

Core brief

Daily COVID-19 update (9 April 2020, 5.15pm)

Topics in this Core Brief:

- Testing now available for Household Members and Staff with COVID-19 symptoms
- Keeping active in the Relaxation and Recuperation Hubs

Testing **now** available for Household Members and Staff with COVID-19 symptoms

From today, COVID-19 testing for symptomatic staff has been launched for NHSGGC staff, HSCP health and social care staff in the GGC area, GPs, dentists and community pharmacy workers.

The testing programme also continues for household contacts who have symptoms of COVID-19 (fever of ≥ 37.8 C or new persistent cough).

Staff can arrange for testing for either themselves or household members if either have symptoms via their line manager who can complete an e-referral form. [Available here](#). Testing needs to be taken within the first 5 days of symptoms.

While waiting for appointments and test results, staff and household contacts should follow guidance on self-isolation available from NHS Inform - <https://www.nhsinform.scot/illnesses-and-conditions/infections-and-poisoning/coronavirus-covid-19#>

All tests are by appointment only and staff or household members (or their parent/guardian if they are aged under 16 years) will then be informed of the appointment slot and instructions for attending by email.

This is solely a testing service and does not include clinical assessment. If you are concerned about worsening symptoms, please call NHS24 on 111.

[Click here for more information on staff testing.](#)

Keeping active in the Relaxation and Recuperation Hubs

Colleagues have been asking about arrangements for the safe use of exercise equipment in the Staff R&R Hubs.

To protect and safeguard colleagues, the following arrangements have been set for the exercise equipment, in accordance with advice from our Infection Prevention and Control Team:

- Each piece of equipment will be spaced well apart (several metres) in the 'Active Zones'.
- The equipment must be wiped down before and after use by all users (our staff are in the Hubs 24/7 and can monitor and assist in this).

And please remember, the R&R Hubs are only for people actually at work, during breaks or on their way to or leaving shift. Under the current restrictions on non-essential travel, the hubs must not be used when off duty.

Please keep up-to-date with the latest guidance on our dedicated web pages at: www.nhsggc.org.uk/covid19. If you have any questions about the current situation please check the [FAQs](#) first. If you have any further questions, please email: staff.covid19@ggc.scot.nhs.uk

Staff are reminded to make sure their [personal contact details are up to date on eESS](#).

Going Home Checklist

Check on your colleagues before you leave: **are they ok?**

Are you ok? Your colleagues are here to listen and support you too.

Need some support? There is help

www.nhsggc.org.uk/covid19/staffsupport



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It is important to share Core Brief with colleagues who do not have access to a computer.
A full archive of printable PDFs are available on [StaffNet](#)