

Core brief

Daily update
(10 July 2025, 10.30am)

Topics in this Core Brief:

- New Interface Chief of Medicine appointed
- Ensuring zero tolerance to sexual harassment – what you can do
- Looking after yourself and others sessions

New Interface Chief of Medicine appointed

Neil Ritchie has been appointed as New Interface Chief of Medicine.

Neil has been a consultant physician at the Queen Elizabeth University Hospital for the last nine years working within the infectious diseases and acute medicine departments. Neil has worked in various roles including Lead Clinician for the Initial Assessment Unit, Clinical Director for Medical Services along with a recent role as Interim Clinical Director for the Emergency Department.



Neil said: "I am really excited to take up this role within the Interface Division. As NHSGGC adapts to the demands of the modern NHS, it is vital that we work to join up community and hospital care as effectively as possible to ensure high quality care is available to everyone and avoiding hospital stays whenever possible. I look forward to providing clinical leadership to the service as it develops."

Ensuring zero tolerance to sexual harassment – what you can do

It's everyone's duty to tackle sexual harassment at work and ensure we have no tolerance to this in our culture. Our [Cut It Out](#) programme and our aim to achieve the [Equally Safe at Work \(ESaW\)](#) accreditation strengthens NHSGGC's plans, policies and approaches to cut out sexual harassment and its link to gender-based violence.

If you are a line manager, you play a vital part in this. Here are the key things you need to know and what actions to take when responding to sexual harassment at work:

- It's [everyone's duty to prevent and address sexual harassment](#), including third-party harassment.
- Familiarise yourself with the [signs that someone may have experienced sexual harassment](#), such as a change in the quality of their work or behaviour.
- If you suspect one of your team is being sexually harassed, you should [start a conversation](#). When starting a conversation, ensure you have a quiet and confidential space. Create a safe environment by being open and non-judgemental.
- If an employee chooses not to disclose or report, it's important to respect their decision, but you can signpost them to the [NHSGGC counselling service](#). Listen to the person, let them know you believe them and take their disclosure seriously
- If the person wants to make a [formal complaint](#), provide information on how to report and what support is available, and if they don't, keep a [confidential record](#), [outline available support](#) and agree a time to check in.

NHSGGC is dedicated to creating a workplace free from sexual harassment and gender-based violence. Support and advice are available to any member of staff who has experienced harassment:

- Line Management
- Bully and Harassment Confidential Contacts – [Confidential Contacts - NHSGGC](#)
- [HR Support & Advice Unit](#) – contact them via the [HR Self Service Portal](#) or calling 0141 278 2700 (Option 2) if your enquiry is urgent or you would prefer to talk to an HR Assistant.
- You can also contact our anonymous Bullying and Harassment helpline on 0141 201 8545
- Speak Up! - [Speak Up! - NHSGGC](#)
- Spiritual Care Services - [Spiritual Care and Chaplaincy Service - NHSGGC](#)
- Occupational Health Services - [Mental Health and Wellbeing - NHSGGC](#)
- Peer Support Network - [Peer Support Network - NHSGGC](#)
- Civility Saves Lives - [Home | Civility Saves Lives](#)
- The SARC Service - [Turn to SARCS](#)
- Women's Aid – [Support and Advice](#)
- Scottish Domestic Abuse and Forced Marriage Helpline - [Here](#)

Looking after yourself and others sessions

Over 5,000 colleagues have now taken part in our 'Looking after yourself and others' sessions, a practical and supportive 45-minute session designed to help staff better manage stress and improve overall wellbeing.



These sessions focus on stress management, self-care and practical skills like breathing and relaxation techniques. The approach is reflective and hands-on, giving you space to consider your needs and take meaningful action.

Here's what some participants have said:

- "Very practical in approach and made me feel positive about how changes could be made."
- "Remembering I am firstly important."
- "Encouraging me to write an action plan."

If you haven't participated yet, we encourage you to consider attending a session to gain practical strategies and support for managing stress and maintaining your wellbeing.

Next session: Friday 18 July, 3.00pm - 3.45pm, MS Teams

[Book your place here](#)

For those who need a bit more time to plan diaries to attend, please visit [our website](#) for further training dates/sessions available through to the end of 2025.

Remember, for all your latest news stories, visit the Staffnet Hub:
[GGC-Staffnet Hub - Home \(sharepoint.com\)](#)

Staff are reminded to make sure their [personal contact details are up to date on eESS](#).

**It is important to share Core Brief with colleagues who do not
have access to a computer.
A full archive of printable PDFs are available on [website](#)**