

NHSGGC

Core Brief



Daily update
(1 December 2025, 10.35am)

Topics in this Core Brief include:

- [Board urges staff to have their annual Personal Development Planning and Review \(PDP&R\) conversations](#)
- [GGC Medicines Update](#)
- [Let's Talk Practice Education! Restorative Clinical Supervision](#)
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Board urges staff to have their annual Personal Development Planning and Review (PDP&R) conversations

The annual Personal Development Planning and Review (PDP&R) conversation gives dedicated time for staff to reflect over the year and summarise what has gone well, what could create a better experience, and what to plan for in the year ahead.

Non-Executive Director and Vice Chair of the People Committee Cath Cooney shares this short message for staff, encouraging colleagues to record their conversation on Turas to ensure that they are taking place and are of real value to staff:

https://www.youtube.com/watch?v=TOHpimlk_vg&feature=youtu.be



As Cath highlighted, we previously invited staff to take part in Collaborative Conversations on PDP&Rs and there are still places available if you would like to take part.

Each session will last around 50 minutes and takes place via MS Teams or in person. Your feedback will be anonymised and used to inform future improvements in how we support staff development and wellbeing.

Please book the session that suits you best using the links below and take this opportunity to shape the future of learning in our organisation.

Date	Time	Where	Booking link
Tuesday 2 December 2025	13.30 – 14.30	MS Teams	Click here to book a space
Wednesday 3 December 2025	12.30 - 13.30	MS Teams	Click here to book a space
Thursday 4 December 2025	09.30 – 10.30	Lecture Theatre, Gartnavel General Hospital	Click here to book a space



GGC Medicines Update is a series of blogs with important medicines related messages relevant to all healthcare professionals across GGC. Please see below for new blogs and relevant updates.

New blogs

Click on the following links to access the recently published Medicines Update blogs.

- [Administration of Medicines via Enteral Feeding Tubes in Adult Patients](#)

Updates

- [Guideline News October 2025](#)

Previously published blogs

Did you know that 1st December is **World Aids Day**? This is a global movement to remember those lost to HIV and to challenge stigma surrounding people living with HIV. Thanks to effective antiretroviral therapy, individuals with HIV can live long, healthy lives.

In the acute setting, correct management of antiretrovirals is essential—this includes accurate medicines reconciliation, checking for drug interactions, and avoiding missed doses.

For practical guidance, please refer to our previously published blog on [Antiretrovirals for the Treatment of HIV in Acute](#).

Medicines Safety Sharepoint site [NHSGGC network access required]

A [sharepoint site on medicines safety](#) is available for NHSGGC staff. The site includes the [Acute Division Safer Use of Medicines Bulletins](#) in addition to learning summaries, memos and the safe and secure handling of medicines policy. Please see October's bulletin on SGLT2 inhibitors:

- [Acute Division - Safer Use of Medicines Bulletin - Edition 6 \(Oct 25\)](#)

All of our blogs can be found on the [GGC Medicines website](#). The search function can be used to find specific blogs. Anyone can join our mailing list by contacting us at ggc.medicines.update@nhs.scot

Let's Talk Practice Education! Restorative Clinical Supervision

As we wrap up our spotlight on Practice Education, this week we turn to Restorative Clinical Supervision—a vital support process for healthcare professionals. Our PEFs and CHEFs have been instrumental in rolling out this initiative across NHSGGC, leading dedicated clinical supervisor training cohorts to embed restorative practice within our teams.

Restorative clinical supervision is a vital support process designed for healthcare professionals. It focuses on meeting emotional needs, promoting well-being, and reducing stress and burnout. This approach creates a safe “thinking space” where colleagues can reflect on challenging experiences, discuss emotional issues, and build resilience—ultimately improving motivation, decision-making, and workplace culture.

Over the winter period, we will pause these cohorts while reviewing the delivery of our core materials and the practical support offered to those undertaking the preparation programme. This review will help us align with the Scottish model of clinical supervision, which includes professional, practice, and restorative elements. Updates will be posted on our Practice Education Webpages (see link below).

In the meantime, we will continue to offer virtual group restorative supervision sessions for all newly qualified practitioners. Booking is now open via our PEF webpages (see link below). Please note: all participants must complete Unit 1 of the Clinical Supervision Learning Programme on Turas Learn before

attending. We look forward to seeing you soon

[NHSGGC Practice Education Webpages](#)



Let's talk about... wellbeing webinar - Changing Habits for the Better

Our habits shape much of how we live - influencing our health, wellbeing and daily routines. Understanding how habits form and how to change them can help us make positive, lasting improvements in our lives.

This short 20-minute webinar will explore practical tools and techniques for modifying habits and introduce behaviour change strategies that really work. Whether you're thinking about New Year's resolutions for 2026, building healthier routines on the run up to Christmas, or simply want to make small changes that stick, this session is for you.

Monday 15th December 10am MS Teams

[Book your space here](#)

Keep an eye out for our 2026 wellbeing webinar calendar coming soon. Recordings of past webinars can be watched on the [webinars SharePoint](#).

Remember, for all your latest news stories, visit the Staffnet Hub:

[GGC-Staffnet Hub - Home \(sharepoint.com\)](#)



Staff are reminded to make sure their personal contact details are up to date on eESS.

**It is important to share Core Brief with colleagues who do not have access to a computer.
A full archive of printable PDFs are available on the [website](#)**