Acute Physiotherapy Physical Activity webpages: [Physical Activity - NHSGGC](#)

Remember, for all your latest news stories, visit the Staffnet Hub:

[GGC-Staffnet Hub - Home \(sharepoint.com\)](#)



Staff are reminded to make sure their [personal contact details](#) are up to date on eESS.

It is important to share Core Brief with colleagues who do not have access to a computer.

A full archive of printable PDFs are available on [website](#)