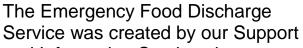**Daily update
(10 May 2023, 1.10pm)**

Topics in this Core Brief:

- Showcasing our staff - Emergency Food Discharge Service
- Managed car parking reintroduced
- Changes to fire response from 1 July affecting NHSGCC Community and Hospital buildings
- New Healthcare Science lead for NHSGGC
- NHSGGC Peer Support - Looking after Yourself and Others
- Acute Services Tracheostomy and Laryngectomy Education LearnPro
- Assistant Practitioner/Senior Charge Nurse-Midwifery Admin Assistant Service Needs Analysis

Showcasing our staff - Emergency Food Discharge Service

As we continue to showcase our Excellence Award winners, today we feature the **Better Health** winner, the Emergency Food Discharge Service.

The Emergency Food Discharge Service was created by our Support

and Information Services in partnership with the Aroma Café and GGC Foodbanks to help patients tackle the immediate cost of living challenge.

The team uses a referral process from clinicians to ensure no at risk patient or carer goes home hungry by providing a 2-day supply of food upon discharge. The intervention also enables conversations and support in relation to fuel for heating and money to be put in place prior to them going home.

Click here to read more about all the award winners.

Managed car parking reintroduced

Following on from our previous communications, staff are reminded that as parking at our sites is regularly at full capacity, resulting in major disruption, from **Thursday 1 June 2023** the previous controlled parking arrangements on the sites listed below will be reinstated. This means that these car parks will be strictly controlled and staff should park only in the appropriate, and clearly designated parking areas. The sites covered by managed car parking arrangements are:

- Gartnavel Hospitals Campus
- Glasgow Royal Infirmary Campus
- Queen Elizabeth University Hospital and Royal Hospital for Children Campus
- Royal Alexandra Hospital Campus
- Stobhill Ambulatory Care Hospital and Mental Health Units Campus
- Victoria Ambulatory Care Hospital
- West Glasgow Ambulatory Care Hospital

Staff should park in permit areas only if a current permit is held and displayed. Staff without permits are asked to park only in "staff non- permit" designated areas on each campus and must refrain from parking in patient and visitor areas. Contracted car parking services staff will be deployed as normal on each site during core hours to deter inappropriate parking. Staff without a valid permit should not attempt to gain entry to staff permit parking areas as entry will be denied and the consequential effect of this can lead to unnecessary queues and inordinate traffic disruption on the campus. Travel planning advice, alternative options guidance and active travel information is available from the [Travel Plan Department](#).

[Click here](#) for information on staff parking permits, including details of the application process and how to report a change of information, including your vehicle registration.

Changes to fire response from 1 July affecting NHSGCC Community and Hospital buildings

Your role
It is critical that staff place a backup call for all fire alarm activations, **as reinforced during your annual fire safety training**.

Change
As from 1 July 2023, Changes within Scottish Fire & Rescue Service (SFRS) policy means that they will no longer automatically attend all fire calls that have originated from the buildings' fire detection system.

Current practice
All NHSGGC locations have fire detection systems and procedures in place offering early notice of fire, as well as robust evacuation procedures and response mechanisms. These are tested annually via fire drills. The duty to evacuate buildings, silence and reset fire alarms is not the responsibility of SFRS but NHSGGC and staff within or, by a joint local arrangement, in shared buildings.

SFRS will attend all buildings where there is reasonable evidence of fire. This includes staff reporting via a 2222/999 call to report fire, the smell of smoke, or that the fire alarm has activated as a result of a call point activation.

Who will be affected by the change?
Many community buildings and possibly some non-sleeping hospital site buildings will be affected. The change excludes any building that is part of a sleeping risk, therefore all inpatient areas and attached buildings will still receive a SFRS attendance if the fire alarm activates.

Next steps
NHSGCC has formed a Short Life Working Group to assess and adjust to any required changes to affected buildings and, where required, will assist local managers to introduce any adjustments to the present procedure.

It is critical that staff continue to place a backup call for all fire alarm activations, as reinforced during your annual fire training.

Advice
Further information and advice can be found on the Staffnet link of Fire Safety & Training Fire Safety Policy & Protocol link: SFRS Reduced Attendance 01 July 2023.

Please contact the NHSGCC Fire Safety Advisors below if you have any queries, are unsure, or would like to discuss this or the work of the Short Life Working Group further.

QEUH: francis.deacon@ggc.scot.nhs.uk
IRH and RAH: allan.brown2@ggc.scot.nhs.uk
GRI: stephen.goodfellow@ggc.scot.nhs.uk and edward.gallagher2@ggc.scot.nhs.uk
GGH and West Glasgow ACH: des.keating@ggc.scot.nhs.uk and alastair.ross@ggc.scot.nhs.uk
Partnerships West: robert.dockrell@ggc.scot.nhs.uk and gerard.lyons@ggc.scot.nhs.uk

New Healthcare Science lead for NHSGGC

Biochemist Karen Brazier has been appointed as Healthcare Science Professional Lead for NHSGGC.

Karen, who is currently based at the Royal Alexandra Hospital, said: "I'm delighted to be taking on the role. Healthcare Science is part of almost all clinical decisions and a vital part of the patient pathway."

Director of Nursing Professor Angela Wallace said: "Karen will be able to bring a wealth of experience that means she will be able to support and enhance the contribution Healthcare Science plays in NHSGGC now and in the future."

NHSGGC Peer Support - Looking after Yourself and Others

Our Peer Support Framework provides an online module, Looking after Yourself and Others, designed for all staff and structured on the following themes:

1. Understand what a normal response to stress is
2. Understand the basic elements of Psychological First Aid
3. Wellbeing - Learn how to care for ourselves
4. Peer Support - How to support our colleagues.

The module is available on: Learnpro – GGC 277: Looking after Yourself and Others learnPro NHS - Login (learnprouk.com) and for NHSGGC/HSCP staff and social care staff on their Local Authority learning platforms.

Further resources for staff mental health and wellbeing can be found on HR Connect Mental Health and Wellbeing - NHSGGC. To find out more about Peer Support in NHSGGC please email: peer.support@ggc.scot.nhs.uk

Module outline – Section 3: Wellbeing - Learn how to care for ourselves

- It might be our instinct to always help others first, but this can lead to burnout over the long term
- To provide good care for others we must first be in a good position to do this
- This means we must look after ourselves so we can care for others
- If we don't look after ourselves we won't have the resources to care for others

- How the ABC of self-care can help – Awareness, Balance, Connections.

Acute Services Tracheostomy and Laryngectomy Education LearnPro

NHSGGC Acute Services Corporate Practice Development Team wish to announce the launch of a new LearnPro module: GGC: 306 Acute Services Tracheostomy and Laryngectomy Education which can be located under the 'Specialist Subjects' category.

The module provides an educational resource on the fundamental understanding and knowledge required for Acute Services Registered Nurses, Midwifes and Allied Health Professionals to safely care for patients with a tracheostomy/laryngectomy.

Following completion, learners should book a place on a tracheostomy/laryngectomy workshop via eESS or alternatively should access established training provided within their specialty (e.g. critical care areas) to consolidate their learning.

Please direct any queries regarding the module or further education and training to: practicedevelopment.enquiries@ggc.scot.nhs.uk.

Assistant Practitioner/Senior Charge Nurse-Midwifery Admin Assistant Service Needs Analysis

This is a really exciting time in nursing as we take our first steps to look at our care giving teams as we consider the role of Assistant Practitioners, allowing us to continue giving the best possible person-centred care to our patients and service users.

We are also looking at the introduction of an Admin Assistant role (Acute Services Only), which would have multifactorial benefit to our services, staff and patient experience, allowing Senior Charge Nurse/Midwifery staff less time completing administrative duties and more time being visible to patients, relatives and staff as a clinical leader.

As part of this work, we are carrying out a Service Needs Analysis (SNA) asking you to indicate how many Assistant Practitioners and Admin Assistants you would look to appoint, this will help us to recruit and allow us to commission college places for Assistant Practitioners. Chief Nurses for your Sector/HSCP will have final authorisation of your SNA. You will be able to access the SNA through your Chief Nurse.

Information and informative sessions for Assistant Practitioners will be available, both for recruiting managers/operational teams; as well as existing HCSW who would like to consider this exciting role.

For more information visit our website at:
[HealthCare Support Worker (HCSW) Portal - NHSGGC](#) which will host all the latest information, such as FAQs, flowcharts and guidance documents.

Assistant practitioners are experienced staff working in support roles, alongside registered healthcare professionals. Although they are not registered practitioners they have a high level of skill through their experience and training.

Staff are reminded to make sure their [personal contact details are up to date on eESS](#).