

Daily update (8 September 2020, 4.45pm)

Topics in this Core Brief:

- Play by the rules to keep everyone safe
- Visiting restrictions posters
- Organ Donation Week 7-13 September
- Cyber-attacks on home workers remote access scams

Play by the rules - to keep everyone safe

Public health colleagues have issued an appeal to people in the five local authority areas affected by local restrictions to play by the rules – as COVID cases continue to rise in the area.

We are seeing increased number of cases in these areas, often due to house parties but some also relate to visits to bars and restaurants. Nobody wants to see pubs and restaurants have to close down again. By all means go to the pub and see friends, but if you do, you must socially distance. If you go somewhere and it's busy, you should leave and find somewhere quieter - and safer. If you are out, pick a bar and stay in that one place, as moving between venues just increases your chances of catching the virus.

Nobody wants to go back into lockdown. Nobody wants to be forced into only seeing friends on a screen again. So if we want to continue to meet our friends and family to enjoy a night out then we all need to play by the rules. Remember the FACTS.

Face coverings Avoid crowded places Clean your hands regularly Two metre distance Self-isolate and book a test if you have symptoms

It's simple, we all need to play by the rules or risk a return to even tighter restrictions. This is in our hands – so let's take control and make this work.

Visiting restrictions posters

In light of the Scottish Government announcement last night (Monday 7 September) extending restrictions to include Renfrewshire and East Dunbartonshire, the Visiting Restrictions posters which were sent to the Vale of Leven and Glasgow hospitals are being updated and replacement posters will be issued in the coming days. These new posters will also be sent to the Royal Alexandra Hospital.

For more information, visit: www.nhsggc.org.uk/covid/hospitalvisiting

Organ Donation Week 7 -13 September

This week sees the launch of Organ Donation Week (Monday 7 – Sunday 13 September 2020). To mark this we have asked some of our staff who work in this area of NHSGGC to tell us a bit more about the importance of organ donation and their experience of it.

Here we talk to Colin Faichnie (pictured right), Specialist Nurse Organ Donation, we asked:

What is your experience (professional or personal) of organ donation?

I have been involved in Organ Donation for the last nine years as a Specialist Nurse and laterally as a Team Manager

Why is organ donation important?

Approximately three people die a day on the transplant waiting list, without organ donation there would not be any hope for those on the list whose only treatment is to receive an organ transplant.

What would you say to someone thinking about being an organ donor?

Many families take some comfort knowing that their loved one has helped others to live after they have passed away. It is very important for someone who is joining the Organ Donor register to tell their nearest relative of their decision so that they can support that decision in the future.

Visit: <u>www.organdonationscotland.org</u> Twitter: @scotorgandonor Facebook: @OrganDonationScotland

Cyber-attacks on home workers - remote access scams

Targeted cyber-attacks on home workers continue to increase, in particular through hoax phone calls.

Scammers will phone staff, posing as the IT department, stating that they are troubleshooting issues with the Remote Access Service (VPN, RAS, VMware, VDI Blast, etc). The aim of these calls is to obtain your login details, either over the phone or by asking you to enter them on a fake website.

The scammer will claim that in order for them to "fix the issue" they need to install software on your computer, which once installed, provides them with remote access and control of your computer. At some point, the scammer will try to convince you to log into your account and possibly even make a payment for the "fix". Shortly after, the criminal will then take control of your online account. In some cases, the screen goes blank so you can't see what's going on.

Look out for unsolicited telephone calls by scammers claiming to be from a telecommunications or technology company claiming to be able to fix your computer or WiFi router.

Never share your login details or passwords with anyone, even if they claim to be from IT and appear genuine. If you are unsure about who is calling or what they are asking you to do, ask for their name and contact details, then hang up immediately. You can then confirm who they are by looking up a staff directory, such as the global address list on Outlook. If they are genuine, then you can call them back using the number held on our systems.





If you suspect you're a victim of a remote scam, turn off your computer, and seek help from NHSGGC IT Service Desk on 0345 6125000.

Please keep up-to-date with the latest guidance on our dedicated web pages at: <u>www.nhsggc.org.uk/covid19</u>. If you have any questions about the current situation please check the <u>FAQs</u> first. If you have any further questions, please email: <u>staff.covid19@ggc.scot.nhs.uk</u>

Staff are reminded to make sure their personal contact details are up to date on eESS.



It's important to maintain the social distancing rule. Respect personal space and keep 2 metres apart.

It is important to share Core Brief with colleagues who do not have access to a computer. A full archive of printable PDFs are available on <u>StaffNet</u>