



**Daily update**  
**(10 June 2026, 2.50pm)**

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### **Carers week: 8 – 14 June**

As part of **Carers Week**, we are sharing our recorded staff wellbeing webinar which is part of our 20 Minute 'Let's Talk About... Wellbeing' Webinar Series:



#### **'Caring Around the Clock'**

This session is available for all staff to watch at a time that suits them, either individually or as part of a team discussion.

Many people balance work alongside caring responsibilities for a family member, friend, partner or neighbour. These responsibilities can be meaningful and rewarding, but they can also bring pressures and challenges for personal wellbeing.

How to use this recording:

- Watch individually at a time that suits you
- Use as part of a team or service discussion
- Share with colleagues who may find it helpful or relevant
- Pause and reflect on key messages as you go.

**Access the recording by clicking on the link below:**

[Let's talk about...Caring beyond the clock.mp4](#)

**Other Resources to access that may be helpful:**

[Home | Carers Week](#)

[Information for Carers - NHSGGC](#)

If you are a Carer, our **Carers Peer Support Hub** offers a safe and confidential space to talk with a peer who will listen without judgement and provide support. To get in touch, email: [ggc.peer.support@nhs.scot](mailto:ggc.peer.support@nhs.scot) and put "**Carers Hub Support**" in the subject line.

Want to know more about our Peer Support Network visit [Peer Support Network - NHSGGC](#) or [Peer support in the workplace: putting theory into practice - National Wellbeing Hub](#).

## Conference highlights real-world impact of research and innovation across NHSGGC

Leaders in healthcare, research and innovation came together at the Queen Elizabeth University Hospital campus last week to showcase how collaboration is shaping the future of health and care across NHS Greater Glasgow and Clyde.

Our first Research and Innovation Conference brought together clinicians, academics and partners to highlight the real-world impact of research, explore new ideas and strengthen collaboration across the system.



Attendees heard from senior leaders including Scotland's Chief Scientist Professor Dame Anna Dominiczak, NHSGGC Chair Dr Lesley Thomson KC, Medical Director Dr Scott Davidson and Director of Research and Innovation Professor Jesse Dawson, alongside a range of expert speakers from across the health and academic sectors.

To read more, visit [Staffnet](#).

## Support available for staff with caring responsibilities

Across the UK, millions of people provide unpaid care, yet not even half of adults can recognise what "counts" as being a carer. As a result, many carers miss out on practical support, financial help or workplace adjustments simply because they do not identify themselves as carers.

If you are an unpaid carer outside of work, or manage someone who does, a range of support is available to help you, or your team member(s), balance work and caring.

This includes:

- The [NHSGGC Carer Passport](#), which provides a simple way to record caring responsibilities and agree supportive working arrangements with your manager
- Access to peer support through the Carer [Peer Support Hub](#)
- Opportunities to connect with other carers via a [dedicated Teams space](#)
- [Information](#) on internal guidance and external organization's offering advice and practical support.

The [Carer Passport](#) is voluntary and can be updated if your circumstances change. It helps ensure carers do not need to repeatedly explain their situation and supports consistent, compassionate conversations in the workplace.

If you are a carer, or think you may be one, please take time to explore the support available and speak with your manager.

## Be Part of Healing Arts Scotland 15-19 June 2026

**Healing Arts Scotland** is part of the Jameel Arts & Health Lab's global outreach campaign in collaboration with the World Health Organization. Healing Arts Scotland is a biennial celebration of the role of the arts to improve health and wellbeing.

If you are looking to take part during the week there are a wide range of free and ticketed events, national conference and range of regional days. There are also a range of other events, networking days and workshops so check out the interactive map on the website. For more details of the weeklong programme across Scotland go to [www.healingartsscotland.org](http://www.healingartsscotland.org).

Highlights of in-person conference days and networking events across the country include:

- **Healing Arts Scotland Aberdeen Day** – Monday 15 June, Aberdeen [Book Now](#)
- **Healing Arts Scotland Shetland Day** - Tuesday 16 June, Shetland [Book Now](#)
- **Healing Arts Scotland Dumfries & Galloway Day** - Tuesday 16 June, Dumfries [Book Now](#)
- **Healing Arts Scotland Dundee Day** - Tuesday 16 June, Dundee [Book Now](#)
- **Healing Arts Scotland Research Conference** -Tuesday 16 June, Dundee [Book Now](#)
- **Healing Arts Scotland Edinburgh & Lothians Day** - Wednesday 17 June, Edinburgh [Book Now](#)
- **Healing Arts Scotland Borders Round Table** – Wednesday 17 June, Borders [Find out more](#)
- **Healing Arts Scotland National Conference** - Thursday 18 June, Edinburgh [Book Now](#)
- **Healing Arts Scotland Glasgow Day** - Friday 19 June, Glasgow [Book Now](#)
  - **Special Offer – Discounted Rate!**  
Book now and get £10 off with the special discount code (£25 instead of £35) <https://tickets.glasgowlife.org.uk/40684/40685?z=0?premove=Y&promo=HASGLAS>  
Discount will be applied when Book Now is selected.
- **Healing Arts Scotland Renfrewshire Day** - Friday 19 June, Paisley – [Find out more](#)

**Remember, for all your latest news stories, visit the Staffnet Hub:**

[GGC-Staffnet Hub - Home \(sharepoint.com\)](https://sharepoint.com)





\*\*\*Staff are reminded to make sure their personal contact details are up to date on eESS.\*\*\*

It is important to share Core Brief with colleagues who do not have access to a computer.  
A full archive of printable PDFs are available on [website](#)