

Core brief

Daily update
(7 April 2022, 12.45pm)

Topics in this Core Brief:

- Picturing our Workforce: One NHS Family
- Do you need help with money worries
- Go green for better health

Picturing our Workforce: One NHS Family

We are pleased to announce the launch of the **Picturing our Workforce: One NHS Family** photographic exhibition. Our One NHS Family campaign has been developed as part of NHSGGC's ongoing commitment to equality, diversity and inclusion as we continuously work towards building a Better Workplace.

The exhibition has now been installed at Glasgow Royal Infirmary and will be displayed for approximately four weeks before moving on to the Queen Elizabeth University Hospital/ Royal Hospital for Children on 4 May 2022. The exhibition will then rotate at four week intervals across the following the sites: Royal Alexandra Hospital, Inverclyde Royal Hospital, Vale of Leven, Gartnavel Campus, New Victoria Hospital, Stobhill Hospital. We hope to have the online exhibition launched by mid-May 2022.

We would like to thank all of the volunteers who participated in the exhibition, the Public Arts and Equalities Group, Medical Illustration, Public Health Animating Public Spaces Exhibitions Programme and the One NHS Family Group for their continued support and dedication to the planning and execution of the **Picturing our Workforce: One NHS Family** exhibition.



Do you need help with money worries

NHS Credit Union provides financial support to over 20,000 members. We are a member owned Credit Union and for 24 years have supported NHS employees and their families across the Greater Glasgow and Clyde area.

We know times are tough at the moment and that it is easy to fall into debt in the same way one of our members has [in this video clip](#). Facing rising debt Rosie contacted the NHS Credit Union who were able to offer her a manageable solution. Unfortunately, Rosie's story is not unique so if you need financial support please contact us on 0141 445 0022.



Go green for better health

The benefits of greenspace and Scotland's great outdoors for improving health, have been highlighted as part of this year's World Health Day.

The theme of this year's World Health Day, organised by the World Health Organisation, is Our Planet, Our Health.

NHSGGC is one of the largest public sector landowners in Scotland, with assets and estates covering much of the West of Scotland and we're working to increase access to our greenspace, for the benefit of patients, staff, visitors and the wider community.

Historically, the grounds surrounding hospitals were a key part of the approach to treatment and rehabilitation, with orchards, gardens and even farms being commonplace – a feature which is seen on sites such as the Gartnavel Campus. Over time our understanding of the healing benefits of access to the outdoors dwindled, as advances in medicine and technology were made. However, there is now an opportunity to rediscover the health benefits that time spent in the outdoors can provide.

Over the last two years, many of us have been able to appreciate the mental health benefits of time spent in nature, which include reduced stress; improved social cohesion; and improved mental health and cognitive function.

As well as health and wellbeing benefits, improving the NHSGGC outdoor estate also helps the organisation work towards its commitment to the UN Sustainable Development Goals, including Goal 3: Health and wellbeing, and Goal 15: Life on Land.

To find out more visit [Hot Topics](#) on StaffNet.



The Secret Garden at Gartnavel



Planting trees at Gartnavel

Lateral Flow Tests - Available to all staff working on site

Speak to your line manager about where to collect your test kit, then:



Register
your kit



Test
twice per week



Record
your results

Keep your colleagues and patients safe from COVID-19

Help stop the spread!

Visit: www.nhsggc.org.uk/lfd-stafftesting

Please keep up-to-date with the latest guidance on our dedicated web pages at: www.nhsggc.org.uk/covid19. If you have any questions about the current situation please check the FAQs first. If you have any further questions, please email: HR.Support@ggc.scot.nhs.uk.

Staff are reminded to make sure their [personal contact details are up to date on eESS](#).

**It is important to share Core Brief with colleagues who do not have access to a computer.
A full archive of printable PDFs are available on [StaffNet](#)**