



Daily update
(10 February 2026, 11.20am)

Topics in this Core Brief include:

- [Medic Peer Support Hub – In-person training day](#)
- [Beatson clinicians share breast cancer care collaboration in Gaza](#)

Medic Peer Support Hub – In-person training day

David Livingstone Room, Glasgow Royal Infirmary: 29 April 2026, 9.30am – 4.30pm



Medicine can be deeply rewarding and emotionally demanding. It can lead to many carrying experiences that don't end when a shift finishes: difficult decisions, challenging situations or moments that stay with us long after the day is over.

The Medic Peer Support Hub gives doctors across NHSggc a space for confidential peer to peer conversations about work and life pressures helping build a culture where everyone feels seen and supported.

Our Medic Peer Supporter Training takes place during **Stress Awareness Month**, making April the perfect time to strengthen wellbeing and grow our Medic Peer Support network.

About the training:

We're offering a full day in person Medic Peer Supporter Training on **29 April 2026**.

The training helps Doctors feel:

- More confident supporting colleagues through challenges at work or in their personal life
- Better equipped to help colleagues reflect, cope and find practical support
- Enhanced skills in listening, empowering and signposting safely

You'll also be connected into the wider **NHSggc Peer Support Network** for ongoing support beyond the day.

Who is this for?

This training is for doctors who:

- Want to support colleagues through difficult times, at work or in life
- Value peer support within the medical workforce

- Are interested in contributing to a kinder more connected workplace

No previous experience is needed just a willingness to listen and support.

If you have any questions or want to get in touch to see if this is for you then please contact Dr Hazel Miller, Medical Wellbeing and Medic Hub Champion:

Hazel.Miller8@nhs.scot.

Book Your Place:

Wednesday 29 April, 9.30am – 4.30pm

David Livingston Room, Glasgow Royal Infirmary

[Book Here](#)



Accessing Medical Peer Support

If you would like to access confidential medical peer support yourself:

Email: [gjc.peer.support@nhs.scot](mailto:ggc.peer.support@nhs.scot) with the subject **Medical Peer Support**.

Want to know more about our Peer Support Network visit [Peer Support Network - NHSGGC](#) or [Peer support in the workplace: putting theory into practice - National Wellbeing Hub](#) or contact the team at gjc.peer.support@nhs.scot.

Beatson clinicians share breast cancer care collaboration in Gaza

Two senior oncology specialists from the Beatson West of Scotland Cancer Centre have helped transform breast cancer services for women living in Gaza.

Advanced Nurse Practitioner Gerry O'Hare and Consultant Clinical Oncologist Dr Abdulla Alhasso have worked to establish the region's first dedicated breast cancer service and introduce multidisciplinary care.

They have also trained and mentored local teams, travelling to Palestine on numerous occasions in their own time, and helping to arrange placements in Scotland for students to expand their skills and knowledge.

Breast cancer is a major health issue for women globally, but severe restrictions on resources, training and treatment mean women in Gaza often experience significantly poorer outcomes.

Gerry and Abdulla would encourage those affected, Palestinian or otherwise, by the ongoing events in the Middle East to contact the existing support resources available to all NHSGGC employees. More details are included next in the Core Brief.

Read their full story [here](#).



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A full archive of printable PDFs are available on [website](#)**