

# Core brief

**Daily update**  
**(1 June 2022, 5.15pm)**

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## **Pride Month 2022**

After two years of COVID-19 disruptions, Pride Month returns to NHS Greater Glasgow and Clyde this June.

We have lots of activities in store for you to enjoy, beginning with our Pride stalls. You can learn more about our LGBTQ+ Staff Forum and sign up to the NHS Scotland Pride Badge Pledge, at:



Glasgow Royal Infirmary on Tuesday 7 June, 10am until 2.00pm

Queen Elizabeth University Hospital on Friday 10 June, 8.00am until 4.00pm

Royal Children's Hospital on Friday 17 June, 10am until 2.00pm.

Follow Core Brief throughout June to learn how you can celebrate Pride.

## **Maximising iMatter 2022...**

**Thank you to everyone** who has already taken the time to complete the **iMatter** survey.

If you have not received your survey link, you will be contacted soon, and invited to share your views. Please see below for details and timescales.

This is a great opportunity for you to feedback about working with NHSGGC and is designed to help continuously improve our overall staff experience.

Please be assured that your responses are anonymous and all feedback received will be treated in strictest confidence. Results and general themes will be communicated and action plans will be developed later this year.

Please share your views, and help to continuously build a Better workplace.



Cohort One	Cohort Two	Cohort Three
<b>Survey live now - until 6 June</b>	<b>Survey Live now – until 20 June</b>	Survey Goes live 13 June – 4 July
Chief Executives Office Acute SMT Human Resources & Organisational Development Corporate Communications & Public Engagement Public Health Specialist Children's Services Oral Health East Dunbartonshire HSCP	Women & Childrens North Sector South Sector Board Nurse Directorate West Dunbartonshire HSCP Diagnostics Regional Services eHealth	North Sector Estates and Facilities Glasgow City HSCP Renfrewshire HSCP Finance Clyde Sector Board Medical Directorate Board Admin Inverclyde HSCP East Renfrewshire HSCP
<b>65% response so far...</b> Survey closes 6 June	<b>25% response so far...</b> Survey closes 20 June	Please confirm your teams by 10 June

## Dementia and Pain Management during hospital admission, by Amy Thomson, Pharmacist

(Information below is specific to the use of medicines in the **adult** setting).

One in four general hospital beds in the UK are occupied by someone over 65 years who has dementia. Almost all staff groups will interact with people with dementia and must be aware of the needs of this patient group and the impact that an admission to hospital may have. All staff should have the recommended skills and knowledge, as described in the [Promoting Excellence Framework](#). Supporting modules for learning are available on [Turas](#).

As dementia progresses, a person living with dementia may have difficulties in communicating their thoughts, feelings and needs with resultant distress, this applies equally to pain. Challenges in communication may mean staff pick up the distress but not that pain is the underlying cause. Sadly pain is a common cause of distressed behaviour in people with dementia. Studies have shown that:

- A systematic approach to pain management can significantly reduce agitation and distress in nursing home residents with moderate/severe dementia
- Post operatively, people with dementia received one third of the pain relief offered to cognitively intact adults who could express their pain.

Further learning on pain management and how to use the Abbey pain tool can be found [here](#). You can also view the Dementia and pain management during hospital admission blog at: [GGC Medicines: Dementia and pain management during hospital admission](#)

For further information on key message for pain management, visit Hot Topics on StaffNet.

## Volunteers Week 2022

This week, 1 - 7 June, is Volunteers Week and it gives us all an opportunity to say a huge Thank You to all our volunteers in NHSGGC.

Volunteers continued to provide exceptional support throughout the past year and have played a vital role in ensuring we continued to deliver person centred care to our patients during exceptionally challenging times. Their energy, commitment and enthusiasm is nothing short of inspirational.



In the past 12 months, our fantastic volunteers have clocked up an amazing **47,500** hours across our hospital sites. They have helped us in tasks as varied as running the essential Give & Go service, helping out at our site gardens, running the staff R & R Hubs, supporting our AHP teams in rehabilitation work and

in providing expert Wayfinding across our sites. At the GRI we even had busy volunteer 'bees' who helped out at our event for World Bee Day!

We will be celebrating our volunteers' contribution this week by running a series of volunteer profiles and events on social media, as well as local celebration events to thank our amazing volunteers.

Please do take the opportunity to say **Thank You!** If you have volunteers based within your department, it really does make a difference!

## Bike Week 2022

To support Bike Week 2022 (6-12 June), Travel Plan Office staff will be attending the sites below to provide information on the Cycle to Work scheme, best practice guidance on bike security and host bike maintenance sessions.

Bike maintenance checks will be available on a first come, first served basis. More information on active and sustainable travel can be found at the [travel pages](#) on the website.

Day	Date	Time	Site	Location
Tuesday	7 June	7:30am-9:30am	Glasgow Royal	Cycle shelters Castle Street entrance
Wednesday	8 June	7:30am-9:30am	Gartnavel General	Cycle shelter at main entrance
Thursday	9 June	7:30am-9:30am	Stobhill	Cycle shelter at East Entrance to main hospital

## Active Staff – Zumba

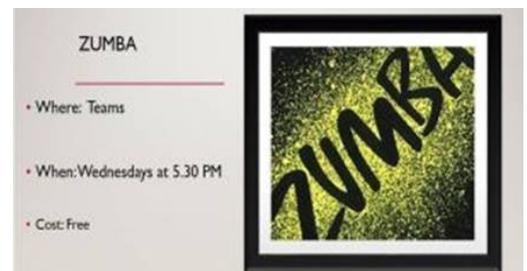
Zumba classes help you beat the stress of your daily life. Whether you are a busy professional, a working parent, or a student, a Zumba session for an hour can help you release all that stress you are carrying in your mind and body.

The Zumba workout helps your body release endorphins, which is a natural happiness-inducing hormone!

To book a place and give it a try click [here](#).

Please keep up-to-date with the latest guidance on our dedicated web pages at: [www.nhsqgc.scot](http://www.nhsqgc.scot). If you have any questions about the current situation please check the FAQs first. If you have any further questions, please email: [HR.Support@ggc.scot.nhs.uk](mailto:HR.Support@ggc.scot.nhs.uk).

\*\*\*Staff are reminded to make sure their [personal contact details are up to date on eESS](#).\*\*\*



**It is important to share Core Brief with colleagues who do not have access to a computer.  
A full archive of printable PDFs are available on [StaffNet](#)**