

Daily update (5 July 2022, 3.45pm)

Topics in this Core Brief:

- Marking the 74th anniversary of the NHS in Scotland
- Don't forget to update your Sharps training on LearnPro
- Fitness/Circuit Session at Eastwood Health Centre

Marking the 74th anniversary of the NHS in Scotland

2022 marks the 74th anniversary of the NHS which was founded on 5 July 1948. This year also marks the 74th year of social care services.



In this 74th anniversary year, the NHS continues to respond in ways it has never had to before to deal with the ongoing challenges of

COVID-19. There has never been a better time to recognise the work of all our NHS and social care staff and we want to say a big thank you!

Professor Angela Wallace, Executive Nurse Director, has filmed a special message thanking all staff, past and present, for their hard work and commitment. Watch the video here.

The Cabinet Secretary for Health and Social Care, Humza Yousaf, has also recorded a message for NHS and social care staff to celebrate this special day. Watch the video here.

Don't forget to share your celebrations on social media and tag @NHSGGC and use the hashtag #nhsscot74





Don't forget to update your Sharps training on LearnPro

Staff who may come into contact with sharps, including accidentally, **must** undertake the GGC LearnPro module:

GGC061: Management of Needlestick and Similar Injuries

Users of sharps **must also** undertake the NES LearnPro module:

NES: Prevention and Management of Occupational Exposure (including sharps)

Practice Development have also produced an instructional video for Sharps Safety: https://www.youtube.com/watch?v=JpvmY0KluNw

Fitness/Circuit Session at Eastwood Health Centre

Active Staff are delighted to announce our newest FREE fitness class for all staff. From Tuesday 5 July 2022 at 17:15 one of our brilliant instructors will be taking you through your paces at a Fitness/Circuit Session at Eastwood Health Centre.

This class is open at all fitness levels. A fun hour of varied exercises effective in burning calories and increasing fitness and stamina.



Why not click on the link below, book yourself a place and come along? Or check to see if there are any Bootcamps closer to you. Visit: Active Staff - NHSGGC

We also have a mixture of early morning and evening classes, outdoors or streamed by instructors over <u>Microsoft Teams</u> to the comfort of your home. We hope we have something on offer for all levels and for you to enjoy. To book in, it couldn't be easier. All you need to do is <u>register online</u>. We hope you're looking forward to getting active, having fun... and all for **FREE!**

Lateral Flow Tests - available to staff who work with patients and service users in face-to-face settings

Speak to your line manager about where to collect your test kit, then:







Keep your colleagues and patients safe from COVID-19
Help stop the spread!

Visit: www.nhsggc.scot/staff-recruitment/lft-staff

Please keep up-to-date with the latest guidance on our dedicated web pages at: www.nhsggc.scot. If you have any questions about the current situation please check the FAQs first. If you have any further questions, please email: HR.Support@ggc.scot.nhs.uk.

Staff are reminded to make sure their personal contact details are up to date on eESS.